

BELLS INDEPENDENT SCHOOL DISTRICT  
1550 OLE AMBROSE RD  
BELLS, TX 75414  
(903) 965-3601  
(903) 965-3602

2019/2020

Dear Parents / Guardian,

#### Over the Counter Medications

You may send Tylenol (Acetaminophen), Advil (Ibuprofen), cough drops, etc for your child to take during school. All medications must be in their original container, box or packaging that includes directions and expiration date. Please include a written and signed note giving us permission to give the medication and a phone number to reach you in case we have any questions. Please include in the note when the last dose was given. Medications must be in date. If your child needs to take more than is directed on the medication label please have a physician write a note.

You may send ointments or creams in the properly labeled tube or container for your child to use as needed. Please include a note with a parent or guardian signature.

We are not allowed to give medications containing aspirin, which include Alka Seltzer, Anacin, Ascriptin, Bayer or Generic forms of Aspirin or Baby Aspirin, BC Powder, Excedrin, Kaopectate, Maalox, Pamprin, Pepto Bismol, or other meds containing aspirin. Aspirin may be listed on a label as Acetylsalicylate, Acetylsalicylic acid, Salicylic, Salicylamide, or Phenyl Salicylate. For a complete list of medications containing aspirin go to [www.reyessyndrome.org](http://www.reyessyndrome.org). Aspirin is not recommended for people under the age 19 because it has been linked to Reyes Syndrome.

If you have any questions please call or send an email.

Sincerely,

Deborah Bennett Williams, LVN  
Bells ISD School Nurse  
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