

**Adult Panadol****Panadol Cold Relief  
PE**

Panadol Cold Relief <sup>PE</sup> is a non drowsy formula for fast\* and effective relief of cold and flu symptoms.

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## Overview

### What does it relieve?

**Fever**  
**Headaches**  
**Body aches**  
**Blocked nose**

### What's the format?

Caplets  
Caplets are oval shaped, as well as film-coated, making them easier to swallow and leaving no bitter aftertaste.

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Non Drowsy, Effective Relief of Cold and Flu Symptoms

Active ingredient: 500mg Paracetamol, 5mg Phenylephrine HCl

## How To Use

Place caplet(s) in mouth and swallow with water.

### Dosage

Ages	Dose	How often
Adults & children over 12 years	2 caplets	Every 4-6 hours as necessary, do not exceed 8 caplets in 24 hours

Do not take with any other products containing Paracetamol and/or Phenylephrine or other medicines for the relief of cough and cold, congestion or blocked nose.

Not recommended for children under the age of 12 years, except on the advice of a doctor.

If symptoms persist after 5 days, seek medical advice.

*\*Individual response varies*

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