

## Larkhall & District Volunteer Group

LDVG is a voluntary organisation, formed in 1994 to provide a friendly chat on the phone to elderly, disabled and housebound people.

The services provided have been expanded to meet recognised needs within the local community. We welcome enquiries about our services, both from people who would find them helpful and from potential volunteers who could help us deliver them.

### VOLUNTEERING

As we grow, so does our need for help. If you can spare some time to assist in any way, please get in touch. We are always happy to have an extra pair of hands to help and you would be made very welcome.

**What does it mean to volunteer?** There are many benefits to volunteering which include: making a difference to your community; getting to know new and interesting people; having a sense of belonging; doing something that is enjoyable, rewarding and often inspiring; having the opportunity to share your skills and knowledge.



**LDVG** are keen to speak to anyone in the community who may wish to join us either as a volunteer, member or committee member.



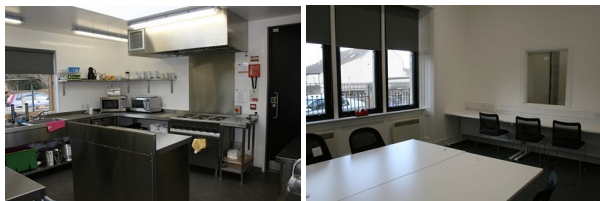
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Website: [www.ldvg.org.uk](http://www.ldvg.org.uk)

Registry House  
55 Victoria Street,  
Larkhall ML9 2BL

Scottish Charity: SC028557 Company No: 203087



# Together for the Community ...



## ROOM HIRE

We have several rooms for hire to the community, including IT facilities, small & medium meeting rooms, a large hall and a fully fitted catering kitchen - suitable for small to medium community groups.

Charges start at £15 per hour and vary according to size.

## COMMUNITY TRANSPORT

Minibuses are available for community groups to hire (fitted with tail lifts). Available with a volunteer driver or as self-drive.



## CITIZENS ADVICE DROP-IN

Hamilton Citizens Advice Bureau run fortnightly drop-in clinics on an alternate Wednesday and Friday – check our website for the next date.

# What's On

## LUNCH CLUBS

LDVG - Mon, Tues, Thurs 11am till 1.30pm

Strutherhill - Mon, Thurs 11.30am till 1.30pm

Hareleeshill - Wed 11.30am till 1.30pm

Quarter - Tues 1pm till 2.30pm

## CALL LINE

Our call line volunteers provide members with a phone call each morning, Monday to Friday, for a chat, and to check they are OK.

## TRANSPORT

We rely on our volunteer drivers and escorts to help us provide transport (using our wheelchair accessible minibuses) to take people to and from Lunch Clubs or on a variety of other trips and outings.

## HANDYPERSON SERVICE

We run a *free* service with jobs carried out by volunteers. This service is designed to help people who are unable to complete small, non emergency tasks in the home.

## THURSDAY NIGHT GROUP

This group meets every Thursday from 6-8pm. Members come together socially for a cuppa, a blether and a variety of activities.

# Activities

## I.T. CLASSES (Varies)

For beginners. Start with the basics and learn from there. Help open up a world of information and fun, find out about your hobbies, catch up with relatives, buy online etc.

## GENEALOGY GROUP (Mondays)

Find out about your ancestors. Join our fun and enthusiastic group and start tracing your family tree.

## WALKING GROUP (Tuesdays)

Join us for a leisurely walk locally or further afield. Enjoy an afternoon out in the company of friends, old and new.

## EASY EXERCISE (Thursdays & Fridays)

Light exercise to help get you fit and assist with strength and balance, while enjoying great company.

## GARDENING GROUP (Wednesdays)

Indoor and outdoor gardening and craft activities to suit the seasons. Potter around in our raised beds and help keep our outdoor area looking beautiful.

## MONTHLY TEA DANCE (Varies)

A fun filled afternoon, with tea, sandwiches and delicious home baking followed by live music, dancing and a blether.

## MONTHLY FOOTBALL CLASSICS (Varies)

Share your love of football, football related stories and experiences, watch classic games, visit a stadium, etc

Email  
[admin@ldvg.org.uk](mailto:admin@ldvg.org.uk)

Telephone  
**01698 888893**

Website  
[www.ldvg.org.uk](http://www.ldvg.org.uk)