

Week in Review

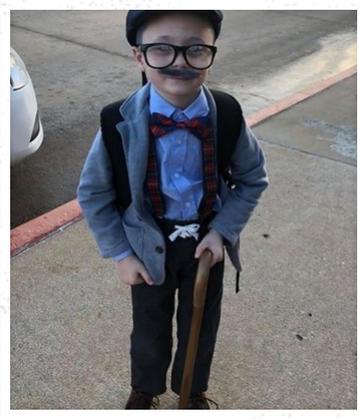
===== BELLS ISD FEBRUARY 7, 2020 =====

BY TRICIA MEEK, SUPERINTENDENT

THE IMPORTANT THINGS IN LIFE

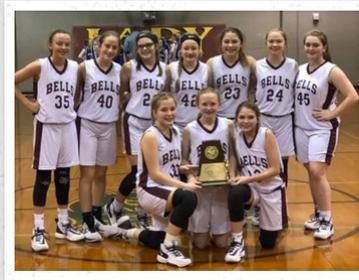
Recently, my husband attended a one-day men's conference with our church. That evening as he was sharing the events of the day and telling me about some of the great speakers he had listened to, he told me about one lesson in particular that really made him stop and think. Actually, it caused him to reflect back over the past twenty plus years and wonder as parents if we had done just one thing enough.....have family dinners around the kitchen table--consistently and thoughtfully. You see, what the speaker shared that day with the men in attendance is that gathering around the dinner table critically impacts the lives of children. While I am not going to go into all of the research and statistics he shared, I found it intriguing how this one simple gift that parents can give their children can drastically and positively influence the children for the rest of their lives. The speaker cited research that claimed scheduled family dinnertime at the table reduces depression in children, lowers the rate of obesity, lowers the risk of suicidal thoughts in children and teens, and deters criminal activity as adults. Each of the claims he made on the importance of family dinners was backed by extensive research, and I found it thought-provoking that this one simple act by parents is so powerful for children. The speaker never said the dinners have to be a four course meal, homemade, or a strain on the family budget. The impact has nothing to do with the actual meal itself. The value comes from the time spent together with family, around the table....talking, laughing, and sharing life together.

Life gets busy for families--quickly. Most parents juggle work and their kids' activities year-round, with little time at home, just to be together and enjoy family-time. Take time to stop and think about the importance of sitting down together, gathered around the table to have a meal. Unplug from technology and other forms of entertainment during this time and focus on conversing with one another. Plan this time together and make every effort to keep it on the schedule. Parents, later on when your children are grown, you will definitely be glad you did!



ANNUAL 100TH DAY CELEBRATION AT BES

Anyone walking the halls at Bells Elementary on February 7th was certainly in for a surprise! Instead of being greeted with giggly young girls and boys, guests in the building were surrounded by the elderly.....lots of small little strangers with gray hair, curlers, glasses, walkers, canes, and a variety of other "elderly" notables that were sure to stop a visitor to the elementary school dead in their tracks. Of course, these strange little characters were none other than our creative, precious little primary students celebrating their 100th day of school this year. This annual event brings lots of fun to the campus and definitely some engaging math, reading and writing lessons! Take a look at the BES Facebook page for pictures of these students and teachers.



PJH 7TH GRADE BASKETBALL CHAMPIONS

On Saturday, February 8th, Bells athletics hosted the junior high girls end-of-season tournament. Both the 7th and 8th teams did well and played tough games throughout the day. The 8th graders lost in a close match-up against Whitewright, earning them 3rd place in the tournament. The 7th grade team won their championship game against Van Alstyne. This team went the entire season undefeated. Congratulations PJH Lady Panthers.



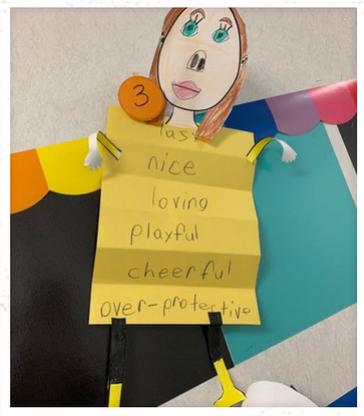
BHS SENIOR, JOSHUA DEEN NAMED TO ALL-STATE BAND

Joshua Deen, a member of the Bells High School, Panther Band, will perform with the Texas All-State Concert Band in San Antonio, Saturday, February 15, 2020 at the Henry B. González Convention Center as part of the 2020 Texas Music Educators Association Clinic/Convention. Joshua Deen was chosen for this prestigious honor through a competitive process held this year across the state at District, Region, and Area levels. Joshua is a student of Nathanael Holmes and plays at school under the direction of Jennifer Sewell who is a member of the Texas Music Educators Association, a 19,000+ member organization headquartered in Austin. This is Joshua's first time to perform as a member of a TMEA All-State organization. Joshua is the son of Scott and Jackie Deen.

FINE ARTS INSPIRATION CELEBRATION

On February 24th from 5:30-7:00, Bells Elementary is hosting a Fine Arts Inspiration Celebration! The event will feature musical performances by BES students and artwork

displayed throughout the building. There will be free coffee and hot chocolate provided for all. Come out and celebrate our BISD students and faculty.



2ND GRADE WRITING



**3RD GRADE SOLAR
SYSTEM PROJECTS**



**ENGLISH III: THE GREAT
GATSBY**