Training course in Hungary

Step In!

A HANDS-ON TRAINING COURSE FOR WORKCAMP AND GROUP LEADERS

egyesek

19-25 March 2027

Hollókő, Hungary



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Would you like to better support others, strengthen your leadership skills, and feel more confident when facing unexpected situations?



From our own experience, we know how many challenges can arise when stepping into a leadership role in international projects. Feeling lost, limited, frustrated, or even helpless is part of the process. The bad news? This won't magically disappear there are no universal solutions. The good news? With practice, reflection, and the right tools, it gets easier, clearer, and more rewarding.

What helped us, as professionals with more than 10 years of experience in the field?

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Developing our capacity for self-reflection, expanding our practical toolkit, and applying what we learn again and again. If you're looking for fixed answers or ready-made models, this TC might not be for you. In our own learning journeys, practice came first—models only made sense later. Experience gives meaning to theory. That's why this TC offers a hands-on program full of simple, practical tools, balancing playfulness and challenge to keep the learning engaging and real.





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PROPOSED OUTCOMES

- Increased self-awareness and a better understanding of how your mindset and actions shape your results
- A stronger ability to connect with others
- Simple and effective tools for clear and authentic communication
- More conscious responses to unexpected situations, instead of automatic reactions

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The program is divided into several blocks:

1. First steps

- Arriving and connecting as a group
- Mapping our current reality
- Setting personal learning goals
- Creating support systems



2. Awareness

- The impact of judgements – on others and on ourselves
- Identifying personal communication patterns
- Adjusting communication to create a desired impact

3. Building bridges

- Communicating ideas clearly and effectively to diverse audiences
- Using body language, voice, and words to help others feel heard
- Leading meaningful, productive conversations with simple and powerful techniques

4. What if?

- Working with real-life case studies from international youth projects
- Exploring strategies and solutions for unexpected situations





5. Final steps

- Next steps and future actions
- Creating partnerships for support
- Closing the program

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BEHIND THE SCENES

AFONSO BÉRTOLO

Trainer, facilitator and educational consultant, with a master's degree in Clinical Psychology.

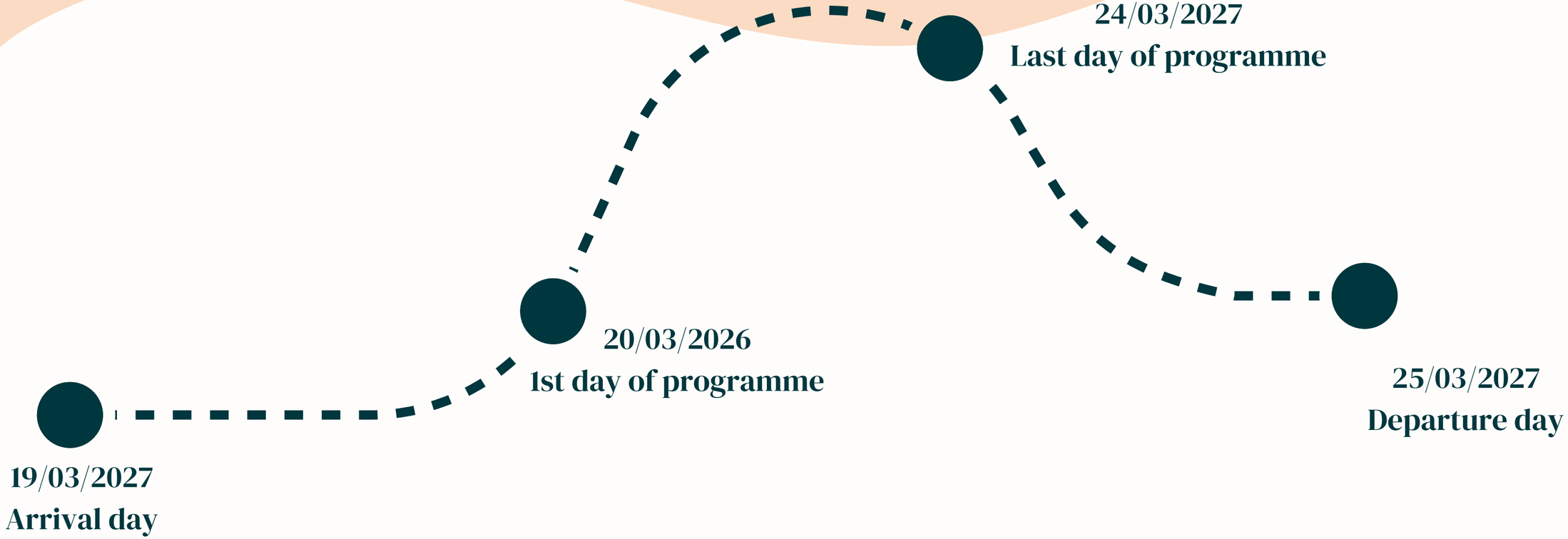
"While studying for my master's degree, I came across theater and it made me realize the power of individuals coming together, sharing meaningful experiences, and becoming a creative community.
Since 2009 I have been involved in non-formal education, NGO consultancy, and community development across Europe and in West Africa.
My main areas of expertise are personal development, impactful communication, embodied coaching (somatic/body awareness methods combined with a coaching approach), and educational program design.
My core values are love, creation and inspiration."



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Dates

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The programme will take place in Creative Space,
HOLLÓKŐ, HUNGARY

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Finances

The project is co-financed by Erasmus+. Accommodation, food and program costs are fully covered by the organisers. The travel costs of individuals will be reimbursed*, according to the financial rules of Erasmus+.

There is a contribution to be paid by selected participants before the training course: 55 €.

***About the travel reimbursement, the selected participants will receive all necessary details.**

***Travel reimbursement is only possible to the limit provided by the Erasmus+ Programme.**
10-99 km > 28 € | 100-499 km > 211 € | 500-1999 km > 309 € | 2000-2999 km > 395 €

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Apply now by clicking here

until the 5th of March 2027!

The project is organised by Egyesek Youth Association and is supported by the Erasmus+ program



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