

TOP NP PRACTICES TO WATCH IN THE DMV IN 2026

D.C., MARYLAND, AND VIRGINIA



Celebrating the independent NP practices making a difference in communities across D.C., Maryland, and Virginia



Erin Atthey, DNP, FNP

C3 Cares
Washington, DC

Primary care in public housing



Tyris Ford, FNP, DNP

TrustN the Journey Wellness
Washington, DC

Inclusive primary care & sexual health
(new clinic)



Almaz Assefaw, DNP, DC

Alma Integrated Health
Silver Spring, MD

Behavioral healthcare



Emily Burr, CRNP

Little Oak Pediatric
Nottingham, MD

Pediatric practice
(new clinic)



Kala Shahi, FNP, NP

First Clinic
Potomac, MD

Urgent care and primary care



Christine Walk, MSN FNP-C

Spindle Health
Alexandria, VA

Family and senior care



Amy Beyer, FNP-C

Fluvanna Health Clinic
Palmyra, VA

Multi-location primary care



Tilahun Goshu, DNP

Rapha Medical Center
Charlottesville, VA

Urgent care and primary care

DID WE MISS YOUR PRACTICE?

Visit www.joinduet.com to put in your nomination.

Practices are selected for their high quality of patient care.