

Post	Distress Brief Intervention Coordinator
Location	Inverness (travel across the Highlands may be required)
Salary	£12,312 per annum (£20,520 FTE)
Hours of work	21 hours per week (0.6 FTE)
Contract	Fixed term to March 2021 with the possibility of extension, subject to funding
Accountable to	DBI Project Manager
Closing date	Monday 26th August 2019 at 12am
Interview date	Tuesday 6th September 2019

Aims of the Post

The purpose of this role is to work with people in distress who are referred by front line services (including Police Scotland, Scottish Ambulance Service NHS Highland Accident and Emergency and Primary Care) to the Level 2 Distress Brief Intervention team. The work will include: reviewing the reasons for distress, working with individuals to develop their Distress Brief Intervention Management Plan and using supported referral to link individuals into a range of appropriate community services and facilities as appropriate.

Training in Level 2 Distress Brief Intervention, specific to the post, will be provided.

The post involves some weekend work and work on Public Holidays, which may sometimes include work on Christmas Day and/or New Year.

Key Responsibilities

- Contact people referred to the DBI Level 2 team within 24 hours of referral by a front-line service
- Provide immediate, direct support through a compassionate response to the person in distress
- Work with people who are referred in order to assess the immediate triggers of distress, identify possible course of action to address those issues and develop effective coping strategies. It should be noted that this does not imply intensive, counselling work.

- Liaise with organisations and agencies in order to determine whether they can provide support suitable for particular individuals
- Ensure that people who are moving on have all relevant, helpful contact details for any future periods of stress or distress
- Keep accurate records of interventions and the outcomes of those interventions for monitoring and evaluation purposes
- Provide follow up calls as directed by the Project Manager
- Support the Project Manager in publicising the DBI programme and disseminating information about the DBI
- Attend training as required
- Support the Project Manager in maintaining an up-to-date directory of local community services and facilities that can provide support to people across a range of issues

General Responsibilities

- Attend staff meetings, meetings of the organisation and other events as required
- Actively pursue opportunities for personal development, including training
- Participate positively in support and supervision and annual appraisals
- Demonstrate commitment to non-discriminatory practice
- Adhere to the values and objectives of the organisation
- Operate at all times in a professional and respectful way
- Any other tasks, as required

Person Specification

	Essential	Desirable
Qualifications	Educated to SVQ 3 level or equivalent in Social Services and Health Care, or relevant appropriate experience. If the post-holder does not have this qualification they will be required to work towards it during their employment	
Knowledge	Mental health issues and in particular issues around distress, suicide prevention and recovery	
Experience	Working with people in distress or	Working in the voluntary sector.

	working with vulnerable people	Working in a Mental Health context in the community
Compassionate Practice	Commitment to reflective practice Compassionate, non- judgemental approach to support work	Understanding of recovery-focused support work
Community Development Approach	Experience of joint working to achieve support outcomes Understanding of co-production and asset based community development	
Team Worker	Ability to evidence excellent team work skills	
Professionalism	Ability to take initiative and manage own workload Able to use supervision constructively Understanding of the importance of policies and boundaries	
Communication	Articulate High quality written work IT literate and familiar with standard workplace software, including Microsoft Office Social Media aware Open and friendly	Group work experience
Practical	Prepared to travel throughout the Highlands, including occasional overnight stays Driving licence and access to a vehicle Willing to work on Public Holidays as required	