M W C I MADRID Wrist Course

INNOVATIONS IN HAND AND WRIST ARTHROSCOPY

IWAS

11-13th FEBRUARY 2026

EWA
EUROPEAN WRIST ARTHROSCOPY ASSOCIATION

13th Basic & Advanced Course

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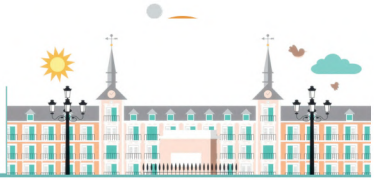
GENERAL INFORMATION



13th Basic & Advanced Wrist Arthroscopy Course

COURSE ORGANIZATION

Hand Surgery and Microsurgery Unit.
Orthopedic Surgery and Traumatology Department.
Hospital Universitario HM Montepríncipe. Hospital Universitario HM Madrid Río.
CUHMED.

DATE & VENUE

FEBRUARY 11th-13th, 2026.

February 11th and 13th: LECTURES & CAD-LAB.
Surgical Training Lab (C/ Labradores 7. 28660 Boadilla del Monte. Madrid, Spain).

February 12th: THEORY LECTURES.
Facultad de Ciencias de la Salud. Universidad Camilo José Cela.
Centro Universitario HM Hospitales de Ciencias de la Salud (CUHMED).
Avenida de Montepríncipe, 25. 28034 Boadilla del Monte. Madrid, Spain.

OBJECTIVE

Course of wrist arthroscopy and reconstructive surgery techniques offered at two levels: **basic and advanced.** Designed for orthopedic surgery or plastic surgery specialists, residents, physiotherapists and occupational therapists with special interest in hand and wrist surgery, especially arthroscopy-assisted techniques.

2026

TECHNICAL SECRETARY
atenta MARKETING
inscripciones@atenta.es
madridwristcourse.com

COURSE OPTIONS

BASIC COURSE (February, 11th)
- Lectures and practical sessions in the laboratory covering basic wrist arthroscopy and reconstructive surgery techniques.
- 21 topics & 9 practical sessions in the cad-lab.

ADVANCED COURSE (February, 12h & 13th)
- Lectures and practical sessions in the laboratory covering intermediate and advanced techniques of wrist arthroscopy and reconstructive surgery.
- 32 topics distributed in 6 sessions.
- 9 practical sessions in cad-lab.
- 8 live surgeries & masterclasses by faculty in the wetlab.

COURSE FORMAT

- Three-day theoretical and practical course in the cadaver lab. Practical sessions may be organized in groups.
- Access to a private area on the course website, including lecture recordings, surgical technique videos, and additional materials. A personal access code is required.
- **The official language of the course will be English.**

COURSE TYPES AND INSCRIPTION

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Basic course / 2 days
Includes attendance to the first day's course on February 11h (theoretical and practical sessions) and the lectures of the advanced course (February 12th). Certificate of attendance, access to the private area website, bus transfers to the course from the selected hotels and work coffee & lunches on the first and second day.

Basic course plus / 3 days
Includes full basic course and **observer** access to the advanced course practical sessions in the cadaver lab. Certificate of attendance, access to the private area website, bus transfers to the course from the selected hotels and work coffee & lunches on the three days.

Advanced course / 2 days
Includes attendance on February 12th and 13th (theory and practical sessions). Certificate of attendance, access to the private area website, bus transfers to the course from the selected hotels and work coffee & lunches on the two days.

Full course / 3 days
Includes full attendance from February 11th to 13th (theory and practical sessions). Certificate of attendance, access to the private area website, bus transfers to the course from the selected hotels and work coffee & lunches on the three days.

Theoretical course 12th February / 1 day
Allows to attend the lectures of the advanced course on February 12th, without the possibility of access to the practical sessions. Includes access to the advanced course lectures on February 12th. Certificate of attendance, access to the private area website, bus transfers to the course from the selected hotels and work coffee & lunch on 12th.

Theoretical course + basic practice (Observer) / 2 days
Includes access to the advanced course lectures on February 12th and observer access to the basic course practical sessions in the cadaver lab. Certificate of attendance, access to the private area website, bus transfers to the course from the selected hotels and work coffee & lunches on the 2 days.

Basic course
1.800 € + VAT (limited places)

DAY	Wed 11th	Thu 12th	Fri 13th
Session	Lectures & Cad-Lab	Lectures	Cad-Lab
COURSE	BASIC	BASIC+ADVANCED	ADVANCED

Basic course plus
2.250 € + VAT (limited places)

DAY	Wed 11th	Thu 12th	Fri 13th
Session	Lectures & Cad-Lab	Lectures	Cad-Lab*
COURSE	BASIC	BASIC+ADVANCED	ADVANCED

Advanced course
2.400 € + VAT (limited places)

DAY	Wed 11th	Thu 12th	Fri 13th
Session	Lectures & Cad-Lab	Lectures	Cad-Lab
COURSE	BASIC	BASIC+ADVANCED	ADVANCED

Full course
3.400 € + VAT (limited places)

DAY	Wed 11th	Thu 12th	Fri 13th
Session	Lectures & Cad-Lab	Lectures	Cad-Lab
COURSE	BASIC	BASIC+ADVANCED	ADVANCED

Theoretical course
150 € + VAT

DAY	Wed 11th	Thu 12th	Fri 13th
Session	Lectures & Cad-Lab	Lectures	Cad-Lab
COURSE	BASIC	BASIC+ADVANCED	ADVANCED

Theoretical course + Observer
600 € + VAT (limited places)

DAY	Wed 11th	Thu 12th	Fri 13th
Session	Cad-Lab*	Lectures	Cad-Lab
COURSE	BASIC	BASIC+ADVANCED	ADVANCED

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COURSE DIRECTOR

Pedro J. Delgado, MD
Head of the Orthopedic Surgery and Traumatology Department.
Head of the Hand Surgery and Microsurgery Unit.
Hospital Universitario HM Montepríncipe. Hospital Universitario HM Madrid Río.
Instituto Europeo de Cirugía Reconstructiva (IECR).
Associate Professor. School of Medicine. CEU San Pablo University. Madrid, Spain.

ORGANIZATION COMITTEE

Federico A. Figueredo
Eudaldo Gallo
Diego A. Junqueras
Gonzalo Pintado
Alfonso C. Prada
Víctor Triviño

SCIENTIFIC COMITTEE

Vicente Carratalá
Fernando Corella
Pedro J. Delgado
Ricardo Kaempf

F A C U L T Y

Marcio Aita BRA
José Luis Álvarez ESP
Raimundo Araujo BRA
Ahlam Arnaout FRA
Andrea Atzei ITA
Martín Caloia ARG
Vicente Carratalá ESP
Joaquim Casañas ESP
Fernando Corella ESP
Andrew Chin SGP
Jaime de la Torre ESP
Jean-Baptiste de Villeneuve FRA
Pedro J. Delgado ESP
Mireia Esplugas ESP
Eudaldo Gallo ESP
Belén García-Medrano ESP
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Marco Guidi SUI
Jan-Ragnar Haugstvedt NOR
René Jorquera CHL
Ricardo Kaempf BRA
Katerina Kasapinova MKD
Pau López-Osornio ESP
Francisco Lucas ESP
Riccardo Luchetti ITA
Lucian Marcovici ITA
Cristóbal Martínez ESP
Lorenzo Merlini FRA
Steven L. Moran USA
Monsterrat Ocampos ESP
Gonzalo Pintado ESP
Alfonso Prada ESP
Víctor Triviño ESP
Daniel Vilcioiu ROM
Ezequiel Zaidenberg ARG

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HAND SURGERY AND MICROSURGERY UNIT
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CUHMED
Centro Universitario HM Hospitales de Ciencias de la Salud de la UCJC
Universidad Camilo José Cela
IECR
Instituto Europeo de Cirugía Reconstructiva

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BASIC COURSE
WED 11 th

13th Basic & Advanced Wrist Arthroscopy Course

08:00-08:15 Registration

08:15-08:30 Welcome address and course presentation
Dr. Abarcas, Dr. Pedro J. Delgado, Dr. Steven L. Moran y Dr. Mario Gil de Rozas

LECTURES AND HANDS-ON COURSE (Cad-Lab)

08:30-08:40 **Arthroscopy anatomy and radiocarpal/midcarpal portals.** Raimundo Araujo
08:40-08:50 **New portals (volar & dorsal): indications.** Marcio Aita
08:50-09:00 **Complications in wrist arthroscopy.** Belén García-Medrano
9:00-09:30 **PRACTICE 1: Portal placement and diagnostic wrist arthroscopy**
09:30-09:40 **Anatomy of de SL complex: what do you need to know?** Ezequiel Zaidenberg
09:40-09:50 **Scapholunate instability. Classification and treatment.** Mireia Esplugas
09:50-10:00 **Capsuloligamentous repair of the scapholunate tears.** Lorenzo Merlini
0:00-10:30 **PRACTICE 2: Scapholunate capsulodesis (single suture)**
10:30-10:40 **Arthroscopic treatment of dorsal cysts of the wrist.** Jaime de la Torre
10:40-10:50 **Arthroscopic treatment of volar cysts of the wrist.** Ricardo Kaempf
10:50-11:00 **Lunotriquetal instability.** Ahlam Arnaout
11:00-11:30 Coffee break
1:30-12:00 **PRACTICE 3: Dorsal and volar cyst arthroscopic resection**
12:00-12:10 **Peripheral TFCC injuries.** Gonzalo Pintado
12:10-12:20 **Foveal TFCC injuries.** Cristóbal Martínez
2:20-13:00 **PRACTICE 4: TFCC peripheral & foveal repair**
13:00-13:10 **Arthroscopic distal ulna resection (wafer).** Daniel Vilcioiu
13:10-13:20 **SLAC wrist: arthroscopic treatment.** Eudaldo Gallo
13:20-14:00 **PRACTICE 5: Wafer procedure, radial styloidectomy**
14:00-14:45 Group photo & lunch
14:45-15:00 **Arthroscopy in DRF: how and when?** Katerina Kasapinova
15:00-15:15 **Scaphoid fracture. Arthroscopic management.** Montserrat Ocampos
15:15-15:30 **Scaphoid non-union. Arthroscopic management.** Lucian Marcovici
15:30-16:30 **PRACTICE 6: Arthroscopic assisted scaphoid fixation & non-union treatment**
PRACTICE 7:: Arthroscopic DRF fixation
16:30-16:45 **Arthroscopic management of midcarpal instability.** Jean-Baptiste de Villeneuve
16:45-17:00 **Arthroscopic treatment in Kienböck disease.** Daniel Vilcioiu
17:00-17:15 Coffee break
17:15-17:30 **CMC osteoarthritis. Arthroscopic treatment.** José Luis Álvarez
17:30-17:45 **Arthroscopic management of STT osteoarthritis.** Francisco J. Lucas
17:45-18:00 **Nanoscope & NanoNeedle arthroscopy.** Andrew Chin
18:00-18:45 **PRACTICE 8: Distal scaphoid pole resection**
PRACTICE 9: Trapezium hemiresection & suspension
18:45-19:00 End of basic course. Closing remarks

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ADVANCED COURSE
THU 12 th

13th Basic & Advanced Wrist Arthroscopy Course

07:30-08:00 Registration
08:00-08:15 Welcome address and course presentation

DAY ONE - LECTURES

SESSION 1: Basics, repair and reinforce for SL tears
Moderators: Riccardo Luchetti and Pedro J. Delgado

08:15-08:30 **Update in scapholunate anatomy and biomechanics.** Ezequiel Zaidenberg
08:30-08:45 **Easy & safe SL joint reduction maneuver in any case.** Mireia Esplugas
08:45-09:00 **Anatomy based surgical implicatios in SL disfunction.** Fernando Corella
09:00-09:15 **Arthroscopic dorsal repair for dinamic SL instability.** Gustavo Gómez
09:15-09:30 **Arthroscopic dorsal capsulodesis with bone anchors.** Alfonso Prada
09:30-09:45 **Volar scapholunate repair: techniques and indications.** Steven L. Moran
09:45-10:00 **Scapholunate volar capsulodesis.** Lucian Marcovici
10:00-10:20 Discussion

SESSION 2: SL arthroscopic ligament reconstruction: the dilema
Moderators: Lorenzo Merlini and Mireia Esplugas

10:20-10:35 **Towards a treatment algorithm for SL instability: current evidence with reinforcement vs ligamentoplasty.** Ahlam Arnaout
10:35-10:45 **Supercapuloplasty: indications and outcomes for advanced instability stages.** Martín Caloia
10:45-10:55 **All dorsal SL reconstruction.** Vicente Carratalá
10:55-11:10 **Dorsal & volar tendon reconstruction.** Fernando Corella
11:10-11:20 **SL 360° internal brace reconstruction without tendon.** Pedro J. Delgado
11:20-11:35 **Box tecnique 360° tendon reconstruction.** Andrew Chin
11:35-12:00 Discussion

12:00-12:30 Coffee break

SESSION 3: Beyond scapholunate ligaments
Moderators: Andrew Chin and Alfonso Prada

12:30-12:45 **Perilunate injuries by arthroscopy.** Marcio Aita
12:45-13:00 **PLIR: Scapholunate and perilunate reconstruction.** René Jorquera
13:00-13:15 **LT ligament: What? Why? How?** Jan-Ragnar Haugstvedt
13:15-13:30 **Understanding proximal row instability.** Andrea Atzei
13:30-14:00 Discussion

14:00-14:45 Group photo & lunch

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SESSION 4: DRUJ, TFCC: The ulnar dark side of the wrist

Moderators: Jan-Ragnar Haugstvedt and Victor Triviño

14:45-15:00 **TRUST: Total radioulnar joint stabilzatiin technique.** René Jorquera
15:00-15:15 **Arthroscopic assisted tendon reconstruction for DRUJ instability.** Andrea Atzei
15:15-15:30 **DRUJ arthroscopic reconstruction: anatomical vs non-anatomical ligamentoplasty.** Vicente Carratalá
15:30-15:45 **ECU tendon: The 4th enemy of the ulnar pain.** Ricardo Kaempf
15:45-16:00 Discussion

SESSION 5: Distal radius and scaphoid fractures: What´s new?

Moderators: Ezequiel Zaidenberg and Gonzalo Pintado

16:00-16:15 **Influence of associated lesions on distal radius fractures outcome.** Katerina Kasapinova
16:15-16:30 **Intraarticular distal radius osteotomy: the arthroscopic "4-steps".** Gustavo Gómez
16:30-16:45 **ABC algorithm for scaphoid non union.** Fernando Corella
16:45-17:00 **Extreme proximal pole of the scaphoid no union: arthroscopic management.** Víctor Triviño
17:00-17:15 Discussion

SESSION 6: Arthroscopic management of wrist OA

Moderators: René Jorquera and Eudaldo Gallo

17:15-17:25 **CMC osteoarthritis: arthroscopic treatment.** Joaquim Casañas
17:25-17:35 **Evolution of wrist osteoarthritis and carpal collapse.** Riccardo Luchetti
17:35-17:50 **STT osteoarthritis: what can we do with arthroscopy?** Steven L. Moran
17:50-18:10 **Arthroscopic management of SMAC wrist.** Martín Caloia
18:10-18:25 **Arthroscopic management of osteochondral tears of the wrist: what´s new?** Pau López-Osornio
18:25-18:40 **Arthroscopic two corner fusion in SNAC wrist.** Marco Guidi
18:40-18:55 **Arthroscopic cartilage grafting and tendon interposition.** Lorenzo Merlini
18:55-19:10 **Arthroscopic midcarpal tendinous interposition.** Jean-Baptiste de Villeneuve
19:10-19:20 **Artroscopic interposition for SLAC & OA wrist.** Pedro J. Delgado
19:20-19:35 Discussion

19:35 Day 1 closing session

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FRY 13 th

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08:15-08:30 Welcome address and course presentation

DAY TWO - HANDS-ON COURSE (Cad-Lab)

8:30-09:00	**LIVE SURGERY 1: Dorsal SL supercapsuloplasty.** Martín Caloia
09:00-09:45	**Video-technique & practice 1: Dorsal supercapsulodesis.** Marcio Aita
09:45-10:30	**Video-technique & practice 2: Dorsal capsulodesis (anchors fixation).** Alfonso Prada
10:30-11:00	**LIVE SURGERY 2: Volar radiocarpal ligaments reconstruction.** Fernando Corella
11:00-11:30	**Video-technique & practice 3: Volar capsulodesis.** Steven L. Moran
11:30-12:00	**LIVE SURGERY 3: 360º internal-brace SL reconstruction (without tendon).** Pedro J. Delgado
12:00-12:45	**Video-technique & practice 4: Arthroscopic SL ligamentoplasty.** Monserrat Ocampos
12:45-13:30	**Video-technique & practice 5: Double-band TFCC repair.** Gustavo Gómez
13:30-14:00	**Video-technique & practice 6: Piso-piramidal arthroscopy.** Francisco Lucas
14:00-15:00	Lunch
15:00-15:30	**LIVE SURGERY 4: All-arthroscopic TFCC ligamentoplasty for DRUJ instability.** Vicente Carratalá
15:30-16:15	**Video-technique & practice 7: TFCC ligamentoplasty.** Vicente Carratalá
16:15-16:45	**LIVE SURGERY 5: Arthroscopic reconstruction for PLIND and midcarpal instability.** Andrew Chin
16:45-17:30	**Video-technique & practice 8: Lunotriquetal bone fusion.** Victor Triviño
17:30-17:40	**LIVE SURGERY 6: Arthroscopic arthrolysis of the wrist.** Riccardo Luchetti
17:40-18:00	**LIVE SURGERY 7: Osteochondral injuries: matrix acellular treatment.** Pau López-Osornio
18:00-18:45	**Video-technique & practice 9: CMC arthroscopy + suspension vs interposition.** Marco Guidi
18:45-19:15	**LIVE SURGERY 8: Arthroscopic midcarpal interposition for lunocapitate arthritis.** Lorenzo Merlini
19:30	Day 2 closing session

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