

## Job description

# **Peer Recovery Worker**

Part time (12 hours per week) Fixed term, 1 year post.

For 50 years, Cyrenians (a Scottish Charitable Incorporated Organisation (SCIO), registered charity number SC011052) has served those on the edge; working with the homeless and vulnerable to transform their lives.

Our Vision is an inclusive society in which we all have the opportunities to live valued and fulfilled lives. We work to make that vision a reality though our Mission to support people excluded from family, home, work or community on their life journey.

We aim to offer consistently excellent service across all locations and in all our activities. Our way of working is built on our four core values:

**Compassion**: We believe that everyone should have the chance to change, no matter how long that might take.

**Respect**: We believe in tolerance, acceptance, valuing diversity and treating each other as equals.

**Integrity**: We are committed to the highest quality of work, grounded in honesty, generosity, sincerity and professionalism.

**Innovation**: We are willing to take risks, challenge convention and be very creative in our search for new ways of working, in particular by taking account of the environmental impact of our decisions.

#### 1 General

Cyrenians provides a number of services in Falkirk which support people from a range of backgrounds to engage in meaningful activity.

Our current activities include:

- Lighthouse Service which was developed in partnership with the Falkirk Community Justice Partnership to identify and address the specific barriers people involved in the criminal justice system might have when accessing volunteering, training and employment opportunities.
- Peer mentoring service which supports men and women who are or have been involved in the Criminal justice System.
- Our employability services which offer a range of training activities for people, including those far from the labour market, to move further towards employment.
- Dollar Park Walled Garden which provides an opportunity for people involved in the criminal justice system to support the development and maintenance of a community garden.

Cyrenians Falkirk Peer Recovery Service is a new project which will provide support to people who are recovering from addiction and breaking down stigma.

The project will build on our experience of delivering peer led services by providing activities for people who are recovering from addiction within the Falkirk area. The primary focus of the project is as follows:

- To build on the work and activities being delivered by other organisations within the Falkirk area to people in recovery.
- To develop, promote and facilitate 3 recovery focussed group activities each week creating space for people in recovery to come together and participate in informal peer support with one another.
- Support people to progress and sustain their recovery by reducing isolation through activities and networks.

The project will be led by two Peer Recovery Workers who will use their own experience of recovery to support others.

## 2 Tasks and Responsibilities

## Map and create links with existing providers of recovery activities

- Ensure that our recovery activities compliment those provided by other organisations.
- Create a contact list / directory of existing providers and their services.
- Share details of and promote Cyrenians recovery activities to service users and relevant organisations within the Falkirk area.
- Identify opportunities for fellowship/mutual aid to be hosted within our premises.

#### **Develop a weekly recovery Community Cook Club**

- Primarily making use of our FareShare produce, plan a weekly opportunity for people to prepare and share a meal together.
- Promote a healthy food option, taking the opportunity to explain the benefits food can bring to health and wellbeing.
- Ensure that food preparation is in line with all health and safety requirements.
- Make use of the knowledge of Cyrenians Cook Club Coordinators and any available resources.

#### **Develop a weekly music group**

- Plan and promote a weekly music group.
- Identify additional instruments which people are interested in and seek donations
- Create an opportunity for people to showcase their musical talents at a one off event in Dollar Park Walled garden.
- Review and adapt this group should the recovery community identify a desire to pursue something other than music.

#### **Develop a new recovery activity**

- In consultation with users of the service, identify an appropriate new activity.
- Encourage people, who may not have previously have had the confidence, to get involved.
- Promote the new activity within the recovery community
- Liaise with other providers to explore any opportunities for them to host/facilitate a new recovery activity.

#### Participate in own learning and development

- Participate in Cyrenians food hygiene training
- Complete an SVQ in Building own Employability Skills (delivered internally)
- Participate in 6 weekly support and supervision, and be willing to reflect on your own (and where appropriate) others practice.

### Monitoring and reporting

- Collect accurate data on uptake and attendance.
- Input data on Cyrenians data management system.
- Ensure users of the service are able to feedback about their experiences and make suggestions.

#### **Values and Practice**

- Ensure support is delivered in line with Cyrenians values
- Ensure confidentiality is adhered to, and that safeguarding procedures are understood

### Additional tasks and responsibilities

- Attend internal meetings and staff forums
- Any other task and activities deemed appropriate

## 3 Person Specification

Knowledge and Experience	
Lived experience of drug and/or alcohol addiction	Essential
Established recovery, including free from illicit drug use and or	
problematic use of alcohol for at least 12 months.	Essential
Committed to the concept of recovery and a champion of the	
Recovery Community	Essential
Ability to inspire hope, support recovery and make a difference	Essential
Experience of working/volunteering with people who have	
experienced addiction	Desirable
Previous experience of facilitating group work or delivering	
training	Desirable
An understanding of substance misuse services in the local	Desirable
area	
An understanding and active participation in mutual aid	
recovery	Desirable
Values and attributes	
Respectful, Compassionate, Innovative and with Integrity	Essential
Ability to work as part of a team	Essential
A commitment to continuous improvement	Essential
Excellent organisational & time management skills	Essential
Excellent verbal communication skills	Essential
Patient and respectful of all people, whatever their background	
or presenting behaviour	Essential
Conscientious, practical, committed and hard working	Essential
Flexibility, tenacity and willingness to go the extra mile	Essential
Positive thinker and creative problem solver	Essential

### 4 Terms & Conditions

<u>Employer:</u> Cyrenians

Accountability: Cyrenian Board of Trustees (via Cyrenians Chief

Executive)

Line Manager: Senior Community Justice Worker

Liaison with: Local addiction support services throughout the Falkirk

area, wider Cyrenians Falkirk Services.

Workplace: Arnotdale House, Dollar Park Falkirk

Working Hours: 12 hours per week (including two evenings)
Annual Leave 25 days plus 10 public holidays (pro rata)

<u>Salary:</u> £9.00 per hour (Living wage rate)

Pension: Auto-enrolment into Qualifying Workplace Pension

Scheme (QWPS) which is a Group Stakeholder Pension Scheme – current contributions being 5% employee and

3% employer. Option of enhanced Employer

contributions to the same QWPS of 6% initially, rising to 9% after 2 years and 12% after 5 years (subject to

employee contributions of 6%)

Funding: This post is funded for 12 months
Disclosure: PVG Scheme membership required

## 5 Application deadline and Interview dates

Closing date: 12 noon on Tuesday 23<sup>rd</sup> April

<u>Interview date:</u> Thursday 2<sup>nd</sup> May 2019 <u>Second stage</u>: Monday 6<sup>th</sup> May 2019

Please refer to the Recruitment Information leaflet for further information on completing and submitting your application form.