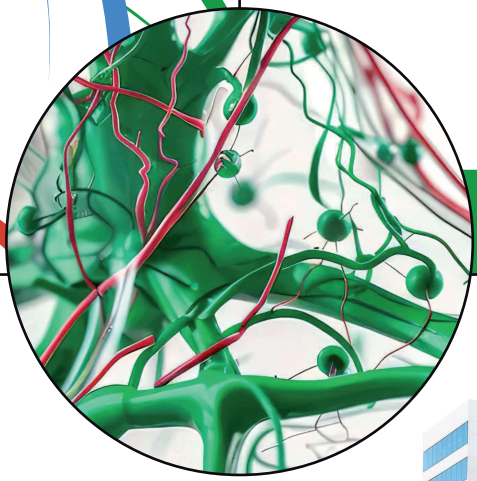
23-26 SEP
**2026**

VALENCIA

European Society of Lymphology

GEL
GRUPO ESPAÑOL DE LINFOLOGÍA

# 48 CONGRESS EUROPEAN SOCIETY OF **LYMPHOLOGY**



## 1ER CONGRESO GRUPO ESPAÑOL DE **LINFOLOGÍA**

program



# REGISTRATION

## REGISTRATION FOR THE EUROPEAN CONGRESS OR SPANISH CONGRESS (ONE CONGRESS ONLY)

| | |
|---|---|
| **MEMBERS** | 295 € (VAT included) |
| **NON-MEMBERS** | 355 € (VAT included) |
| **RESIDENTS** | 295 € (VAT included) |

**PHYSIOTHERAPISTS / NURSES / ORTHOPAEDIC PROSTHETIC TECHNICIANS**
335 € (VAT included)

Members must have been approved as associates by the Society's Assembly

## REGISTRATION FOR THE EUROPEAN CONGRESS + SPANISH CONGRESS (THE TWO CONGRESSES)

| | |
|---|---|
| **MEMBERS** | 400 € (VAT included) |
| **NON-MEMBERS** | 470 € (VAT included) |
| **RESIDENTS** | 400 € (VAT included) |

**PHYSIOTHERAPISTS / NURSES / ORTHOPAEDIC PROSTHETIC TECHNICIANS**
445 € (VAT included)

Members must have been approved as associates by the Society's Assembly

**Venue**

La Fe
Hospital Universitari i Politècnic

**Technical Secretary**

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# 1ER CONGRESO GRUPO ESPAÑOL DE **LINFOLOGÍA**

23-24 SEP

## Comité Científico

**Presidenta GEL**
Isabel Forner Cordero

**Vicepresidenta GEL**
Marta López Martín

**Secretaria GEL**
Pilar Crespo Cobo

GEL
GRUPO ESPAÑOL DE LINFOLOGÍA

**Comité Científico Local**

Roser Belmonte Martínez
Pilar Crespo Cobo
Carolina de Miguel Benadiba
Marta Fernández González
Fernando Gómez Muñoz
Marta López Martín
Helena Martínez Ramos
José Muñoz Langa
Blanca Pardo Sievers
Cristina Puigdellívol Serafí
Vicenta Pujol Blaya
Lourdes Reina Gutiérrez
Reme Ruiz Miñarro

# Miércoles 23 SEP

13:30-14:00 **Acreditación**

**[ PENDIENTE SALAS ]**

14:00-16:00 **TALLER 1: DRENAJE LINFÁTICO**

16:00-17:15 **TALLER 2: VENDAJE**

16:00-19:00 **Comunicaciones orales**

17:15-18:00 **Symposio Jover: evaluación del linfedema mediante la tecnología**

18:00-19:30 **TALLER 3: PRENDAS**

# Jueves 24 SEP

08:00-08:30 **Acreditación**

**[ SALÓN DE ACTOS ]**

08:30-09:00 **Apertura del Congreso**

09:00-10:30 **SESIÓN 1: LINFEDEMA**

**Flebolinfedema: un problema común frecuentemente infradiagnosticado e infratratado en las unidades de úlceras.** Lourdes Reina

**Evaluación instrumental I: linfogammagrafía- linfoSPECT.** Cristina Ruiz

**Evaluación instrumental II: linfo RMN.** Alberto Alonso Burgos

**Discusión**

10:30-11:00 **Pausa café** (zona expocición)

11:00-13:00 **SESIÓN 2: LIPEDEMA**

**Perspectivas de investigación en lipedema: estado actual y líneas futuras.** Isabel Forner

**Lipedema de brazos: claves diagnósticas y estrategias terapeúticas.** Alexo Carballeira

**Intestino hiperpermeable en lipedema.** José Luis Simarro

**Nutrición y lipedema: criterios clave para la práctica clínica.** Eraci Drehmer

**Discusión**

13:00-14:00 **Asamblea GEL**

14:00-15:00 **Comida** (zona expocición)

15:00-17:05 **SESIÓN 3: TRATAMIENTO LINFEDEMA**

**Agentes físicos en el abordaje de los trastornos linfáticos.** Raquel Reinaldos

**Terapia celular en el tratamiento linfedema.** Cristina Puigdellivol

**Cirugías derivativas y de resección en el linfedema.**
África Duque y Andrés Reyes

**Optimización del resultado quirúrgico mediante el abordaje rehabilitador.**
Pilar Crespo

**Mitos en medidas de prevención de linfedema.** Marta López

**Ejercicio como prevención y manejo del linfedema.** Roser Belmonte

**Discusión**

17:05-19:00 **TALLER 4: LINFOFLUOROSCOPIA ICG.** Jean-Paul Belgrado

19:30-20:00 **Clausura del Congreso y entrega de premios.** Isabel Forner

## [ SALA H004 ]

09:00-10:30 **TALLER 5: DEEP OSCILLATION EN EL LINFEDEMA Y SECUELAS ONCOLÓGICAS.** Felipe Medina y Raquel Reinaldos

10:30-11:00 **Pausa café** (zona expocición)

11:00-13:00 **TALLER 6: DIAGNÓSTICO EN LINFEDEMA. APLICACIÓN DE HERRAMIENTAS DIGITALES EN LA CONSULTA DE LINFEDEMA.**
Vicenta Pujol y Ana Luzardo

14:00-15:00 **Comida** (zona expocición)

15:00-16:30 **TALLER 7 (pendiente)**

16:30-18:00 **TALLER 8: AUTOGESTIÓN DE LINFEDEMA. DEL MODELO BIOMÉDICO AL PACIENTE PROTAGONISTA.** Helena Martínez y Marta Fernández

## [ PENDIENTE SALA ]

19:30 **Reunión del Executive Committee de ESL**

## Scientific Committee

**ESL President**
Francesco Boccardo

**ESL Vice-presidents**
Etelka Földi
Martin Wald

**President Scientific Committee**
Pierre Bourgeois

**Vice-president Scientific Committee**
Evangelos Dimakakos

**President of the Congress**
Isabel Forner Cordero

**Editor in Chief of the EJLRP**
Sandro Michelini

**Local Scientific Committee**

Roser Belmonte Martínez
Pilar Crespo Cobo
Carolina de Miguel Benadiba
Marta Fernández González
Fernando Gómez Muñoz
Marta López Martín
Helena Martínez Ramos
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Lourdes Reina Gutiérrez
Reme Ruiz Miñarro

European Society of Lymphology

# **Friday** 25th SEP

08:00-08:30 **Registration**

**[ SALÓN DE ACTOS - Assambly Hall ]**

08:30-08:40 **Welcome to the Congress**

08:40-11:00 **SESSION 1: CLINICAL FEATURES**

**Breast edema after conservative surgery for early-stage breast cancer: a single-center assessment of risk factors.** Sara Dessalvi

**The benefits of combining manual lymphatic drainage with bandaging techniques in the treatment of lymphedema.** Olivier Leduc

**Implementation of prospective surveillance model for early intervention strategies in breast cancer related arm lymphedema.** Karin Johansson

**Primary lymphedema and associated syndromes.** Miguel Amore

**Primary lymphedema and associated syndromes.** Amer Hamade

**Adaptive velcro compression devices in lymphedema: an evolving strategy in patient-centered approach to compression therapy.** Pinar Borman

**Head and neck lymphedema management.** Franz Schingale

**Discussion**

11:00-11:30 **Coffee break** (exhibition area)

11:30-14:00 **SESSION 2: DIAGNOSIS**

Non-invasive diagnostic of lymphedema. Alberto Macciò

Technical diagnosis of lymphedema. Erika Mendoza

The standardization of lymphoscintigraphic imagings, their analysis, and reporting. Pierre Bourgeois

Assessment of lymphedema using tissue dielectric constant (TDC) technology. Mia Niinimäki

MR Lymphography: new data for its useful for the diagnosis and differencial diagnosis of lymphedema. Evangelos Dimakakos

The PeriKit: standardizing the measuring and the monitoring of the lymphedema after 10 years of research and development. Joe Harfouche

Discussion

14:00-15:00 **Lunch** (exhibition area)

15:00-17:45 **SESSION 3: LIPEDEMA**

Alteration of subcutaneous adipose tissue function in lipedema. Philipp Kruppa

Lymphedema and lipedema: different diagnostic and therapeutical approach. Sandro Michelini

Contribution of power doppler to three dimensional tissue ultrasound diagnostics. Marina Cestari

Dietary management in patients with lipedema. Gabriele Faerber

Beyond emotional eating: the neuroinflammatory root of hedonic hunger in lipedema. José Luis Simarro

Surgical treatment of lipedema. Manuel Cornely

An update on lipedema research: current evidence and future challenges. Isabel Forner Cordero

Discussion

18:00-20:00 **SESSION 4: NEW THERAPIES**

**Embolotherapy in lymphatic pathology.** Fernando Gómez

**Anastomosis LV in alzheimer.** Carmen Higueras

**Research horizons in lymphedema: current focus and future directions.** Sarah Thomis

**Discussion**

**[ ROOM H004 ]**

08:30-11:00 **WORKSHOP 1: BIOBRIDGE**

11:00-11:30 **Coffee break** (exhibition area)

11:30-14:00 **WORKSHOP 2 (THUASNE)**
**Optimizing lymphedema care: clinical and medico-economic evidence of home-based compression strategies.** Pinar Borman

14:00-15:00 **Lunch** (exhibition area)

15:00-15:45 **Oral communications**

15:45-17:45 **WORKSHOP 3 (JUZO)**
**How to improve effectiveness of the therapy and have sustainable results in lymphatic diseases.** Pyszniak Slawomi

18:00-20:00 **WORKSHOP 4 (MEDI)**

# **Saturday** 26th SEP

**[ SALÓN DE ACTOS - Assambly Hall ]**

08:00-09:00 **ORAL COMMUNICATIONS**

09:00-11:00 **SESSION 5**

**Summary of 44 years experience of unit of treatment of edema: necessary or not? Real justification.** Alexandre Pissa

**Lymphedema of male genitals, a 360 degrees approach.** Giovanni Monetta

**Surgical treatment of genital lymphedema.** Martin Wald

**Consensus International Society of Lymphology (to be defined).** ISL

**Discussion**

11:00-11:30 **Coffee break** (exhibition area)

11:30-12:30 **General Assambly of ESL**

12:30-14:30 **SESSION 6: SURGERY**

**Pathophysiological bases of the surgical treatment of lymphatic diseases.** Francesco Boccardo

**Effects of CDT in patients with LVA/LNT.** Nele Adrianssen

**Twenty-five-year outcomes of reconstructive liposuction for large, chronic lymphedema: evidence of complete reduction.** Hakan Brorson

**Microsurgery procedures in lymphedema.** Gurusami Manokaran

**More than 50 years of lymphatic surgery.** Corradino Campisi

**Discussion**

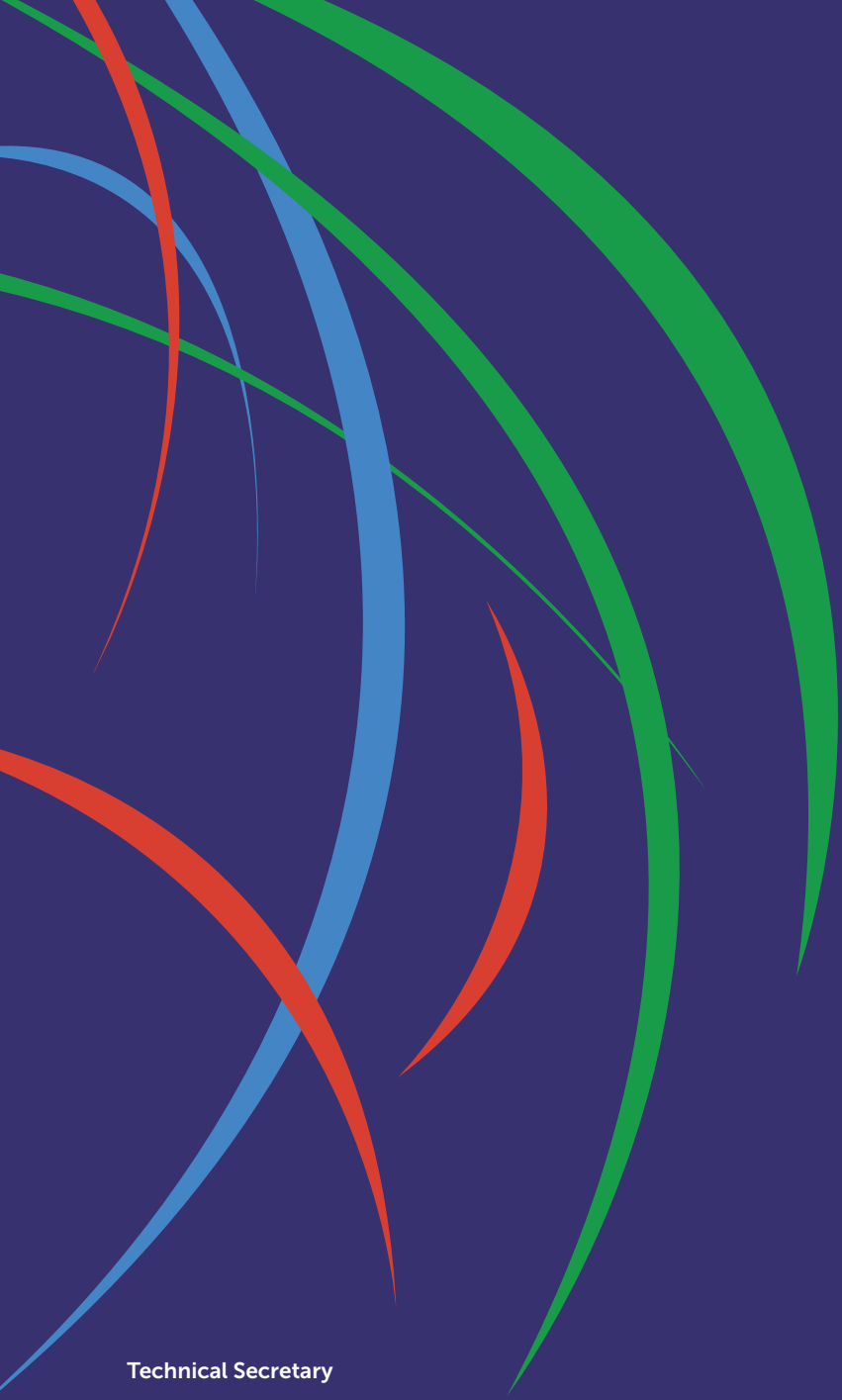
14:30-15:00 **End of the Congress**

## [ ROOM H004 ]

09:00-11:00 **WORKSHOP 5**
**Optimising the design and manufacture of multi-component bandages using the latest materials and measurement systems.**
Jean-Paul Belgrado

11:00-11:30 **Coffee break** (exhibition area)

11:30-14:00 **WORKSHOP 6**



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