

# my weekly activities...

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9 AM	Take a look at some of the activities Eastcastle Place residents enjoy.				Yoga Demonstration 9:00 a.m.		
10 AM	Shopping Trip 10:00 a.m.						
11 AM	Daily Walk along Oak Leaf Trail to Lake Park						
Noon							
1 PM						Bridge Club 1 p.m.	<i>The Kids arrive today!</i>
2 PM			Fused Glass 2:00 p.m.				
3 PM				Short Stories Group 3:00 p.m.			
4 PM			Tim Crain presents: US & The Middle East 4:00 p.m.				
5 PM	Movie Night 5:00 p.m.						

## THIS IS SENIOR LIVING, EAST SIDE-STYLE.

"I'm never concerned about staying busy. I love the guest speakers and entertainment the community offers. Come by and see for yourself."

— Rita Edwards, Eastcastle Place resident



**EASTCASTLE PLACE**