

Soap and Water Protocol

Step by Step Reference



Wet hands with warm water.

Obtain a moderate amount of soap on hands. Never use bar soap.

Vigorously rub hands together – palms, under fingernails, back of hands, and wrists.

Scrub for at least twenty (20) seconds.

Rinse hands thoroughly.

Using a paper towel or hand dryer, dry hands adequately to prevent chapping.

Turn water off with a paper towel to prevent contaminating hands by touching the faucet.