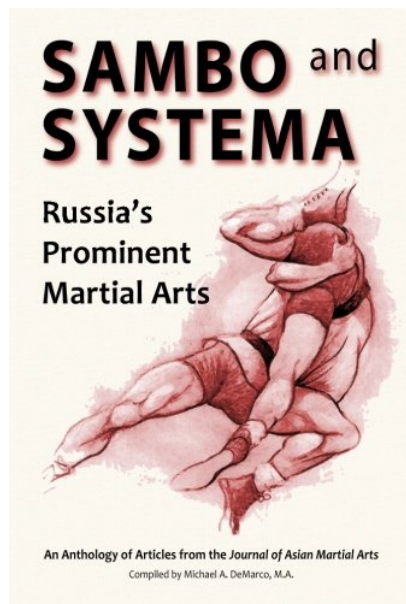


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Title : **Sambo and Systema: Russia's Prominent Martial Arts**

Author: by Kevin Secours B.Ed. | ISBN : #1893765296 | Date : 2016-07-18

Description :

d0dee1b5eba6d168e9d07c416900a8bd | Russia is rich in martial traditions deriving from a highly diverse population. Sambo—developed by the Soviet Red Army—became the most recognize martial art associated with Russia mainly because of its presence in international competitions. Another style to become recognized for its great practicality and encompassing training regimen is Systema. Originally created for Russian Special Operati... *Sambo and Systema: Russia's Prominent Martial Arts*

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