

# ESC PROJECT IN CRUC- ESCAMN

## *Rural and youth development*

CRUC

COORDINACIÓ RURAL DE CATALUNYA



Activity dates: 01/02/2025 – 31/08/2025  
(7 months)

Place: Solsona, Catalonia

Number of volunteers: 1

Hosting organization: CRUC-ESCAMN

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Coordinator organization: COCAT

**APPLICATIONS DEADLINE:**

**02/12/2024**

## ABOUT CRUC-ESCAMN

### The hosting organization

Coordinació Rural de Catalunya, CRUC-ESCAMN, is a non profit educational organization which works to develop the rural world in Catalonia, with European and international programs.

CRUC is a member of ENOS ( European Network of Outdoor Sports), *Consell Nacional de la Joventut de Catalunya* (CNJC) and COCAT. CRUC has a team of people committed and excited to make a better world, especially in rural areas.

The organization has its own training school ESCAMN (*Escola Catalana de Medi Natural*), with the aim of training children and young people in the knowledge of the natural environment, and encouraging a conscious personal growth linked to the environment and the territory.

It is a strategic tool for dynamism, training and structuring in the field of leisure time and the natural environment.

# ABOUT CRUC-ESCAMN

## The hosting organization

### Mission:

Educate and train children and young people, contribute to the improvement of the environment, involve them and promote the discovery of the immediate environment, and transformative will to commit to the country and values.

### Values:

Commitment, responsibility, solidarity, tolerance, participation, honesty and sustainability.

### Work:

To educate and train kids and teenagers about outdoor activities, to respect, enjoy and learn about natural the environment. To develop youth policies. To teach youngsters to be ready to work.

### Vision:

To be an organization that is characterized by educational quality, close and personalized treatment to the needs of the territory and area.

To carry out avant-garde educational projects and to establish synergies of dialogue and collaboration with local institutions and entities of the different territories.



CRUC and COCAT are concerned about inequalities and environmental issues, that's why:

- We support youngsters with fewer opportunities so that they can also participate in these experiences.
- We promote sustainable practices both in the projects in Catalonia and in the travels our volunteers do for their projects.

## ABOUT COCAT

### The coordinator organization

COCAT is a platform organization of international work camps organizations in Catalonia. It gathers Catalan entities that implement activities in the social-educational field.

Our main goal is to promote international volunteering, understood as a tool for personal and community development and social transformation.

We promote international volunteering mainly in 2 ways:

1

Sending Catalan volunteers to the world to do work camps, mid and long term projects, ESC projects, training, youth exchanges...

2

Hosting international volunteers in the work camp projects that our member organizations organize in Catalonia.

# ESC IN CRUC-ESCAMN

The role of the volunteer who will participate in our ESC project

Support tasks, actions and initiatives in CRUC-ESCAMN

Support the leaders and prepare material for the activities of ESCAMN (Outdoor Activities Catalan Base School), addressed to kids between 4-14 years. The volunteer will travel and work around different members's centers.

Support the leaders in the summer activities as work camps or summer camps, addressed to local kids and teenagers. These activities are taking place in different Catalan villages in the territory.

Prepare a report about its experience to *Ruraltia* magazine.

Preparing and delivering informative speeches to youngsters.

Educate youngsters during outdoor activities and train them how to respect, enjoy and learn about the natural environment. The volunteer will work according to local youth policies and will support the youngsters to be ready to work.

Participation in the evaluation process of all the activities done.

**Training:** according to the ESC program, volunteers will attend the Welcome and Mid-term training, organized by the National Agency.

**Personal project:** the volunteer will have the opportunity to develop a personal project, in collaboration with the other ESC volunteers.

# Practical parts of the project

**Working hours:** 30 hours per week. Volunteer will get two consecutive days off per week (Sunday and Monday) accorded previously with the hosting organization.

**Accommodation and transport:** Volunteer will live in an apartment located in Solsona near the city center.

To move from Solsona to the workplace, volunteer will use the bus and will receive an interurban card to move around. Cars driven by a CRUC's members are also available.

**Pocket money:** volunteers will receive pocket money for personal expenses throughout the duration of the activity, including holidays.

**Insurance:** volunteers will get covered throughout the activity period by the obligatory European Solidarity Corps insurance plan (Henner) that the European Commission set up.

This coverage is only complementary to the mandatory coverage of the **European Health Insurance Card (EHIC)**, which volunteers must obtain prior to departure.

In certain cases, when national rules deprive participants from coverage under EHIC for the duration of the placement, Henner will provide full coverage. However, you must provide proof that obtaining the EHIC in your case was not possible.

## Language courses

The volunteers will have access to EU Academy, and will be encouraged to enroll in Catalan lessons. **We also recommend that the participants start practicing Spanish prior to their arrival in Solsona, in order to get better at the language.**

# Profile of the volunteer

Person interested and having experienced to work to lead projects addressed to kids and teenagers

Open mind, flexible, team work

Interested to live in a rural area. Solsona is a small village about 10.000 inhabitants

A lot of motivation to join the activity and pro-activity

## WILL BE POSITIVELY VALUED:

- Having participated in a work camp or in other international youth projects (youth exchanges, training).
- Good Spanish knowledge.
- Will to learn Catalan and ability for foreign languages.
- Experience, interest in communication and social media.

# HOW TO APPLY?

Please take your time and fill in **THIS FORM** online.

**APPLICATIONS DEADLINE:**

**02/12/2024**

After selection, during **DECEMBER 2024**, we will **ONLY CONTACT** the pre-selected candidates.\*

\*Meanwhile, look for a sending organization of your country and inform them that you're about to start a selection process, so that they can answer quickly if you get accepted into the project.

We will consider candidates from member States of the European Union, third countries associated and third countries not associated to the Programme, who fill in the form properly.

**Good luck!**