



Befriender Role – 2 Part-time posts

Rannoch Community Trust - Belonging in the Community: A pathway to social connectedness and reduced isolation

Part –time:

2 posts

Hours:

7 per week -each role.

Hourly rate:

£12 per hour plus travel expenses around the Rannoch area

Contract:

Fixed term contract to the end of September 2021. Self-employed basis is an option.

Base:

Home based- with travel within the Rannoch area adhering to current Government Covid-19 guidelines.

Role:

Rannoch Community Trust is seeking to appoint two individuals to the role of Befriender. The funding for these posts has been provided through NHS Tayside's Community Innovation Fund to help support our response to the Covid-19 pandemic. The Befriender's will support individuals, families, and groups to ensure their mental health, physical health and their well-being is as good as it can be by helping with everyday issues resulting from social isolation, loneliness and vulnerability due to age, disability, bereavement, health and social needs.

Befriender's will report directly to the Coordinator. Training and Supervision will be provided.

Key Tasks:

- The Befriender will need to agree the most appropriate means of contact – telephone, email, social media, or face-to-face in accordance with Covid -19 Government guidelines at the time.
- Keep a record of work in accordance with GDPR and communicate this to the Coordinator.
- Providing emotional and practical support to individuals and families
- Providing a supportive relationship to help reduce feelings of loneliness, offer reassurance and reduce isolation.

- Help with communications such as letter writing or using the internet to keep in touch with loved ones and friends.
- Supporting them with making new social links by pursuing hobbies or interests
- Meeting people with similar needs/interests to create a support network
- Helping them to access community facilities and be included in community groups.
- Help to access health or social services that meet their needs.
- Ensure timely reporting of activities to Coordinator and follow up of referrals actioned by Coordinator.

What you won't be expected to do:

- Assisting with personal care, for example, bathing, showering, washing and feeding.
- Lifting and moving.
- Administering medication of any kind or providing medical advice.

The duties outlined in the job description are subject to change as the post evolves.

Person specification

Essential

- Ability to build meaningful relationships with individuals/families to reduce social isolation and enhance well-being
- Person-centred approach to working with individuals/families
- Compassion and empathy with some understanding of social issues and the impact on mental health and well-being
- Ability to work on own initiative
- Experience of working with a range of individuals and groups
- Good communications skills
- PVG scheme membership or prepared to join through Disclosure Scotland
- A commitment to undertake training that is required for the role
- A valid driving licence and use of a motor vehicle

Desirable

- Knowledge of Health and Social Care systems and working
- Knowledge of working in rural and remote areas

Application notes

Closing date: 10th August 2020

Advertised: 27th July 2020

For more information about the posts, please contact Janine Holland, Community Support Coordinator on 07554 702 533 or Rannochcoordinator@gmail.com

To apply please provide a covering letter and CV to Janine Holland
Rannochcoordinator@gmail.com

Closing date for all applications is 10th August 2020. Interviews will take place remotely via Zoom, due to current Government guidelines.

We will not be able to reply to all applicants therefore, if you haven't heard from us by the 19th August, please assume you have not been successful on this occasion.

Thank you for your interest.