

# MALE HEALTH AND WELLBIENG WORKER PERSON SPECIFICATION



## ESSENTIAL

- Experience of working effectively with individuals who have multiple and complex needs
- Experience and knowledge of the health issues affecting homeless and excluded people and the interventions to engage with those who do not use mainstream services
- Experience of a service user involvement model of delivery to engage excluded individuals in the service to become Peer Mentors
- Experience of delivering workshops or group work to excluded individuals in addressing social isolation and positive mental health
- Experience and / or knowledge of a harm reduction approach in working with people who are currently involved in the use of alcohol or substances.
- Experience of effectively facilitating individuals engagement and supporting them to engage in positive activity or begin to make changes in their lives in their own communities
- Experience of working on a one to one basis with vulnerable individuals and developing personal care plans to meet with their needs and social aspirations.
- Experience of networking and developing positive partnerships with other agencies and of Health Promotion Services and activities in localities.
- Awareness of positive outcomes for excluded individuals and able to support them to achieve their full potential.
- Experience of recording, monitoring outcomes and providing written reports on project development
- Possess excellence ICT and oral and written skills
- Excellence organisation and planning skills
- Ability to work in a demanding, high pressure setting
- Prepared to develop own skills and qualities through staff development, specific training and self-evaluation
- Ability to work effectively as part of a team

- Ability to prioritise and manage workload effectively
- Ability to display a commitment to non-discriminatory, non-judgemental, person-centred practice
- Good work ethic, enthusiasm, sound communication and interpersonal skills commitment and a good sense of humour
- Relevant qualification at SCQF level 7 or above in Community Education/Development, Training & Development, Addiction, Health or Social Work and/or another relevant area.

### **DESIRABLE**

- Have undertaken Assist Training or have an awareness of suicide interventions
- Have experience of delivering SMART Recovery or facilitating recovery workshops or sessions with individuals
- Experience and hold a relevant qualification in delivering therapies to promote wellbeing.
- Experience of working with people affected by homelessness and social exclusion
- A fundamental understanding of the particular needs of people affected by homelessness and social exclusion and barriers to employment
- Knowledge of relevant community and employability resources in Glasgow
- Foreign language skills