











DIETing_LAB

Digital Lab for Education in Dietetics combining Experiential Learning and Community Service E+DIETing_LAB

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INTRODUCTION

The general objective of this project is the improvement of the practical trainings in Dietetics Education and the promotion of a community/service-learning approach related to nutrition and healthy habits as a social responsibility of the university.

OBJECTIVES

SO1: to produce practical scenarios of EXPERIENTIAL LEARNING around the most relevant clinical cases and general practice of the community dietitian.

SO2: to produce educational technologies for training practical and INTERPERSONAL SKILLS in health issues related to dietetics.

SO3: to increase **SOCIAL RESPONSIBILITY** of the higher education institutions giving response to the third mission of the University and promoting healthy and sustainable eating habits.

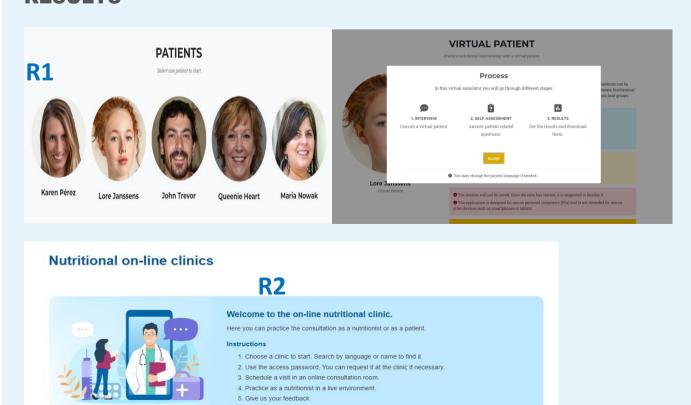
METHODS

R1 Self-learning tool: An educational digital software application that will provide students in a HE levels a practical course on Dietetics education without a supervision. The same tool will be useful for dietitians who want to improve his/her skills. The digital tool will present to the student different scenarios (real-based cases of patients) in order to generate an experiential learning experience.

R2 Service-learning and trainer's tool: Trainer's tool focused on the Dietetic Care Process (DCP) related to a Community Dietitian. In the lab, the learner will be able to interact with individuals (potential patients) in a supervised mode due to the teaching staff.

R3 The Multiplier Toolkit: Set of documents dedicated to incentive and facilitate the use of the digital tools and data analysis

RESULTS



TARGET GROUPS

- 1-University students in dietetics education.
- 2-Dietitians.
- 3-Higher Education teachers.
- 4-Higher Education board members.
- 5-Health Policymakers/Public Administrations/National Dietetic Associations.