



EGYESEK YOUTH ASSOCIATION

FACILITATE THE CHANGE RELOADED

A comprehensive training program for facilitators
with 3 Erasmus+ training courses in Hungary

ARE YOU A FACILITATOR READY TO EXPERIENCE SOMETHING NEW?

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The knowledge that is not shared is doomed to fade into oblivion, and a methodology that is not taken by others will be outdated and fossilized.

For over **20 years**, Egyesek has been designing and delivering training courses and youth exchanges in the field of European youth work based on a unique, unusual approach, springing from 2 core beliefs:

- **Comprehensive development** – professional improvement is only possible through personal development, as they are parallel, interconnected processes;
- **Integral learning** – we use a blend of both formal, informal, and nonformal methods, which allows us to use education fully instead of being limited by conventional labels and boundaries.

We are organizing this unique program for **the fifth time**, with the aim to pass on our experiences and unique methodology to a new generation of facilitators.

FOR WHO?

This is an exclusive program for those active in youth work in Europe; particularly those who work with groups as facilitators (trainers, educators, youth leaders, NGO members and staff).

THE PROGRAM IS FOR PEOPLE, WHO...

- have led youth programs* before
- are able to clearly communicate in English (intermediate level)
- will facilitate activities within 6 months after the program
- have a portfolio of youth programs they led
- are above 18 years old

*By youth programs we mean educational activities organised for groups of young people (e.g. youth exchanges, workshops, training courses, workcamps, E+ or ESC programs, etc.)



SELECTION

We aim to gather a group of participants with **varied backgrounds** and **levels of experience**. This will enhance the informal learning process, through the sharing of knowledge and skills between participants.

Priority will be given to those who **commit to the 3 training courses** as we believe maximum learning impact will come from attending as much of the whole learning cycle as possible.

As we are aiming for a greater impact, we will also prioritize applicants who already **have or are part of an active youth organisation** where they can implement educational activities.



WHAT CAN YOU EXPECT?

The elements of this professional program are designed to cater to different needs, the three trainings build on each other while having the flexibility to be applied separately.

3 RESIDENTIAL TRAINING COURSES WITH A CERTIFICATE UPON COMPLETION

Basics of facilitation

[November 2024]

Self-coaching

[March 2025]

Masterclass

[September 2025]

- tools for facilitation, coaching, and training
- reading a group, mapping group needs
- impactful use of non-verbal communication
- creating atmosphere for optimal learning
- embodied coaching, group coaching
- advanced group dynamics
- basic NLP* methods and tools

The possibility to join the Egyesek Trainers' Hub, an evergrowing community of educators all over Europe, who have been through the educational cycle of Egyesek – meetings, support, partnerships, innovation

CYCLE BUILD-UP

The design of the educational content is need-based: we start from a pre-designed curriculum while keeping the flexibility to accommodate your learning needs as a participant.
Each of the training courses will address a different focus.



THE BASICS

The training to gain skills and get familiar with approaches for efficient group processes.

19-27 NOVEMBER 2024



SELF-COACHING

The training on personal development and self-reflection to find a purpose in working with groups.

9-16 MARCH 2025



MASTERCLASS

The training to put into real-life practice the competences attained in the previous 2 steps.

3-11 SEPTEMBER 2025

METHODOLOGY

We work out of **integrity**: we will provide you with the same **methodology, elements**, and **learning culture** that we use in **our educational approach**. By walking the talk, we create the opportunity for you to learn by real-life examples and experience the magical effect of this methodology on learners.

Experiential learning or **learning by doing** is the main aspect of our methodology.

We will provide several inputs, activities and moments for reflection, it is up to you to make the links with your background. We have no expectations on what or how you should learn. This training is there for you to learn what you want to learn and to draw your conclusions, so you can implement it after the training course is over. By using this method we give you the stage where you can truly be **the creator of your own experience**.

Springing from this main method we'll use other approaches:

- Embodied awareness
- Outdoor learning
- Peer learning
- Group coaching, confrontational coaching
- Learning by submerging

BEHIND THE SCENES

AFONSO BÉRTOLO

Afonso is an experienced trainer, youth worker and project manager, with a background in Clinical Psychology (Master degree).

Since 2009 he has been involved in youth work, project management and community intervention in several international contexts around the world.

In practical terms, and within the frame YiA/LLP/E+, he has led training courses and youth exchanges, and has coordinated and mentored volunteers facing fewer opportunities.

Outside this frame, he has been involved in personal development and coaching programs across Europe, plus grassroot work/community development and HIV/AIDS counseling for healthcare works in West Africa.



Together with Afonso, there will be an international team of different trainers for each training course, each of them having different backgrounds and expertise.

The expert team of the project involves:

- learning and development experts,
- psychologists and mental hygienic helpers,
- youth workers,
- and NGO leaders.



FINANCES

The project is co-financed by Erasmus+. Accommodation, food and program costs are fully covered by the organisers. The travel costs of individuals will be reimbursed*, according to the financial rules of Erasmus+.

There is a contribution to be paid by selected participants before the training courses: 65 € / training course.

You can apply for a funded spot if you reside in one of our partner countries: Estonia, Greece, Georgia, Portugal, Italy, Serbia or Hungary.

If you are a resident in another Member States of the EU, or associated countries and partner countries, you can still apply for the open call, and we will support you with finding a partner organisation. ([Click here](#) for more information)

*About the travel reimbursement, the selected participants will receive all necessary details.

THE VENUE – CREATIVE SPACE

All three residential training courses will take place in Creative Space Training Center, in Hollókő, Hungary. This is a 3-level stone building with 4-5-6 bedded rooms, with shower and toilet en suite. Bed linen will be provided. You can also find the training room, dining area, common social areas in the building, and a big garden around. Creative Space is in Hollókő, a village that is part of UNESCO's World Heritage Sites.

More details and information on the venue and how to reach it will be included in the confirmation letter that will be sent to participants after their acceptance.





APPLY NOW!

**CLICK ON THE BUTTON BELOW AND APPLY
UNTIL THE 10TH OF OCTOBER 2024**



*DISCLAIMER! In the application form, we are curious of your personal experiences, perspectives and reflections. As such, we ask you not to use any AI support for the application. Applications will be screened thoroughly, and any applications using ChatGPT or other AI will be automatically disqualified.

CONTACT INFO

In case of any questions, please feel free to contact us!



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**Co-funded by
the European Union**