

#### JOB DESCRIPTION

### **JOB DETAILS**

<u>Job Title:</u> Project and Development Officer (20 hours per week)

MATERNITY COVER – September 2019 – October 2020 (flexible)

Salary: £26,000 p.a., pro rata

Location: get2gether office at Thistle Foundation, EH16 4EA

### **JOB PURPOSE:**

get2gether is an organisation which is based on the fundamental principle that:

### 'WE ARE THE LEADERS OF OUR OWN LIVES'

Love and friendship are basic human rights which should be available to all.'

"Research shows that adults with disabilities are less self-determined than the rest of the population. This does not, however, reflect the capacity of people with disabilities to become self-determined. The research clearly shows that given appropriate opportunities, people with disabilities can also lead a self-determined life." US Department of Health and Human Services, 2005

Get2gether uses a mentoring and coaching approach to encourage adults with disabilities to self reflect, take responsibility for their own actions and to lead their own lives. We know adults with disabilities have the same range of emotional experiences as everyone else.

We run events, develop courses and create other opportunities that enable social connection and personal development.

We are currently seeking to appoint a temporary Project and Development Worker to implement, develop and evaluate the work currently being done by the post holder. The post is a maternity cover until November 2020 funded by the National Lottery and Scottish Government.

### JOB DESCRIPTION:

get2gether has been offering social opportunities for adults with disabilities since its formation in 2013. In 2017 get2gether began looking at ways to encourage members to to live more self-determined lives.

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c/o Thistle Foundation, 13 Queen's Walk, EDINBURGH, EH16 4EA

admin@get2gether.org.uk – 07867 179023 A Scottish Charitable Incorporated Organisation (SCIO) SC043027









Working with Thistle Foundation get2gether has developed a 'Live Your Life' course based on Thistle Foundation's Lifestyle Management course which uses solution focussed therapy and asset based approaches.

This role will use the existing Live Your Life course and further develop it with two founding agencies of get2gether – Garvald Edinburgh and Elcap.

"Self-determined people are directors and actors in their own lives instead of being acted upon by others."

Martin and Marshall, 1995

#### Line management:

The post holder will be line managed by the Project Manager to whom s/he will be directly accountable.

#### **KEY TASKS**

To research, implement and trial reflective group work for adults with disabilities.

This will include, but may not be limited to:

- Run and develop a group work programme to encourage self-determination in adults with learning disabilities
- Recruit a pilot group from Elcap and Garvald Edinburgh
- Implement the programme
- Evaluate the outcomes
- To encourage members to develop self-determination skills
- To work with members in a way that models best practice and is in line with the values of get2gether
- To attend events where necessary as well as the Steering Group
- To link with partners in order to identify opportunities for joint working
- To monitor the project and evaluate to handover to post holder
- Development of employment opportunities for members

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#### ADDITIONAL INFORMATION ABOUT THE POSITION

Hours of work will be agreed with the Project Manager. They will fit the needs of the charity and be responsive to the post holder's circumstances.

The post holder will be eligible for 6 weeks (pro rata) annual leave.

get2gether applies to Disclosure Scotland for disclosure on appointment of all employees, in compliance with the national PVG (protection of vulnerable groups) Scheme.

As this is a maternity cover this job description will be reviewed during months 3 - 6 following appointment. The post holder will be engaged in the review which may lead to amendments to ensure the job description meets the developing needs of get2gether.

This job description was compiled in June 2019

### **Person Specification**

Do you have direct experience of working with adults with disabilities? Do you have excellent training and group work skills? If you do, then we would like to hear from you!

The successful candidate will evidence:

### Skills

- Be able to work autonomously and prioritise workload
- Direct experience of working with adults with disabilities based on person centred approaches (E)
- Proven research skills (E)
- Ability to maintain confidentiality (E)
- Solid communication skills (E)
- Extensive experience of group work with adults with disabilities (E)
- Knowledge of solution focussed therapy and asset based approaches (E)
- Pro-active can-do attitude to get things done (E)
- Willingness to review performance and to undertake continuous learning (E)
- Commitment to promoting the aims of get2gether for people with disabilities (E)

## **Education**

• Educated to degree level or equivalent (E)

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• Knowledge of get2gether or issues facing adults with disabilities (E)

## **Previous experience:**

- Experience of working with adults with disabilities (E)
- Academic research (D)
- Facilitation of group work (E)

### Attitude and personality:

- Commitment to person-centred and self-determination practice and individual rights (E)
- Efficiency in meeting deadlines (E)

### Other:

- Willingness to work flexible hours including weekends and evenings when needed (E)
- Willingness to contribute towards sourcing income to sustain the project (D)
- Access to own transport (D)
- (E) denotes Essential
- (D) denotes Desirable

### **Terms and Conditions**

Post: Development Worker (Part-time, 20 hours)

Hours: 0.5 pro rata of full time 40 hours per week

The hours of work will be flexible to fit with the needs of the organisation but will also aim to be responsive to the post holder's circumstances. Some evening and weekend work may be required.

**Holidays:** 30 days (pro rata) inclusive of public holidays to be planned in negotiation with the Project Manager.

Probationary period: 3 months from start date

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**Notice:** 4 weeks notice applies after confirmation in post at 6 month review by employee and employer

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