

Job Description & Person Specification

JOB DESCRIPTION					
Job Title	Psychological Therapist (Young People)	Salary Band	Grade 21	Contract length	6 months fixed term
Line Manager	Clinical Team Manager	Level of DBS/PVG check required?	Enhanced with both lists	Hours per week	32
Team & Department	Child and Family Team-Clinical Services	Position is responsible for	N/A	Location	Glasgow
Job purpose and context	The post holder will be responsible for direct clinical provision to young people who are survivors of torture and organized violence through individual or group therapy, offering a range of interventions. In addition the post holder will contribute to the development and delivery of internal and external training, and will provide consultation and supervision to external professionals who work with survivors of torture and organized violence. The role may at times include delivering supervision to approved volunteers.				
Job scope	Direct clinical work with clients within centre, contribution to multi-disciplinary team decision making processes, liaison with external services, networking and partnership building. The role may at times include delivery supervision to approved volunteers.				
Decision making & level of authority	The post holder will be expected to make immediate and long-term clinical judgements and to formulate plans to manage individual client risk. Works under close guidance and regular supervision from the Clinical Team Manager and Clinical supervisor.				
Duties & Key Responsibilities					% of time spent on this task (approx.)
<ul style="list-style-type: none"> To provide individual/couple and/or group therapy sessions, in line with evidence based practice, to young people (separated young people and those in families) who are survivors of torture and organised violence; this includes working with young adults in transition, liaising with Adult Team colleagues as necessary. 					17.5%
<ul style="list-style-type: none"> To assess the service users' needs and create an appropriate, jointly agreed treatment plan which is reviewed regularly with the service user and in collaboration with the clinical team. To offer a range of psychotherapeutic interventions based on client need. 					17.5%
<ul style="list-style-type: none"> Manage an appropriate caseload, ensuring that regular reviews, risk assessments and outcome measures are undertaken. 					17.5%
<ul style="list-style-type: none"> To maintain appropriate clinical records of assessments, clinical work/group interventions and keep the FfT client database updated at all 					17.5%

Date updated: (insert date JD was reviewed)

Job Description & Person Specification

<p>times. To provide clinical evidence in the form of reports and clinical letters to the standard required by the Medical Legal Reports Team.</p> <ul style="list-style-type: none"> • To work holistically in support of client’s care, ensuring appropriate onward internal and external referrals are undertaken to address client needs. • To provide indirect work such as fundraising activity, advocacy and training in support of clients. • To provide clinical evidence in the form of reports and clinical letters to the standard required by the Medical Legal Reports Team. 	<p>10%</p> <p>10%</p> <p>10%</p>
---	--

For roles with line management responsibility:

- Responsible for monitoring and addressing well-being of direct reports and contributing to practices that promote employee well-being organisationally

Other responsibilities:

- Responsible for recognising the importance of taking care of own well-being and take advantage of well-being initiatives offered by the organisation to its staff.
- Compliance with organisational policies and practices, and attendance at mandatory training.

Any other duties as required by the organisation.

PERSON SPECIFICATION

Knowledge & Qualifications	Desirable	Essential	Method of assessment
Qualified in a relevant discipline e.g. Diploma in Counselling, Group or individual Psychotherapy, Counselling or Clinical Psychology, Cognitive Behaviour Therapy.		X	Application
Accredited by and member of a relevant professional body (e.g. BACP, UKCP, BABCP or HPC)		X	Application
Knowledge of the impact of torture and exile on individuals and families across the full range of ages and phases of the life cycle	X		Application
Knowledge of the impact of separation on young people seeking asylum.	X		Application/interview
Knowledge of the asylum process and asylum support system in the UK and clients’ rights under these systems	X		Application/interview
Knowledge of a range of psychotherapeutic approaches and therapies, and how these can be applied to work with torture survivors, using brief, medium- and long-term interventions.		X	Application
Knowledge of at least one of a range of evidence-based approaches to trauma therapy e.g. Trauma-based CBT, Narrative Exposure Therapy and EMDR sufficient to be able to deploy this model clinically under supervision	X		Application/interview
Knowledge of relevant mental health legislation, including the Mental Health Acts and relevant safeguarding legislation.		X	Interview

Date updated: (insert date JD was reviewed)

Job Description & Person Specification

Skills & Experience for this role	Desirable	Essential	Method of assessment
Experience of working therapeutically or in another supportive role with young people who are asylum seekers or refugees		X	Application/ interview
Ability to carry out holistic psychological and social assessments of young people who are survivors of torture		X	Application/interview
Ability to work in a culturally sensitive manner.		X	Interview
Therapeutic skills in working with trauma survivors' experience i.e. PTSD, loss, guilt, shame depression, pain, displacement, and with those in crisis		X	Application/interview
Adequate knowledge sufficient to be able to advise clients on accessing their entitlements to financial, accommodation and other forms of support, and experience of making appropriate referrals.		X	Application/interview
Computer skills (including WORD, email/outlook, databases) sufficient to be able to use these packages and others of a similar nature in every day work		X	Application/interview
Experience of working with interpreters in a therapy setting	X		Interview
Sufficient proficiency in an additional language appropriate to the clients who use FfT services, in order to offer therapy in this language.	X		Application/interview