

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY








**BRADFORD TERRACE
HEALTH CENTER**



ACTIVITIES TO TAKE PLACE IN
-ROOM AND I:I FOR THE
MONTH OF JANUARY.
ACTIVITIES SUBJECT
TO CHANGE RELATED TO
COVID-19 PROTOCOL.



10:30 New Year's Resolutions and Goals Worksheet
2:00 New Years Day Snack!
3:00 Times Scare NYE Coloring Sheet
3:30 New Years Word Finder

<p>2 9:30 Hot Beverage Cart 10:30 Morning Visits 1:00 New Year's Resolutions and Goals Worksheet with Activities Staff 2:30 Afternoon I:I Activities: Resident Choice 7:20 Green bay Packers vs Minnesota Vikings on NBC</p>	<p>3 9:30 Peppermint Aromatherapy 10:30 Monday Movement: Snowball Toss Game 1:30 Monday Matinee: <i>Charlie and The Chocolate Factory</i> (Max. 4 Socially Distanced in Activities Room) 2:30 National Chocolate Covered Cherry Day Treat</p>	<p>4 9:30 This or That Questions 10:00 Trivia Games for National Trivia Day! 1:30 In-Room Bingo 2:30 After-Holidays Clean-up 4:30 Evening Aromatherapy</p>	<p>5 9:30 Looking at Our 2022 Goals 10:30 Visits from the Flower Arrangement Cart 1:30 Roll-A-Snowman Dice Game 2:30 Marshmallow Snowmen 3:30 Recycle Snowman Craft</p> 	<p>6 9:30 Aromatherapy 10:00 I:I Activities with Staff 1:30 Snowflake Paper Plate Wreaths 2:30 Knock Em' Down Snowball Game 3:00 Snow Shovel Race Game 4:30 Evening Social Visits</p>	<p>7 9:30 Manicures & Music Listening 10:30 Aromatherapy Hand Massage 1:30 Happy Birthday Elvis Presley 2:30 Name that Tune! 3:30 Elvis Presley Themed Word Games</p>	<p>8 9:30 Aromatherapy 10:30 Coffee/Cocoa Cart 1:00 Afternoon I:I Crafts 2:30 Afternoon Treat Trolley 3:30 White Board Word Games</p>
<p>9 9:30 Conversation Starters 10:30 Morning Treat Trolley 11:00 I:I Activities: Resident Choice 12:00 Green bay Packers vs Detroit Lions on FOX 2:30 Adult Coloring</p>	<p>10 9:30 Aromatherapy 10:00 Powdered Donut Hole Snowman Treat 10:30 Morning Pitstops 1:30 Monday Movement: Snowball Scoop Game 2:30 Crafternoon: Making Marbled Paper 3:30 Writing to our Loved Ones</p>	<p>11 9:30 This or That Questions 10:00 Kringle & Coffee 1:30 In-Room Bingo 3:30 Choc. or Strawberry Milk for National Milk Day 4:30 Evening Aromatherapy</p>	<p>12 9:30 Meaningful Questions 10:30 Visits from the Flower Arrangement Cart 1:30 Beaded Snowflake Craft 2:30 America's Funniest Videos 3:30 General Knowledge Game</p>	<p>13 9:30 Aromatherapy 10:00 1:30 Crafternoon: Coffee Filter Snowflakes 2:30 Snowman String Cheese Snack 3:00 4:30 Evening Pitstops</p>	<p>14 9:30 Manicures & Music Listening 10:30 Aromatherapy Hand Massage 1:30 Friday Flick: <i>Little Women</i> (Max. 4 Socially Distanced) 2:30 Movie Snacks 3:30 Afternoon Visits</p> 	<p>15 9:30 Social Visits with Staff 10:30 Winter Word Games 1:00 Activity Worksheets 3:30 Magazines</p>
<p>16 9:30 Coffee in the Dining Room 10:30 Winter Word Search 11:00 Adult Coloring Sheets 1:00 Good Stuff Zines 2:30 Afternoon Snack</p>	<p>17 Martin Luther King Jr. Day 9:30 Aromatherapy 10:00 Herbal Tea Cart 10:30 Breakfast Pastry 1:30 Martin Luther King Jr. History Videos and Facts 3:30 Martin Luther King Jr. Quotes</p>	<p>18 9:30 Gratitude Prompts 10:00 Bingo 1:30 Poems & Quotes for National Winnie the Pooh Day 2:30 Honey & Apple Slices 3:00 Snowball Games</p> 	<p>19 9:30 Winter Treat 10:00 Visits from the Flower Arrangement Cart 1:30 Crazy Eights Card Game 2:30 Popcorn Cart for National Popcorn Day 3:30 Winter Word Games</p>	<p>20 9:30 Aromatherapy 10:00 Morning Music Listening 1:00 Mitten Matching Game 2:00 Cheese Tasting & Rating for National Cheese Lover's Day 3:00 Charcuterie Cups Treat Trolley</p>	<p>21 9:30 Manicures & Music Listening 10:30 Aromatherapy Hand Massage 1:30 After-Lunch Visits 2:00 TED Talks 3:00 National Granola Bar Day Treat</p>	<p>22 9:30 Morning Room Visits 10:30 Morning Snack 1:00 Connect 4 2:00 Afternoon Games 3:30 Adult Coloring</p>
<p>23/30 9:30 Hot Beverage Cart 10:30 National Croissant Day Treat (Jan. 30th) 11:00 Aromatherapy 1:30 Afternoon Matinee in Activities Room: Resident Choice 2:30 Movie Snacks</p> 	<p>24/31 9:30 Aromatherapy 10:00 Indoor Gardening 10:30 Monday Magic: Tarot Readings 1:30 Afternoon Social and White Board Games (TBD) 2:30 National Peanut Butter Day Treat (Jan. 24th) 3:00 National Hot Chocolate Day (Jan 31st)</p>	<p>25 9:30 Aromatherapy 10:00 Bingo Bonanza!- 3rd floor Dining Room (TBD) 1:30 Winter Themed Charades 2:30 Jerry's Guitar (TBD) 3:00 Winter Madlibs 4:30</p>	<p>26 9:30 Tea & Pastries 10:00 Visits from the Flower Arrangement Cart 1:30 Snowball Toss Game 2:30 Let's Listen to Mozart! Happy Birthday Mozart! 3:00 Board Games: Resident Choice</p>	<p>27 9:30 Aromatherapy 10:00 Bingo Bonanza!- 3rd floor Dining Room (TBD) 1:30 Baking Group (TBD) 2:30 National Chocolate Cake Day Treat 3:00 Word Games 4:30 Evening Room Visits</p>	<p>28 9:30 Manicures & Music Listening 10:30 Aromatherapy Hand Massage 1:30 National Kazoo Day! 2:30 Name that Tune: Kazoo Edition 3:30 End-of-Week Social Visits</p> 	<p>29 9:30 Morning Social Visits 10:30 National Puzzle Day- Jigsaw Puzzles 1:00 Word Puzzles 2:00 Fritos Snack for National Corn Chips Day 3:00</p>