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| 1. JOB DETAILS

Job Title: **Physiotherapy Assistant**Immediate Line Manager: Lead PhysiotherapyDepartment: PhysiotherapyDivision: Care  |

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| 1. JOB PURPOSE
* Assisting the Lead Physiotherapist to carry out physiotherapy duties maintaining high professional standards.
* To ensure a hight standard of care with each resident, working with all disciplines involved.
* To assist the Lead Physiotherapist with complex cases requiring two people.
* To work unsupervised, reporting back on resident’s progress and informing the Lead Physiotherapist of any problems
* To maintain resident care records within professional codes of practice, chartered society of physiotherapy guidelines and current legislation.
* To monitor residents for the prescription of mobility aids.
* To conduct therapeutic exercise classes independently, as Covid-19 restrictions allow.
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| 1. ROLE OF THE DEPARTMENT

Physiotherapy is an integral part of the multi-disciplinary team at GMAS which provides direct relationship-centred care to all residents.In line with GMAS’s philosophy of care, the physiotherapy service provides:* Highly specialist assessments, diagnosis advice and treatment for all residents in GMAS at all stages of their care. This includes residents with complex pathology and distress and stress with residents living with dementia.
* Regular exercise activities to promote mobility and address the Care Inspectorate CAPA programme and the current government priorities in the Management of Chronic Conditions.
* Assessment for mobility aids, which are provided by Inverclyde Centre for Independent living.
* Accepts verbal and written referrals from residents, nursing staff, care staff, relatives and other healthcare professionals
* Has a role in promoting a culture of independence and activity according to each residents’ capability.
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| 1. Key Areas
* Assisting the Lead physiotherapist to carry out physiotherapy duties maintaining high professional standards. To work independently to manage their own caseload as delegated by the physiotherapist. To use co-ordination and sensory skills for manual physiotherapy treatments, such as massage and passive movements. To assist the physiotherapist in the rehabilitation of residents as required using a range of delegated exercises and other treatments. To detect changes (deterioration and improvements), in residents’ physical and cognitive ability, to adapt exercise programmes appropriately. To continue the rehabilitation of residents as delegated by the Physiotherapist working without direct supervision and reporting back to the Physiotherapist. To carry out mobilization programmes with residents without direct supervision of a Physiotherapist. To undertake skilled support work without direct supervision.
* To analyse and adjust seating, and walking aids. To demonstrate appropriate treatment techniques to other members of nursing and care staff
* Instruct residents on a range of physiotherapy and mobility activities independently as directed by the Physiotherapist. To work unsupervised with residents who have a range of conditions such as stress and distress due to living with dementia and/or complex physical abilities. To maintain accurate, comprehensive and up to date resident documentation in keeping with GMAS’s policies and Chartered Society of Physiotherapy guidelines. To ensure resident confidentiality in line with GMAS policy. To have effective communication with residents’ families and ensure a professional working relationship, with resident care at the centre of the relationship. To be responsible for the safe use of equipment and aids by residents. Responsible to comply with GMAS’s policies and procedures
* Responsible to comply with Physiotherapy policies and procedures and encouragement to propose or suggest suggestions for change. To assist in the personal care of residents, some who may need assistance with the management of continence, dressing and pre/post treatment preparation. Prepare treatment areas and equipment, clean equipment and attend to laundry, following strict infection control procedures.
* To adhere to correct therapeutic and manual handling procedures in order to assist with physiotherapy treatments.
* To assist the physiotherapist in carrying out service audit and outcomes measures
* A commitment to continued professional development, including attending training courses provided by GMAS or external bodies.
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| 1. SYSTEMS

GMAS’s Policies and ProceduresCare Plans – documentation of resident care in accordance with current legal and professional requirements.Maintain a diary of activities (either electronic or paper as appropriate)General IT systems including email, word processing, and internet usePhysio ToolsMaintenance, servicing and repair of physiotherapy equipmentCompilation of activity statistics as required by the physiotherapy department. |

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|  Environmental & Working Conditions The post holder will be based in the physiotherapy departmentPhysiotherapy will consist of individual or group treatment and will take place in-* Physiotherapy treatment room at Bagatelle.
* Residents rooms
* Residents sitting rooms/other public areas within the houses/homes as appropriate
* Outdoor areas as the weather allows

There will be daily direct exposure to * Residents with stress and distress.
* Body fluids – e.g. sputum, urine

There may be occasional exposure to* Infectious Diseases – CoviD-19, MRSA, CDiff, Diarrhoea and vomiting
* Adverse weather conditions

There will be the occasional requirement to walk or drive between the 2 homes.Machinery & EquipmentTo have knowledge and understanding of and be able to safely use:* Physiotherapy therapeutic equipment e.g. walking aids, rehabilitation gym equipment, orthotics
* Moving and Handling equipment e.g. hoists, stand aids, glide sheets
* Wheelchairs
* Be responsible for the maintenance and safety of equipment used by residents and staff. e.g. Walking aids, wheelchairs, therapeutic exercise equipment
* Office and IT equipment e.g. telephone, personal computer, photocopier etc
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