



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



**WATERTOWER  
CALENDAR  
FOR  
ASSISTED LIVING  
— FRONT PAGE —**

1  
9:00 AM MEDITATION with Pastor Eppley - Channel 955  
9:30 AM SOCIAL VISITS with Aaron  
Room to Room  
1:30 PM NEW YEAR'S TREATS with Aaron  
Room to Room  
4:00 PM BIBLE STUDY with Pastor Harold Eppley Channel 955

2  
10:00 AM SNOWFLAKE WINDOW-CLINGS KIT Room to Room  
1:00 PM CREAM PUFF TREAT for "National Cream Puff Day!" with Emily  
2:00 PM ECUMENICAL CHURCH SERVICE Lindsay Hall & Channel 955  
3:00 PM SOCIAL VISITS with Emily

3  
9:00 AM SOCIAL VISITS with Emily  
11:00 AM CHOCOLATE COVERED CHERRY TREAT for "National Chocolate-Covered Cherry Day!" with Emily  
3:00 PM INDIVIDUAL REMINISCENCE JOURNALING Room to Room

4  
9:30 AM TRIVIA PACKETS Room to Room  
11:00 AM BRACELET MAKING KITS with Emily Room to Room  
3:00 PM SOCIAL VISITS AND TREATS with Emily Room to Room

5  
9:30 AM SOCIAL VISITS With Emily and Aaron  
11:30 AM CEREAL BIRD FEEDER KITS for "National Bird Day!" Room to Room  
3:00 PM SWEET TREATS With Emily and Aaron Room to Room

6  
9:00 AM MEDITATION with Pastor Eppley - Channel 955  
9:30 AM SOCIAL VISITS with Aaron  
10:00 AM TONE IT UP with Meg - Channel 955  
11:00 AM SHORTBREAD for "National Shortbread Day" with Aaron  
Room to Room  
1:30 PM 1-ON-1 CARD GAME with Aaron  
Room to Room

7  
9:00 AM MEDITATION with Pastor Eppley - Channel 955  
9:30 AM RESIDENT COFFEE & CURRENT EVENTS with Aaron   
Room to Room  
10:30 AM CHAIR YOGA with Mary - Channel 955  
11:00 AM QUICK TRIVIA with Mike Brever - Channel 955  
1:30 PM THIS WEEK IN HISTORY with Aaron

8  
9:00 AM MEDITATION with Pastor Eppley - Channel 955  
9:30 AM SOCIAL VISITS with Aaron  
1:30 PM AFTERNOON TREATS with Aaron  
Room to Room  
4:00 PM BIBLE STUDY with Pastor Harold Eppley Channel 955

9  
9:30 AM BILL NYE THE SCIENCE GUY "STATIC ELECTRICITY" for "National Static Electricity Day!" 1st Floor TV Room  
11:00 AM SOCIAL VISITS with Emily  
2:00 PM ECUMENICAL CHURCH SERVICE with Pastor Harold Eppley Lindsay Hall & Channel 955  
3:00 PM BINGO! with Emily 2nd Floor Dining Room

10  
10:00 AM TREATS ROOM-TO-ROOM for "National Bittersweet Chocolate Day!" with Emily  
1:00 PM "GUESS THAT TUNE" with Emily 2nd Floor Dining Room  
3:00 PM WII BOWLING with Emily 1st Floor TV Room

11  
9:30 AM TRIVIA with Emily 2nd Floor Dining Room  
11:00 AM DIY ZEN GARDENS with Emily Country Kitchen  
1:30 PM "SCRABBLE" with Emily 2nd Floor Dining Room  
3:00 PM Creative Crafts with Cathy Lauby Country Kitchen

12  
9:30 AM KNITTING CIRCLE 2nd Floor Dining Room  
10:00 AM BIBLE STUDY with Pastor Eppley 1st Floor TV Room  
11:30 AM PUTT-PUTT GOLF 2nd Floor Dining Room  
3:00 PM BINGO 2nd Floor Dining Room

13  
9:00 AM MEDITATION with Pastor Eppley - Channel 955  
9:30 AM TRIVIA with Aaron 2nd Floor Dining Room  
10:00 AM TONE IT UP with Meg - Channel 955  
11:00 AM STICKER ART with Aaron 1st Floor TV Room  
1:30 PM ANIMAL CROSSWORD PUZZLE with Aaron 2nd Floor Dining Room

14  
9:00 AM MEDITATION with Pastor Eppley - Channel 955  
9:30 AM RESIDENT COFFEE SOCIAL & CURRENT EVENTS with Aaron Country Kitchen  
11:00 AM QUICK TRIVIA with Mike Brever - Channel 955  
1:30 PM BINGO with Aaron 2nd Floor Dining Room  
3:00 PM SOCIAL VISITS with Aaron

15  
9:00 AM MEDITATION with Pastor Eppley - Channel 955  
9:30 AM TRIVIA with Aaron Country Kitchen  
1:30 PM SATURDAY MOVIE with Aaron 1st Floor TV Room  
3:00 PM CATHOLIC MASS with Father Eugene Lindsay Hall  
4:00 PM BIBLE STUDY with Pastor Harold Eppley Channel 955





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p> 16</p> <p>9:30AM SOCIAL VISITS with Emily 10:30 AM CHAIR AEROBICS with Molly - Channel 955 12:00 PM Q-tip PAINTING with Emily 2nd Floor Dining Room 2:00 PM ECUMENICAL CHURCH SERVICE with Pastor Harold Eppley Lindsay Hall &amp; Channel 955 3:00 PM BINGO with Emily 2nd Floor Dining Room</p>	<p>17</p> <p>9:00 AM MEDITATION with Pastor Eppley - Channel 955 10:00 AM: SOCIAL VISITS with Emily 11:00 AM NETFLIX'S "THE GREAT BRITISH BAKING SHOW" 1st Floor TV Room 2:00 PM HOT BUTTERED RUM AND HORS D'OEUVRES for "National Hot Buttered Rum Day!" with Emily 2nd Floor Dining Room</p>	<p> 18</p> <p>9:30 AM TUESDAY TREATS ROOM TO ROOM 10:00 AM TONE IT UP with Willy - Channel 955 1:30 PM HONEY POT CRAFT for "National Winnie the Pooh Day!" with Emily 2nd Floor Dining Room 3:00 PM GIANT CROSSWORD with Emily 2nd Floor Dining Room</p>	<p>19</p> <p>9:30 AM KNITTING CIRCLE with Emily and Aaron 2nd Floor Dining Room 10:00 AM BIBLE STUDY with Pastor Eppley 1st Floor TV Room 12:00 PM WHEEL OF FORTUNE with Emily and Aaron 2nd Floor Dining Room 3:00 PM BINGO! with Emily and Aaron 2nd Floor Dining Room</p>	<p> 20</p> <p>9:00 AM MEDITATION with Pastor Eppley - Channel 955 9:30 AM TRIVIA with Aaron 2nd Floor Dining Room 10:00 AM TONE IT UP with Meg - Channel 955 11:00 AM POPCORN SNACK SOCIAL with Aaron 1st Floor TV Room 1:30 PM BALLOON ANIMALS with Aaron 2nd Floor Dining Room 3:00 PM HANGMAN with Aaron 2nd Floor Dining Room</p>	<p>21</p> <p>9:00 AM MEDITATION with Pastor Eppley - Channel 955 9:30 AM RESIDENT COFFEE SOCIAL &amp; CURRENT EVENTS with Aaron  Country Kitchen 10:30 AM CHAIR YOGA with Mary - Channel 955 11:00 AM QUICK TRIVIA with Mike Brever - Channel 955 1:30 PM BINGO with Aaron 2nd Floor Dining Room 3:00 PM SOCIAL VISITS with Aaron</p>	<p> 22</p> <p>9:00 AM MEDITATION with Pastor Eppley - Channel 955 9:30 AM TRIVIA with Aaron Country Kitchen 1:30 PM SATURDAY MOVIE with Aaron 1st Floor TV Room 3:00 PM CATHOLIC MASS with Father Eugene Lindsay Hall 4:00 PM BIBLE STUDY with Pastor Harold Eppley Channel 955</p>
<p>23</p> <p>10:30 AM CHAIR AEROBICS with Molly - Channel 955 11:00 AM CALLIGRAPHY for "National Handwriting Day!" with Emily 2nd Floor Dining Room 1:00 PM SOCIAL VISITS with Activity Staff 2:00 PM ECUMENICAL CHURCH SERVICE with Pastor Harold Eppley Lindsay Hall &amp; Channel 955 3:00 PM BINGO! with Emily 2nd Floor Dining Room</p>	<p> 24</p> <p>11:00 AM BAKE PEANUT-BUTTER COOKIES for "National Peanut Butter Day!" with Emily Country Kitchen 1:00 PM "MADLIBS" AND WORD GAMES with Emily 2nd Floor Dining Room 2:30 PM "NAME THAT TUNE" with Emily 2nd Floor Dining Room</p>	<p>25</p> <p>9:00 AM MEDITATION with Pastor Eppley - Channel 955 10:00 AM SOCIAL VISITS with Emily 11:00 AM CHAIR ZUMBA Channel 955 1:30 PM BIRD ON A BIRCH BRANCH CRAFT with Emily 2nd Floor Dining Room 3:00 PM TUESDAY TREATS ROOM TO ROOM 3:00 PM CREATIVE CRAFTS with Cathy Lauby Country Kitchen</p>	<p> 26</p> <p>9:30 AM KNITTING CIRCLE with Emily and Aaron 2nd Floor Dining Room 10:00 AM BIBLE STUDY 1st Floor TV Room 11:30 AM EXERCISE with M&amp;M 2nd Floor Dining Room 12:30 PM "Who Am I?" with Emily and Aaron 2nd Floor Dining Room 3:00 PM BINGO! with Emily and Aaron 2nd Floor Dining Room</p>	<p>27</p> <p>9:00 AM MEDITATION with Pastor Eppley - Channel 955 9:30 AM TRIVIA with Aaron 2nd Floor Dining Room 10:00 AM TONE IT UP with Meg - Channel 955 11:00 AM HANGMAN with Aaron 2nd Floor Dining Room 1:30 PM MINI SCIENCE EXPERIMENT: BALLOONS with Aaron 2nd Floor Dining Room</p>	<p> 28</p> <p>9:00 AM MEDITATION with Pastor Eppley - Channel 955 9:30 AM RESIDENT COFFEE SOCIAL &amp; CURRENT EVENTS with Aaron Country Kitchen 10:30 AM CHAIR YOGA with Mary - Channel 955 11:00 AM QUICK TRIVIA with Mike Brever - Channel 955 1:30 PM BINGO with Aaron 2nd Floor Dining Room 3:00 PM SOCIAL VISITS with Aaron</p>	<p>29</p> <p>9:00 AM MEDITATION with Pastor Eppley - Channel 955 9:30 AM TRIVIA with Aaron Country Kitchen 1:30 PM SATURDAY MOVIE with Aaron 1st Floor TV Room 3:00 PM CATHOLIC MASS with Father Eugene Lindsay Hall 4:00 PM BIBLE STUDY with Pastor Harold Eppley Channel 955</p>
<p> 30</p> <p>10:00 AM MORNING CHAT CIRCLE with Emily 2nd Floor Dining Room 10:30 AM CHAIR AEROBICS with Molly - Channel 955 12:00 PM TREATS ROOM TO ROOM for "National Croissant Day!" 2:00 PM ECUMENICAL CHURCH SERVICE with Pastor Harold Eppley Lindsay Hall &amp; Channel 955 3:00 PM BINGO! with Emily 2nd Floor Dining Room</p>	<p>31</p> <p>10:00 AM GIANT CROSSWORD with Emily 2nd Floor Dining Room 1:00 PM DIY RECYCLED SUNCATCHER with Emily 2nd Floor Dining Room 3:00 PM REMINISCENCE with Emily 2nd Floor Dining Room</p>					



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