Addiction Counselor Competencies

Multiple Choice Identify the choice that best completes the statement or answers the question.				
	1.	Introduction: Transdisciplinary Foundations Regardless of the area of specialization, all additional foundation. A. True	ctic	on-focused disciplines are built upon a common False
	2.	 Which one of the following sets of knowledge a development of competency in the professional A. An understanding of a variety of models and theories of addiction B. An ability to recognize the social, political, economic and cultural context within which substance abuse occurs 	and trea C.	attitudes is not considered a prerequisite to the
	3.	While there are many areas of competency requaddictions treatment, having an interest in scient A. True	tific	treatment goals d of the professional for proficiency in the field of
	4.	It is important for the addictions professional to interventions in the treatment of substance use of A. True	liso	ve knowledge regarding medical and pharmacological rders. False
	5.	Self-awareness is one indication of Professional A. True		eadiness. False
	6.	Section 2: The Professional Practice of Addic The counselor's success in carrying out a practi following?A. Complete a degree in PsychologyB. Attain the competencies underlying that dimension	ce c	n Counseling dimension depends on his/her ability to do which of the Neither a or b Both a and b
	7.	Clinical Evaluation The clinical evaluation begins with this process A. Assessment B. Development of treatment goals	C.	Screening Making necessary referrals

 8.	An effective screening instrument should be set A. Age and developmental level		ve to which of the following? Gender
	B. Culture		All of the above
 9.	The results of this instrument are used to identify		
	A. Screening instrumentB. Assessment Instrument		The CAGE None of the above
	B. Assessment instrument	υ.	None of the above
 10.	Treatment Planning		······································
	At a minimum, the treatment plan should addre A. True		ne identified substance use disorder. False
	A. True	D.	raise
 11.	Appreciation of the strengths and limitations of under what category?	the	client and significant others is considered a competency
	A. Knowledge	C.	Attitudes
	B. Skills		All of the above
 12.	Intervention strategies is a competency knowle A. True	_	required under the treatment referral process. False
 13.	Knowing when and how to revise the treatment Planning.	pla	n is a competency skill that falls under Treatment
	A. True	B.	False
 14.	Referral The ability to establish relationships with local community at large represents a skill that falls A. True	with	
 15.	referral process.		erved represents a knowledge competency under the
 16.	A. True Service Coordination Which of the following is a component of servi		False oordination?
	A. Case management		Both a and b
	B. Client advocacy	D.	Neither a nor b

 17.	Implementing the treatment plan requires a known. True		dge of federal and state confidentiality regulations. False
 18.	• -	e co	nsidered a competency requirement under the treatment
	plan? A. To assure quality of client care	C.	To plan changes during the course of
	B. To gain client feedback	D.	treatment All of the above
 19.			g and other signs of treatment progress is an important part of
	the ongoing treatment planning process. A. True	В.	False
20.	The use of accepted treatment outcomes requir	es a	knowledge of which of the following?
	A. Reliability and validity of treatment outcome measures		Various addiction treatment theories
	B. Various assessment tools	D.	None of the above
 21.	Counseling Competency skills required as a counselor incl reflecting.	ude,	but are not limited to: active listening, paraphrasing and
	A. True	В.	False
22.	Recognizing client strengths is considered a c	comi	petency under which counseling category?
	A. Knowledge		Attitudes
	B. Skills	D.	All of the above
 23.	-	-	knowledge relating to the facilitation of the client's
	engagement in the treatment and recovery proc A. Stages-of-change models used in		Respect for client's frame of reference
	engagement and treatment strategies B. Assessing client readiness for change	D.	The use of culturally appropriate strategies
24.	1 8		
	Humor is not considered a counseling compete	•	
	A. True	В.	False

25.	Openness and flexibility in the choice of couns individuals within the group is an important co A. True	mpe	g strategies that meets the needs of the group and the etency attitude in group counseling. False
26.			le to conduct screening interviews of groups. The treatment
	program's support staff can perform this functi A. True		False
27.	Competent counselors have an attitude of inclugoals, ground rules and outcomes.	sior	n, involving group members in the establishment of group
	A. True	B.	False
28.	Knowledge of this theoretical model is conside		thers a competency requirement in the counseling of families
	and couples.A. Strategic Family TherapyB. Family Systems		Psychoanalytic Theory REBT
29.	Recognizing the roles of significant others with attitude.	nin t	he client's social context is considered a competency
	A. True	В.	False
30.	Client, Family and Community Education The counselor should have the skills necessary related to the use of psychoactive substances at A. True	nd it	educate clients, families and community groups on risks as prevention and treatment. False
31.	addictions counselor.		al programs is not the responsibility of the professional
	A. True	В.	False
 32.	The professional counselor should have knowle substance use disorders.	edge	e of the influence of societal and political responses to
	A. True	В.	False
33.	With regards to HIV/AIDS and other infectiou A. Health risks associated with substance use		seases, competent counselors should possess knowledge of: Factors that are associated with the prevention or transmission of infectious diseases
	B. Prevention and transmission of infectious	D.	

diseases

 34.	Documentation Under this competency, it is not considered a skill that the counselor be able to write legibly. A. True B. False
 35.	Essential elements of intake, screening and assessment reports include all of the following except: A. Substance use history, physical health, and C. Substance use history, social contacts and history of criminality B. Substance use history, sexual information and favorite football team D. Psychological, nutritional and legal information
 36.	The components of a discharge summary include which of the following? A. Client profile, demographics, presenting symptoms and diagnosis B. Selected interventions, critical incidents and progress toward treatment goals C. Outcome, aftercare plan, prognosis and recommendations D. All of the above
 37.	Professional and Ethical Responsibilities It is essential for counselors to have knowledge of continuing education and training methods that promote professional growth and to obtain knowledge of recredentialing requirements. A. True B. False
 38.	Professional development of counselors is the responsibility of the employing organization. A. True B. False