




MARCH 2021



"In March, winter is holding back and spring is pulling forward. Something holds and something pulls inside of us, too." —Jean Hersey



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	 <p>1</p> <p>9:00 AM MEDITATION with Pastor Eppley - Channel 955 9:30 PM SOCIAL VISITS with Jerry 11:00 AM EXERCISE w/Cami- 2nd Fl. Dining Rm 11:30 PM Word Games - 2nd Floor Dining Room 2:00 PM MILWAUKEE HISTORY - 2nd Fl. Dining Rm 3:00 PM Afternoon Room Visits 3:00 PM NEWSCURRENTS with Gary - Channel 955</p>	<p>2</p> <p>9:00 AM MEDITATION with Pastor Eppley - Channel 955 9:30 PM TUESDAY'S ROOM TO ROOM TREATS 10:00 AM TONE IT UP with Alice - Channel 955 11:00 AM CHAIR ZOOMBA Channel 955 3:00 PM DAVID TOLAN'S "Music Appreciation" Channel 955 3:00 PM Room Visits</p>	 <p>3</p> <p>8:30 AM BIBLE STUDY with Pastor Eppley - Channel 955 9:00 AM MEDITATION with Pastor Eppley - Channel 955 9:30 AM PAUL HARVEY'S STORIES with Gary 2nd Floor Dining Room 9:30 AM CATHOLIC MASS with Father Eugene Lindsay Hall 10:30 AM HUMOR & JOKES with Gary 2nd Floor Dining Room 2:00 PM NEWSCURRENTS with Gary 1st Floor TV Room</p>	<p>4</p> <p>9:00 AM MEDITATION with Pastor Eppley - Channel 955 10:00 AM TRIVIA with Gary 2nd Floor Dining Room 10:00 AM TONE IT UP Channel 955 11:00 AM MUSIC APPRECIATION with Gary 2nd Floor Dining Room 2:00 PM ECUMENICAL CHURCH SERVICE with Pastor Harold Eppley Lindsay Hall</p>	 <p>5</p> <p>9:00 AM MEDITATION with Pastor Eppley - Channel 955 10:00 AM TRIVIA with Gary 2nd Floor Dining Room 10:30 AM CHAIR YOGA with Mary - Channel 955 11:00 AM QUICK TRIVIA with Mike Brever - Channel 955 1:30 PM VIRTUAL BINGO BY PHONE with Gary</p> 	<p>6</p> <p>9:00 AM MEDITATION with Pastor Eppley - Channel 955 9:30 AM WHAT MAKES YOU HAPPY WITH Gary 2nd Floor Dining Room 1:00 PM CATHOLIC MASS with Father Eugene Channel 955 3:00 PM CATHOLIC MASS with Father Eugene Channel 955 4:00 PM BIBLE STUDY with Pastor Harold Eppley Channel 955</p>
 <p>7</p> <p>9:00 AM MEDITATION "Sunday Daydream" Channel 955 10:30 AM CHAIR AEROBICS with Alice - Channel 955 11:00 AM & 2:00 PM ECUMENICAL CHURCH SERVICE with Pastor Harold Eppley - Channel 955 3:00 PM SUNDAY RERUNS: "NewsCurrents with Gary" Channel 955 5:00 PM SUNDAY RERUNS: "Quick Trivia with Mike" Channel 955</p>	<p>8</p> <p>9:00 AM MEDITATION with Pastor Eppley - Channel 955 9:30 PM SOCIAL VISITS with Jerry 11:00 AM EXERCISE with Cami- 2nd Floor Dining Room 11:30 PM Word Games - 2nd Floor Dining Room 2:00 PM MILWAUKEE HISTORY - 2nd Fl. Dining Rm 3:00 PM NEWSCURRENTS with Gary - Channel 955</p>	 <p>9</p> <p>9:00 AM MEDITATION with Pastor Eppley - Channel 955 9:30 PM TUESDAY'S ROOM TO ROOM TREATS 10:00 AM TONE IT UP with Cami - Channel 955 1:00 PM DISCUSSION/ PRE-MOVIE TALK 1st Floor TV Room 1:30 PM WOMEN'S HISTORY MOVIE: "Hidden Figures" 1st Floor TV Room 3:00 PM Room Visits</p>	<p>10</p> <p>8:30 AM BIBLE STUDY with Pastor Eppley - Channel 955 9:00 AM MEDITATION with Pastor Eppley - Channel 955 9:30 AM PAUL HARVEY'S STORIES with Gary 2nd Floor Dining Room 9:30 AM CATHOLIC MASS with Father Eugene Lindsay Hall 10:30 AM HUMOR & JOKES with Gary 2nd Floor Dining Room 2:00 PM NEWSCURRENTS with Gary 1st Fl. TV Room</p>	 <p>11</p> <p>9:00 AM MEDITATION with Pastor Eppley - Channel 955 10:00 AM TRIVIA with Gary 2nd Floor Dining Room 10:00 AM TONE IT UP Channel 955 11:00 AM MUSIC APPRECIATION with Gary 2nd Floor Dining Room 2:00 PM ECUMENICAL CHURCH SERVICE with Pastor Harold Eppley Lindsay Hall</p>	<p>12</p> <p>9:00 AM MEDITATION with Pastor Eppley - Channel 955 10:00 AM TRIVIA with Gary 2nd Floor Dining Room 10:30 AM CHAIR YOGA with Mary - Channel 955 11:00 AM EXERCISE with Cami 2nd Floor Dining Room 11:00 AM QUICK TRIVIA with Mike Brever - Channel 955 1:30 PM VIRTUAL BINGO BY PHONE with Gary</p>	 <p>13</p> <p>9:00 AM MEDITATION with Pastor Eppley - Channel 955 9:30 AM WHAT MAKES YOU LAUGH with Gary 2nd Floor Dining Room 1:00 PM CATHOLIC MASS with Father Eugene Channel 955 3:00 PM CATHOLIC MASS with Father Eugene Channel 955 4:00 PM BIBLE STUDY with Pastor Harold Eppley Channel 955</p>



EASTCASTLE PLACE

WATERTOWER
 CALENDAR
 FOR
 ASSISTED LIVING
 — FRONT PAGE —



WOMEN'S
 HISTORY MONTH

MARCH





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<div style="text-align: right; font-weight: bold; font-size: 24px;">14</div> <p>9:00 AM MEDITATION “Sunday Daydream” Ch. 955 11:00 AM & 2:00 PM ECUMENICAL CHURCH SERVICE with Pastor Harold Eppley - Channel 955 3:00 PM SUNDAY RERUNS: “NewsCurrents with Gary” Channel 955 5:00 PM SUNDAY RERUNS: “Quick Trivia with Mike” Channel 955</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> DAYLIGHT SAVINGS TIME BEGINS </div>	<div style="text-align: right; font-weight: bold; font-size: 24px;">15</div> <p>9:00 AM MEDITATION with Pastor Eppley - Channel 955 9:30 PM SOCIAL VISITS with Jerry 11:00 AM EXERCISE w/Cami-2nd Fl. Dining Rm 11:30 PM Word Games - 2nd Floor Dining Room 2:00 PM MILWAUKEE HISTORY - 2nd Fl. Dining Rm 3:00 PM Afternoon Room Visits 3:00 PM NEWSCURRENTS with Gary - Channel 955</p>	<div style="text-align: right; font-weight: bold; font-size: 24px;">16</div> <p>9:00 AM MEDITATION with Pastor Eppley - Channel 955 9:30 PM TUESDAY TREATS ROOM TO ROOM 10:00 AM TONE IT UP with Cami - Channel 955 1:00 PM DISCUSSION/ PRE-MOVIE TALK 1st Floor TV Room 2:00 PM WOMEN’S HISTORY MOVIE: “Miracle Worker” 1st Floor TV Room 3:00 PM Room Visits</p>	<div style="border: 1px solid black; padding: 2px; text-align: center; font-weight: bold;">ST. PATRICK’S DAY</div> <div style="text-align: right; font-weight: bold; font-size: 24px;">17</div> <p>8:30 AM BIBLE STUDY with Pastor Eppley - Channel 955 9:30 AM ST. PATRICK’S DAY HISTORY, TRIVIA, & TREATS 9:30 AM CATHOLIC MASS Lindsay Hall 10:30 AM HUMOR & JOKES with Gary 2nd Floor Dining Room 2:00 PM NEWSCURRENTS with Gary 1st Floor TV Room</p>	<div style="text-align: right; font-weight: bold; font-size: 24px;">18</div> <p>9:00 AM MEDITATION with Pastor Eppley - Channel 955 10:00 AM TRIVIA with Gary 2nd Floor Dining Room 10:00 AM TONE IT UP Channel 955 11:00 AM MUSIC APPRECIATION with Gary 2nd Floor Dining Room 2:00 PM ECUMENICAL CHURCH SERVICE with Pastor Harold Eppley</p>	<div style="text-align: right; font-weight: bold; font-size: 24px;">19</div> <p>9:00 AM MEDITATION with Pastor Eppley - Channel 955 10:00 AM TRIVIA with Gary 2nd Floor Dining Room 10:30 AM CHAIR YOGA with Mary - Channel 955 11:00 AM EXERCISE with Cami 2nd Floor Dining Room 11:00 AM QUICK TRIVIA with Mike Brever - Channel 955 2:00 PM QUICK TRIVIA with Mike Brever - Channel 955</p>	<div style="border: 1px solid black; padding: 2px; text-align: center; font-weight: bold;">1ST DAY OF SPRING</div> <div style="text-align: right; font-weight: bold; font-size: 24px;">20</div> <p>9:00 AM MEDITATION with Pastor Eppley - Channel 955 9:30 AM WHAT MAKES YOU HAPPY with Gary 2nd Floor Dining Room 1:00 PM CATHOLIC MASS with Father Eugene Channel 955 3:00 PM CATHOLIC MASS with Father Eugene Channel 955 4:00 PM BIBLE STUDY with Pastor Harold Eppley Channel 955</p>	
<div style="text-align: right; font-weight: bold; font-size: 24px;">21</div> <p>9:00 AM MEDITATION “Sunday Daydream” Channel 955 10:30 AM CHAIR AEROBICS with Alice - Channel 955 11:00 AM & 2:00 PM ECUMENICAL CHURCH SERVICE with Pastor Harold Eppley - Channel 955 3:00 PM SUNDAY RERUNS: “NewsCurrents with Gary” Channel 955 5:00 PM SUNDAY RERUNS: “Quick Trivia with Mike” Channel 955</p>	<div style="text-align: right; font-weight: bold; font-size: 24px;">22</div> <p>9:00 AM MEDITATION with Pastor Eppley - Channel 955 9:30 PM SOCIAL VISITS with Jerry 11:00 AM EXERCISE w/Cami-2nd Fl. Dining Rm 11:30 PM Word Games - 2nd Floor Dining Room 2:00 PM MILWAUKEE HISTORY - 2nd Fl. Dining Rm 3:00 PM Room Visits 3:00 PM NEWSCURRENTS with Gary - Channel 955</p>	<div style="text-align: right; font-weight: bold; font-size: 24px;">23</div> <p>9:00 AM MEDITATION with Pastor Eppley - Channel 955 9:30 PM TUESDAY TREATS ROOM TO ROOM 10:00 AM TONE IT UP with Cami - Channel 955 1:00 PM DISCUSSION/ PRE-MOVIE TALK 1st Floor TV Room 2:00 PM WOMEN’S HISTORY MOVIE: “RBG” 1st Floor TV Room 3:00 PM Room Visits</p>	<div style="text-align: right; font-weight: bold; font-size: 24px;">24</div> <p>8:30 AM BIBLE STUDY with Pastor Eppley - Channel 955 9:00 AM MEDITATION with Pastor Eppley - Channel 955 9:30 AM PAUL HARVEY’S STORIES with Gary 2nd Floor Dining Room 9:30 AM CATHOLIC MASS with Father Eugene Lindsay Hall 10:30 AM HUMOR & JOKES with Gary 2nd Floor Dining Room 2:00 PM NEWSCURRENTS with Gary 1st Fl. TV Room</p>	<div style="text-align: right; font-weight: bold; font-size: 24px;">25</div> <p>9:00 AM MEDITATION with Pastor Eppley - Channel 955 10:00 AM TRIVIA with Gary 2nd Floor Dining Room 10:00 AM TONE IT UP Channel 955 11:00 AM MUSIC APPRECIATION with Gary 2nd Floor Dining Room 2:00 PM ECUMENICAL CHURCH SERVICE with Pastor Harold Eppley Lindsay Hall</p>	<div style="text-align: right; font-weight: bold; font-size: 24px;">26</div> <p>9:00 AM MEDITATION with Pastor Eppley - Channel 955 10:00 AM TRIVIA with Gary 2nd Floor Dining Room 10:30 AM CHAIR YOGA with Mary - Channel 955 11:00 AM EXERCISE with Cami 2nd Floor Dining Room 11:00 AM QUICK TRIVIA with Mike Brever - Channel 955 1:30 PM VIRTUAL BINGO BY PHONE with Gary</p>	<div style="text-align: right; font-weight: bold; font-size: 24px;">27</div> <p>9:00 AM MEDITATION with Pastor Eppley - Channel 955 9:30 AM WHAT MAKES YOU LAUGH with Gary 2nd Floor Dining Room 1:00 PM CATHOLIC MASS with Father Eugene Channel 955 3:00 PM CATHOLIC MASS with Father Eugene Channel 955 4:00 PM BIBLE STUDY with Pastor Harold Eppley Channel 955</p>	
<div style="border: 1px solid black; padding: 2px; text-align: center; font-weight: bold;">PALM SUNDAY</div> <div style="text-align: right; font-weight: bold; font-size: 24px;">28</div> <p>9:00 AM MEDITATION “Sunday Daydream” Channel 955 10:30 AM CHAIR AEROBICS with Alice - Channel 955 11:00 AM & 2:00 PM ECUMENICAL CHURCH SERVICE with Pastor Harold Eppley - Channel 955 3:00 PM SUNDAY RERUNS: “NewsCurrents with Gary” Channel 955 5:00 PM SUNDAY RERUNS: “Quick Trivia with Mike” Channel 955</p>	<div style="text-align: right; font-weight: bold; font-size: 24px;">29</div> <p>9:00 AM MEDITATION with Pastor Eppley - Channel 955 9:30 PM SOCIAL VISITS with Jerry 11:00 AM EXERCISE w/Cami-2nd Fl. Dining Rm 11:30 PM Word Games - 2nd Floor Dining Room 2:00 PM MILWAUKEE HISTORY - 2nd Fl. Dining Rm 3:00 PM Room Visits 3:00 PM NEWSCURRENTS with Gary - Channel 955</p>	<div style="text-align: right; font-weight: bold; font-size: 24px;">30</div> <p>9:00 AM MEDITATION with Pastor Eppley - Channel 955 9:30 AM TUESDAY TREATS ROOM TO ROOM 1:00 PM DISCUSSION/ PRE-MOVIE TALK 1st Floor TV Room 2:00 PM WOMEN’S HISTORY MOVIE: “Anne Frank Remembered” 1st Floor TV Room 3:00 PM Room Visits</p>	<div style="text-align: right; font-weight: bold; font-size: 24px;">31</div> <p>8:30 AM BIBLE STUDY with Pastor Eppley - Channel 955 9:00 AM MEDITATION with Pastor Eppley - Channel 955 9:30 AM PAUL HARVEY’S STORIES with Gary 2nd Floor Dining Room 9:30 AM CATHOLIC MASS with Father Eugene Lindsay Hall 10:30 AM HUMOR & JOKES with Gary 2nd Floor Dining Room 2:00 PM NEWSCURRENTS with Gary 1st Fl. TV Room</p>				<p>EASTCASTLE PLACE</p> <div style="border: 2px solid green; border-radius: 15px; padding: 10px; text-align: center;"> <p style="font-size: 24px; margin: 0;">WATERTOWER CALENDAR FOR ASSISTED LIVING — FRONT PAGE —</p> </div>