

Presentation of Communications

The Organizing and Scientific Committee of the **48th Congress of the European Society of Lymphology (ESL)**, to be held in Valencia from September 25 to 26, 2026, invites you to participate with the submission of oral or poster communications. Awards will be granted to the best works, according to the regulations detailed in the section 'AWARDS'.

Important Dates

Milestone	Date
Opening of abstract submission	February 25, 2026
Submission deadline	May 1, 2026
Notification of acceptance/rejection	May 25, 2026
Registration deadline for the first author	June 25, 2026
Extended paper submission (for award applicants)	August 23, 2026
Final submission (poster format)	September 11, 2026

Guidelines for Abstract Submission

1. The deadline for submitting abstracts is **May 1, 2026 at 23:59 (Central European Time – CET)**. Abstracts submitted after the deadline will not be accepted.
2. Communications must be original and must not have been presented at other conferences. Communications published in a scientific journal within the same year of the congress (from September 2025 to September 2026 or pending publication) will be accepted.
3. Abstracts must be submitted through the online submission system. Registration must be completed through the following link: [Call For Abstracts ELS Congress](#) . Submissions via other channels will not be accepted.
4. The following information is required for all authors: first name, last name, email, institution, city, and country. Please verify your email address since it will be used for all correspondence after the evaluation process.
5. A maximum of **8 authors** per communication is allowed, including the main author.
6. The origin of the work must not be indicated in the title or in the abstract text. The Technical Secretariat will ensure authors' anonymity before sending submissions to the Scientific Committee.
7. All authors must appear with full first name and surname(s). The person submitting the abstract through the platform is responsible for obtaining approval from all co-authors and for sharing certificates once received.

8. The first author will be the presenter and defender of the work and must be registered for the congress before **June 25** for accepted oral or poster presentations.
9. The order of authors will be used for certificate issuance and cannot be modified after the submission deadline.
10. In case of force majeure preventing the presenter from attending, a co-author may present the work, provided they are registered for the congress. This must be communicated to the Technical Secretariat. The Scientific Committee will authorize the change if justified.
11. The Technical Secretariat will acknowledge receipt of submitted abstracts via the email provided. If no acknowledgment is received, authors must immediately contact the Secretariat at **secretaria@atenta.es**. Keep the confirmation email after submission.
12. The first author must indicate their preference for oral or poster format. However, the Scientific Committee may decide the format presentation.
13. All abstracts will undergo a blind review by two reviewers. A third reviewer will be consulted if needed. For accepted abstracts to be included in the program, the presenting author must be registered by **June 25**.
14. The abstract (excluding title and authors) must not exceed **400 words**.
15. Abstract section headings must be in **title case** (only first letters capitalized), except abbreviations. If using abbreviations, spell out the full term in parentheses upon first use.
16. The abstract must contain the following sections: **Objective, Material/Method, Results, Conclusion, Keywords**.
17. The objective and materials must be stated briefly. Results must be summarized with sufficient numerical data, and conclusions must be linked to the presented results.
18. Abstracts must be submitted as text, and only **one table and one image** may be included, inserted into a single Word document and uploaded in the submission form.
19. Any abstract not complying with these guidelines will be excluded from evaluation and rejected.
20. Submitted work cannot be modified or deleted. Incomplete or incorrectly formatted submissions will not be evaluated. The Scientific Committee may request additional information if needed.
21. Acceptance or rejection will be communicated to authors by the Technical Secretariat before **May 25**. If no notification is received, authors must contact **secretaria@atenta.es**. The Scientific Committee will resolve the issue.
22. For any questions regarding online submission, contact the Technical Secretariat at **secretaria@atenta.es** with the subject line: "Information on submission of communications – 48th ESL Congress".
23. Accepted works that comply with all guidelines will be published in the *European Journal of Lymphology and Related Problems* (ESL) journal. Poster abstracts without a physical/actual poster presented and abstracts not submitted on time will **not** be published.
24. Abstracts from unregistered authors will **not** be published in the *European Journal of Lymphology and Related Problems*.

Presentation Instructions

Oral Presentations

Only **PowerPoint format** will be accepted. Files must be delivered to the audiovisual room at least **4 hours before** the session.

Authors will be informed of room, day, and time in advance.

Total time per oral presentation: **10 minutes**

- Presentation: 8 minutes
- Discussion: 2 minutes

Posters

The ESL Scientific Committee will grant several awards for the best oral and/or poster presentations.

Awards

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Rules for Award-Eligible Scientific Communications

1. All abstracts must be original, in **English**, and not published in other journals.
2. The paper must be published in the **ESL journal (EJRLP)** this is mandatory.
3. Authors may choose on the congress website to submit their abstract for award consideration.
4. The content of the abstract must match the required category of the award.
5. If an abstract is selected, authors will be notified and must send the **full paper** before **August 23** to the Scientific Committee.
6. The Editor-in-Chief or Editorial Board of EJRLP must be in contact with the authors.
7. Award certificates must include the names of all authors.
8. If authors decide not to publish in the journal, they must inform the Scientific Committee (a second selection option exists).

Awards will be given during the **Closing Ceremony**.

The Prizes for the Congress will be:

1. For **The Caplan Prize** (up to 1000 euros) the abstract must be an anatomico-clinical research of the Lymphatic system.
2. For The **Papamilitades Prize** (up to 1000 euros) the abstract must be a physiology or patho-physiology or investigation research of lymphatic system.
3. For **The Young Lymphologist Award** (oral prize) (two awards 250 euros each) the first author of the abstract and the presenter of the abstract must be the younger than 35 years old.
4. For the **Best Oral Presentation Award** (250 euros).
5. For the **Best Poster Presentation Award** (250 euros).
6. **PB Lymphological Awards: by Pierre Bourgeois.**

Scientific committee of Prizes:

- The President of ESL: Francesco Boccardo
- The President of the Congress: Isabel Forner-Cordero
- Editor-in-Chief of the EJLRP: Sandro Michelini
- President and Vice President of Scientific Committee of ESL: Pierre Bourgeois and Evangelos Dimakakos
- Invited Distinguished persons for the PB Lymphological Awards

Annex I. Thematic Areas

Note: **All main categories apply to both Lipedema and Lymphedema.**

Main Category	Subcategory
I. Diagnostic Assessment	Imaging techniques (Lymphoscintigraphy, MRI, Doppler US)
	Clinical criteria and staging (ISL, etc.)
	Biomarkers and genetic testing
II. Predisposing Factors and Prevention	Risk factors (obesity, surgery, genetics)
	Primary and secondary prevention strategies
	Genetics and heredity
III. Conservative Treatment	Decongestive Therapy (DT)
	Pressotherapy and compression garments
	Therapeutic exercise and lifestyle
IV. Surgical Treatment	Derivative surgery (LVA, VLNT)
	Liposuction (WAL, Tumescant)
	Reductive and excisional surgery
V. Innovation and Research	New compression technologies/devices
	Emerging pharmacology and gene therapy
	Regenerative medicine and cell therapies
VI. Other	