

YOUTH 1st



About Youth 1st

*Working together to support youth groups
and organisations in Fife*



Established over 75 years ago, Youth 1st is the leading support agency for youth organisations, youth groups, youth workers, volunteers and young people in Fife.

Each year, a number of youth groups and organisations become members of Youth 1st. We currently have approximately 6000 members throughout Fife attending over 175 different youth groups and organisations. Most of our member groups are organised and run by volunteers.

Youth 1st offer innovative and essential training for youth workers such as Awards, Child Protection, Conflict Resolutions, First Aid and Girfec. We also provide a programme of fun and informative opportunities and activities for young people including training workshops, sports tasters, networking events, activity weekends and much more.

Our dedicated and committed team (both paid and voluntary) provide a support service to all our member groups including access to the PVG Scheme, advice, support and assistance with programme planning. We have also developed excellent, innovative youth work initiatives, such as 'Driving4Success' and 'B:activ' and continue to develop new ideas with a forward thinking approach.

We aim to have as many young people, volunteers and youth workers as possible participating in our programme. The following information highlights the key services we provide.

Networking and Support

Youth 1st regularly visit and keep in touch with youth workers and young people via group visits, networking events and email distribution. We produce regular e-bulletins via the VYN project which keeps all our members and contacts up to date with news, training and funding within the network. We also send out regular 'What's On' emails about forthcoming events and training. We have over 500 likes on our Facebook page and encourage our members to make use of our E-bulletins, Facebook and website to promote their resources and services.

We also provide a comprehensive support package to our current membership and potential new youth groups. We aim to promote voluntary youth groups as much as possible and complement provision from Fife Council and other agencies in Fife.

Through our unique network, we organise and offer opportunities to our members, volunteers and voluntary youth organisations to participate in conferences, seminars and networking events which interest and inform them. We also collaborate with other agencies in providing the same.

PVG Scheme

Youth 1st have a system in place to assist groups with the PVG Scheme process. All newly recruited volunteers and paid staff must apply to join the PVG Scheme before working with young people and vulnerable adults. For more details about this system contact the Youth 1st office.

Youth Scotland Network & Insurance

As part of their membership our members also join the Youth Scotland network. The national network provides access to a variety of opportunities including a comprehensive insurance package which has been developed to suit the youth club setting.



Activities and Training for Young People

Youth 1st provide a range of activities for all young people. We organise an exciting programme particularly aimed at 8 to 14 year olds and 15 to 18 year olds.

We have developed the 'B:activ' project which brings together all the physical activity training and events for young people and young volunteers. This project will include the Sports Leaders UK Go Lead and Young Leader Awards, sports tasters, games nights and other fun events which promote physical activity and healthy well being.

We provide other fun sessions including Quiz Nights and Arts and Crafts. Our member groups can also access our services for their school holiday programmes and much more.

A range of informal training for young people including First Aid Ready, Introduction to Leadership and other informative and fun training topics is offered throughout the year.

We also offer young people the opportunity to take part in our 'Driving4Success' programme. This is a unique pre-learner road safety programme and can be adapted to meet individuals or group needs.

Youth Workers Menu of Training

We organise informal training workshops for volunteers, youth workers and others working with young people. Workshops include Awards, Basic Child Protection, Child Protection officer Training, Conflict Resolutions, First Aid Ready, Games, Girfec, Programme Planning and much more.

We also work in partnership with Fife Council and Youth Scotland to organise and deliver PDA in Youth Work course which is a SQA accredited qualification for youth workers.

We tailor our training menu to meet the needs of youth workers from across Fife, use qualified trainers and/or work in partnership with outside agencies to deliver quality and informal training.

Completion Certificates & Awards

All our activities and training events for both young people and youth workers/volunteers come with a completion certificate. On completion of an First Aid Ready course participants will receive a 3 year certificate. Participants who complete the Sports Leaders UK programme will receive a Go Lead Certificate or a Young Leader certificate awarded by Sports Leaders UK. Participants who take part in Driving4Success now have the option to work towards a Dynamic Youth Award.

We can also assist with Dynamic Youth Awards. This award is aimed at 10 to 14 year olds and is free of charge for member groups (membership to Youth 1st & Youth Scotland). We also encourage all our members to use the Youth Achievement Award Scheme which is administered by Youth Scotland (minimal fees). As part of your membership you can access Youth Achievement Award support from our staff team.

For further details about our services, training menus and activities please email admin@youth1st.co.uk or contact Youth 1st on 01592 645355.



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