



POSITION DESCRIPTION

POST TITLE: Transforming Lives Support Worker (fixed term hourly rate contract)

HOURS OF WORK: Minimum 4 hours per week with fixed term contract for 3 months, in the first instance.

Additional hours and extension to contract may be available subject to funding and

availability. Evening and weekend working will be required.

SALARY GRADE: Hourly rate 2 - £11.15 plus annual leave pro rata

RESPONSIBLE TO: Senior Team Leader - Transforming Lives

BRIEF DESCRIPTION: Healthy in Happy Community Development Trust (HnH) Vision is to make Cambuslang

and Rutherglen the healthiest and happiest places to live in Scotland. HnH is an

ambitious, energetic and successful community led organisation.

The key purpose of the Transforming Lives Support Worker, is to support the

Transforming Lives team and full range of programmes:

By engaging with individuals, groups and communities

• Promoting our work across the community and to existing stakeholders

• Liaising with and providing a quality service to participants, volunteers and

community stakeholders

Supporting and facilitating a wide range of group work activities and events

SCOPE OF TASKS:

You will be working across a wide portfolio of activities, working flexibly according to your skills and HnH requirements, as agreed with the STL. Current activities include:

Connections	Making links across the community, speaking with people at events, on the phone, leafleting, providing information and light consultation
CHOICES	Workshop programme, including single topics of interest e.g. Home Energy Advice, and tasters of our longer programmes e.g. Goal setting, Creative Art, Upcycling, Nature Walks. May be lead facilitator or support
Out & About	Walking programme that explores the local area and includes activities such as land art, foraging, local history and landmarks (mainly supporting a specialist lead facilitator)
Handy Folk	Practical skills, crafts and DIY. Facilitating and/or supporting a range of inputs and courses that involve upcycling and repurposing — simple skills for great ideas! Also supporting the Handy Folk Task Force working with community garden projects — sourcing materials, design workshops with the volunteers and projects (nursery aged children, older people, etc), making and building activities, van driving
Looking Up	Programme for children and young people aged 10 to 18 years. Current stage is a community arts project, engaging with high numbers of young people across the community, culminating in an exhibition. Some of the young people will move forward to a more intensive group work course exploring ways to improve their own and others' mental health and wellbeing
Telling Your Story	Anti-stigma programme that involves volunteers: includes a weekly radio show, community engagement making voice recordings of people's stories, living library, storytelling, ways to wellbeing and sharing tips for health improvement
Volunteer Support	TL team support all HnH volunteers with a programme of graduation activities, learning and training, recognition and celebration events. Will involve working with the team to primarily organize events, although may include group facilitation depending on skills and experience

- Adhere to Healthy n Happy standards, policies and procedures and team plan at all times.
- To contribute as an active member of the team and be accountable to the Board of Directors and to local people.
- Undertake any other duties and responsibilities mutually agreed which are within the scope of the post.
- Minimum 4 hours per week, worked flexibly across a working week.

Person Specification – Transforming Lives Support Worker

- Successful candidates will be required to have/apply for PVG membership for working with children and with vulnerable adults (HnH will cover the cost of application)
- Driving licence preferred (although not essential)

DESIRABLE QUALIFICATIONS

- Relevant experience
- Relevant qualification

SKILLS AND EXPERIENCE

Essential

- Good written and verbal communication skills
- Good interpersonal skills
- Planning, co-ordination and organisational skills
- Facilitation skills

Desirable

We are looking for a broad range of skills and experience to enable support workers to work across the portfolio listed overleaf, as far as possible. A bank of transferable skills is of particular interest. Some of the main skills and attributes required would include:

- Confident to engage local people at events and within the community, including assertive outreach
- Knowledge and experience of arts, crafts, creative ideas
- Able to drive a van
- Willingness to undertake manual work including gardening and DIY
- Good sense of humour, patience, ability to approach your activities with empathy
- Experience at working with people on an individual basis
- Experience with group work
- Understanding of the social model of health and the particular circumstances that our communities experience
 on a daily and often a multi-generational basis
- Awareness and understanding that an inclusive programme includes a general population that may have a wide range of challenges and social circumstances
- Understanding and commitment to achieve organisational outcomes, and knowledge of creative methods of evaluation that provide evidence of outcomes achieved by participants and groups