

Where the Hearth Is

Hearth Brook Senior Living | 331 Goosepond Road, Newark OH 43055 | 740.366.0005 |



Celebrating March

**Irish American Heritage
Month**

Women's History Month

Optimism Month

International Women's Day

March 8

St. Patrick's Day

March 17

World Poetry Day

March 21

All in a Name Week

March 7–March 13

National Physicians Week

March 25–March 31

Passover

March 27–April 4

**And So Much More
Review our Calendar
And check us out on
FACEBOOK!**



March into the World of Crafting

Crafting is a \$44 billion industry in America, with people of all ages taking part in pastimes like knitting, scrapbooking, quilting, making homemade jewelry, and even reupholstering furniture. March boasts several crafting holidays, such as International Scrapbooking Day on March 4, Children's Craft Day on March 14, and Worldwide Quilting Day on March 20. Whether you craft as an outlet for your creative impulses or to earn money on the side, March provides ample opportunities to create something unique.

Personalization might be crafting's most alluring attribute. Even if two crafters follow the same pattern or instructions, no two people will create the very same item. Every handcrafted item is a unique reflection of its maker, and these personal touches are often what make handcrafted gifts so special.

Crafting has long been considered the domain of older generations, yet younger generations, particularly millennials, are being drawn to crafting and other creative hobbies specifically because they can personalize their creations. In a world of mass-produced goods, millennials enjoy making unique items that bear their initials or display symbols or icons that are personally meaningful. And just as younger generations have started taking up crafting, the crafting industry is changing to accommodate a new generation of crafters.

At Hearth Brook, crafting is a main attraction for activities. Residents are often challenged to think outside the box. They have been enhancing their skills often. Check out this photo of a latest creation.



Referral Friends Spotlight



Managed by the Washington Prime Group, the Indian Mound Mall has some great plans this summer, and we are joining them! Hearth Brook and the Indian Mound Mall will be hosting Senior Connection Events. The mission is to connect seniors of Licking County to resources that benefit their needs. Perhaps they have a dietary need, a need for physical activity, or even a need for coping with dementia. Various programs and lectures will be available. More details will be published as available.



Working with organizations that have the same goals we do; providing the best in senior care living, so that seniors can live their best life, is a real treat! Assisted Living Locators is a business of our like mind. You may have worked with them in the past, as they are local advisors working to help you find top-of-the-line care. They have often considered Hearth Brook as one of those communities. Joining our businesses just makes sense. We appreciate their referrals, more importantly, we appreciate their care.

From the desk of ...

Hold the phone! We are so pleased to announce that our caregivers and residents have an upgraded call system now. Every common space in the community has an emergency response call and residents with need for pendants, now have new ones. Every resident has a new system in their room, as well. This will allow our staff to know exactly where to go when the call is needed. Response and communication are a priority for us, this will do well to assist us with our goals. We are proud to have this new system in place.

I know that recently there has been some concerns. These complaints are being addressed. Everyone makes mistakes and we will see to it to own ours correctively. We are honored that you entrust the safety and security of your loved ones in our care. We aim to meet and exceed expectations. If there is any concern at any time, please feel free to report to management or directly speak with me. We are a team at Hearth Brook. To provide the best in assisted living care it takes all of us working together; staff, residents, and you.

We are still abiding by all our COVID safety standards. You may recall that we must follow the guidelines of our corporate as well as CDC and State of Ohio to set our community standards. If the restrictions in Ohio are lifted, we still need to be patient and abide how we are advised to handle our community. Your cooperation is much appreciated.

Sincerely,

Jennifer Bickle

Who do I call?

To reach our operation management for comments or suggestions, or to inform serious concerns, you may reach our corporate office at **1-833-379-7475**.

Executive Director – Jennifer Bickle

Business Office Manager – Stefanie Brooks

Dietary Director – Sue Carter

Activities Director – Cheryll Blessard

Maintenance Director – Dave Colopy

Sales and Marketing Director – Crystal Stamper

Office 740.366.0005



"LUCKY YOU"

REFER A FRIEND!

YOU AND YOUR FRIEND CAN LIVE SIDE BY SIDE AT

HEARTH BROOK

WHEN THEY MOVE IN, YOU

EARN \$1000 CREDIT

ON YOUR NEXT MONTH BILL.

LIMITED TIME OPPORTUNITY VALID THRU MARCH 26TH

"SPREAD THE WEALTH

FOR GOOD HEALTH!"



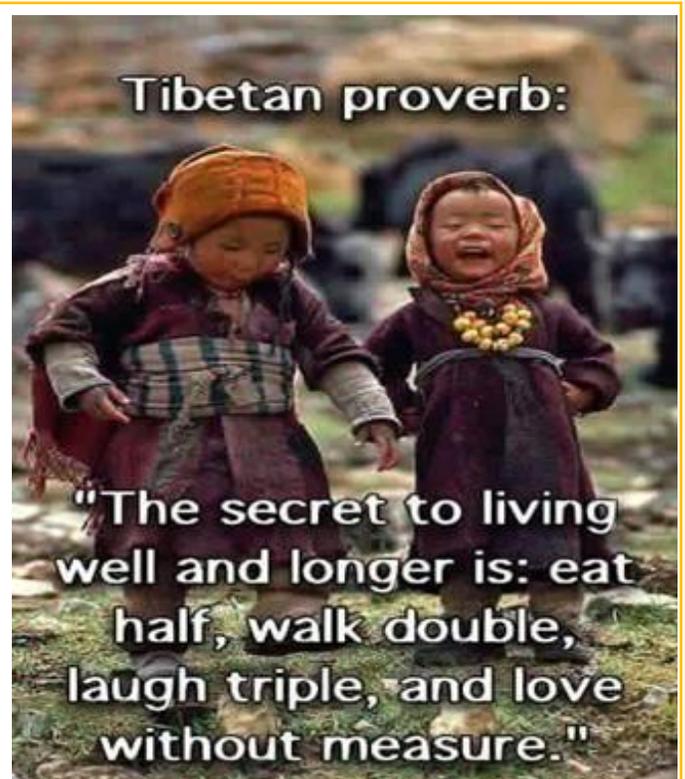
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 10a Chronicle/Devotion 10:30a Exercise 11a Calendar Review 2p St Patrick's Wreath Making 3p Leprechauns Gold Fact or Fiction 4p Room Visits 6p National Compliment	10a Chronicle/Devotion 10:30a Exercise 11a Who What When 2p Book Reading 3p Movie and Snack 4p Relax with Music 6p Staff Movie Pick	10a Chronicle/Devotion 10:30a Exercise 11a Who What When 2p Book Reading 3p Movie and Snack 4p Relax with Music 6p Staff Movie Pick	10a Chronicle/Devotion 10:30a Exercise 11a Cranium Crunches 2p Bingo 3p Threes' Puzzle Time 4p Room Visits 6p Mello With Music	10a Chronicle/Devotion 10:30a Exercise 11a Trivia 2p Marching Band 3p 'Virtually' 3p Bible Study 4p Fireside Chat and Tea 6p Yoga Time	10a Chronicle/Devotion 10:30a Exercise 11a Hymns w/Bonnie 2p Corn Hole 3p Irish Beer Tasting 4p Order in - Wendy's 6p Movie-My Fair Lady	10a Chronicle/Devotion 10:30a Exercise 11a Staff Activity 2p Adult Coloring 3p Self Activity 4p Board Games 6p Movie of Choice
10a Chronicle/Devotion 10:30a Exercise 11a Coffee and Chat 2p Worship 3p Staff Activity 4p Board Games 6p Community TV Namesake Day	10a Chronicle/Devotion 10:30a Exercise 11a Word in a Word 2p Man Cave 3p Ladies Lair 4p Room Visits 6p Mello with Wind Fun Name Facts Day	10a Chronicle/Devotion 10:30a Exercise 11a Who What When 2p Monthly Gazette 3p Bible Study 4p Relax with Music 6p Yoga Time Unique Name Day	10a Chronicle/Devotion 10:30a Exercise 11a Cranium Crunches 2p Bingo 3p Table Topics 4p Room Visits 6p Mello With Music Name Meaning Day	10a Chronicle/Devotion 10:30a Exercise 11a Trivia 2p Chairplane to Ireland 3p Bible Study 4p Make a St.Patricks Bracelet 6p Yoga Time Name Tag Day	10a Resident Council 10:30a Town Hall 11a Hymns w/Bonnie 2p Star of the Month 3p Book Reading 4p Senior Science 6p Movie- Bonnie and Clyde Middle Name Pride Day	10a Chronicle/Devotion 10:30a Exercise 11a Staff Activity 2p Adult Coloring 3p Self Activity 4p Board Games 6p Movie of Choice Genealogy Day
10a Chronicle/Devotion 10:30a Exercise 11a Coffee and Chat 2p Worship 3p Staff Activity 4p Board Games 6p Community TV Daylight Saving Time Begins	10a Chronicle/Devotion 10:30a Exercise 11a Word in a Word 2p The Ides of March 3p Film Julius Caesar 4pm Room Visits 6p Mello With Wind	10a Chronicle/Devotion 10:30a Exercise 11a Who What When 2p Harkness House Mystery 3p Star of the Month 4p Relax with Music 6p Staff Movie Pick	WEAR GREEN 10a Chronicle/Devotion 10:30a Exercise 11a St Patricks Talk 2p Bingo 3p Shamrock Parfait 4p Movie-Darby O'gill and the Little People St. Patrick's Day	10a Chronicle/Devotion 10:30a Exercise 11a Trivia 2p Birthday Party 3p Bible Study 4p Fireside Chat and Tea 6p Yoga Time Employees Spirit Day	10a Chronicle/Devotion 10:30a Exercise 11a Hymns w/Bonnie 2p Poultry Trivia 3p Book Reading 4p Order in - Lapaloma 6p Movie- We Can Be Heroes	10a Chronicle/Devotion 10:30a Exercise 11a Staff Activity 2p Adult Coloring 3p Self Activity 4p Board Games 6p Movie of Choice Spring Begins
10a Chronicle/Devotion 10:30a Exercise 11a Coffee and Chat 2p Worship 3p Staff Activity 4p Board Games 6p Community TV	10a Chronicle/Devotion 10:30a Exercise 11a Word in a Word 2p Mythology Monday 3p Puzzle Fill In 4p Room Visits 6p Mello with Wind	10a Chronicle/Devotion 10:30a Exercise 11a Who What When 2p Nat King Cole Music 3p Dippy Day Social 4p Relax with Music 6p Yoga Time	10a Chronicle/Devotion 10:30a Exercise 11a Cranium Crunches 2p Bingo 3p Cartoon Day 4p Room Visits 6p Mello with Music	10a Chronicle/Devotion 10:30a Exercise 11a Trivia 2p Table Topics 3p Bible Study 4p Table Top Cornhole 6p Yoga Time	10a Chronicle/Devotion 10:30a Exercise 11a Hymns w/Bonnie 2p Funny Friday Humor 3p Book Reading 4p Senior Science 6p Movie- First Do No Harm Wear Purple for Epilepsy	10a Chronicle/Devotion 10:30a Exercise 11a Staff Activity 2p Adult Coloring 3p Self Activity 4p Board Games 6p Movie of Choice Passover Begins
10a Chronicle/Devotion 10:30a Exercise 11a Coffee and Chat 2p Worship 3p Staff Activity 4p Board Games 6p Community TV Palm Sunday	10a Chronicle/Devotion 10:30a Exercise 11a Word in a Word 2p Celebrate Holi Day 3p MIY Day Craft 4p Room Visits 6p Mello With Wind Wear many colors	10a Chronicle/Devotion 10:30a Exercise 11a Who What When 2p Thank a Dr. Day 3p Bible Study 4p Relax with Music 6p Staff Movie Pick	10a Chronicle/Devotion 10:30a Exercise 11a Cranium Crunches 2p Bingo 3p She's Funny Day! 4p Room Visits 6p Mello With Music	 March 2021  The Hairdresser will be here on Thursdays		

Hearth Brook Eagle Senior Living- 331 Goosepond Road Newark, Ohio- 740-366-0005 Cheryl Blessard Activity Director

The Great Emerald Buddha for Universal Peace

On March 22, 1784, the Emerald Buddha was installed in the *Wat Phra Kaew*, the Temple of the Emerald Buddha, at the Grand Palace in Bangkok, Thailand. The statue's origins are mysterious. The furthest dated story seems to be in 1434 when a blast of lightning struck a monastery revealing the 26-inch tall buddha statue that was covered in stucco. Over time, the stucco flaked off showing the beautiful emerald coloring. It is believed to not be true emerald, rather of jasper stone. Over centuries, rulers of Thailand have moved the statue temple to temple when finally, King Rama I moved it to the capital, Bangkok. There is a legend stating the statue was created in 43 BC by Buddhist sage Nagasena with the help of the Hindu gods Vishnu and Indra, art historians believe it was carved in Northern Thailand during the 15th century in the Chiang Saen Style.

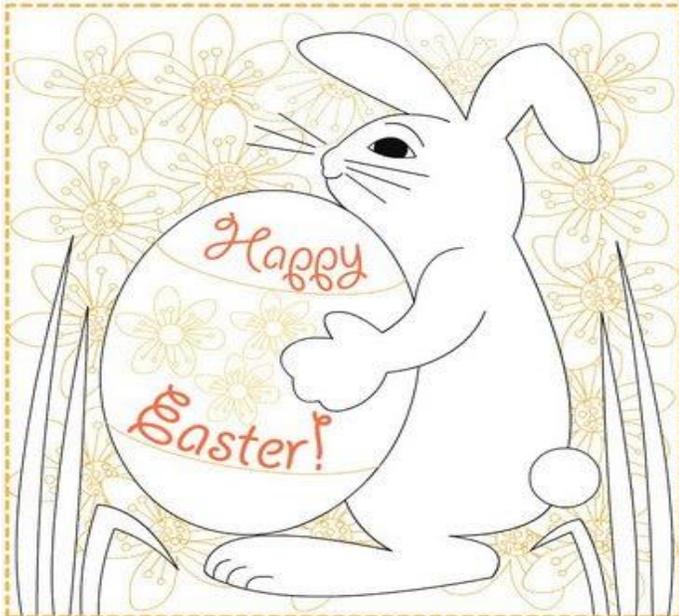
One thing is for certain, its beauty is unique and most certainly should not have been covered in stucco.



EASTER SPRINGS NEW HOPE RINGS

Easter is quickly approaching. This year the grand holiday celebrated by Christian Faith patrons worldwide will be held on **April 4th, 2021**. This family tradition has been a proud memorial moment for many residents, of which we would typically host a great Easter Egg Hunt to watch the all the little ones smiles and laughs.

Unfortunately, COVID keeps us from that this spring. We put on our thinking caps and came up with a clever plan instead. This year, we will host a Coloring Contest. Categories are as follows: 4 and under 4; 5 and through 7; 8 and through 10. We will provide the coloring sheet for these ages. In addition, we will host an ADULT coloring contest as well! This contest however, the contestant will provide their own artful creation themed: **"Easter Springs, New Hope Rings!"** Residents will be judging the beautiful pieces of art and coloring. There will be a small prize for all children who participate, and each age category of children will one winner for the Grand Prize! There are no prizes for the ADULT category, however, there will be honorable mention. Art must be submitted by **March 27th**. Obtaining the coloring sheet is easy – send email to cstamper@hearthbrook.org, then you can print your page. Please contact Crystal Stamper for more questions and to submit your coloring. Contact 740.366.0005 or follow us on Facebook.



March Birthdays

Born between **March 1–20** are Pisces' Fish. Pisces are friendly, wise, selfless, making them compassionate, generous friends. Their intuitive and romantic natures also make them creative and expressive artists. Those born from **March 21–31** are Rams of Aries. Rams are unafraid to forge ahead with passion, zeal, and confidence. Full of optimism and hope, Aries are both eager to get the job done and unafraid to confront problems head-on.

- Ron Howard (director) – March 1, 1954
- Shaquille O'Neal (athlete) – March 6, 1972
- Wanda Sykes (comedian) – March 7, 1964
- Bobby Fischer (chess player) – March 9, 1943
- Queen Latifah (singer) – March 18, 1970
- Spike Lee (director) – March 20, 1957
- Aretha Franklin (singer) – March 25, 1942
- Mariah Carey (singer) – March 27, 1970
- Warren Beatty (actor) – March 30, 1937

HEARTH BROOK'S OWN

- Henrietta – 8 will be 99!**
- Bob N – 13 will be 90!**
- George – 14**
- Irene – 23 will be 95!**
- Barb G. – 24**
- Ted – 26**

Healing by Color



March is Color

Therapy Month, to recognize that colors have the capacity to heal. This notion of the power to heal dates all the way back to ancient Egypt, where sun-activated solariums constructed with multicolored glass panes were used. Colors evoke different responses in people. Some colors are stimulating, others soothing. Colors can influence decision-making, mood, appetite, emotions, and energy levels. The goal of color therapy is to use color and light in ways that ease stress and promote well-being. Many therapies today use light therapy to combat seasonal affective disorder. Blue light is also used to treat neonatal jaundice in newborns. Green light may reduce pain.