

Job Description: FOTA Development Officer (CAMHS Project)

Working hours: 28 hours/week (negotiable)

Salary: Pro-rata, based on FTE of £25 000/year

Contract Term: 12 months

Base: FOTA, The Risk Factory, Edinburgh EH14 1RL (temporarily home based due to Covid-19)

Working Area: Edinburgh and Lothians (temporarily primarily home based due to Covid-19)

Responsible To: Youth Projects Standing Group

Off-line Supervision at CAMHS: Occupational Therapist

Main Responsibilities:

- To develop and deliver the “Duke of Edinburgh in CAMHS and the Community” Project.
- Work in partnership with NHS Lothian Children and Adolescent Mental Health Service (CAMHS), other key partners and agencies, and young people and their families to organise and provide opportunities for young people experiencing severe mental health difficulties.
- Mentor and collaborate with the young people to enable them to participate in DofE as a means of bridging the transition from CAMHS specialist mental health services to reintegration into the community.
- Support young people to choose and engage in meaningful activities, to help them cope with or recover from the effects of poor mental health and lead fulfilling lives.

Major Tasks:

1. Link in with CAMHS clinicians and partner organisations to promote the DofE service and take referrals.
2. Provide DofE mentoring in the community to young people through one-to-one support (either in-person or remotely according to Covid restrictions), to help participants transition and integrate back into the community, during or following therapy or hospitalization.
3. Organise or deliver DofE Section activities through group work and referrals to activities, and support delivery of Expedition Section.
4. Support young people to use the e-DofE system to record progress.
5. Use DofE as a tool for improving self-esteem and mental well-being.

Supporting Young People to Achieve

Friends of the Award in Edinburgh and the Lothians

The Risk Factory
20 New Mart Road
Edinburgh EH14 1RL
T: 0131 467 4753

E: admin@fota.org.uk

W: www.fota.org.uk

Charity No. SC027771

6. Support other agency professionals to support DofE activity.
7. Work towards reducing social stigma and raise awareness of mental health through link to mainstream programmes and community activities.
8. Link in with and take account of the wider FOTA operation, projects and services.
9. Maintain project records, monitoring and evaluation, and write reports as required. To contribute data and expertise to funding applications.
10. Contribute to and be accountable to the Youth Projects Standing Group. Attend training and staff meetings as required.

EMPLOYEE SPECIFICATION:

Essential:

1. Experience in youth work, mentoring, or befriending with marginalized young people.
2. Understand issues affecting young people, particularly marginalized young people.
3. Understanding of common mental health difficulties, trauma, ACES, and other factors which can affect people's mental health positively and negatively.
4. Able to relate to young people in a variety of circumstances in an open-minded, non-judgemental, and respectful way, and advocate for them when needed.
5. Committed to continuously learning about mental health including complex conditions, through training, informal learning, and from the young people themselves.
6. Experience of organising and delivering group work.
7. Good interpersonal skills and ability to motivate others.
8. Good communication skills, both written and oral.
9. Ability to work with minimal supervision, organising and planning own workload.
10. Experience working in partnership with multiple agencies.
11. Ability to work flexible hours.

Desirable

1. Degree or equivalent in Social Work, Community Learning and Development or related field desirable, but not essential dependent on previous experience.
2. Experience working with young people with additional support needs.
3. Experience of working in the outdoors, outdoor education, or residential activities.
4. Proven experience of project delivery.
5. An understanding of Duke of Edinburgh's Award.
6. A current, clean, driving licence.

Please note: The successful candidate will be required to undergo a PVG check for work with Children and Protected Adults.

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Applications: Please send application form and CV to **Christine Chesterman**
<christine.chesterman@fota.org.uk>.

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