

Job Description

Job Title: Recovery Practitioner

Responsible To: Support Manager

Salary: £20,250 - £21,341 per annum (£10.38 - £10.94/hr equivalent)

Working Hours: Full Time 37.5 hours per week. Job share (part-time) applications will be considered. Please specify in your application.

Location: Edinburgh

Leave: 33 days per annum including public holidays

Special conditions: occasional evenings and weekends may be required to meet the needs of the service.

Covid 19: during the pandemic this post will be a mixture of community-based and home-based support.

Job Summary

This is an exciting opportunity to be part of a ground-breaking approach to mental health services. Thrive Edinburgh brings together a collaboration of partner organisations to work together to improve the mental health and wellbeing of the people of the City. The aims of Thrive Edinburgh centres around enabling people to live well and fulfil their potential.

The Connect Partnership represents a unique collaboration between leading 3rd sector providers Penumbra, Health in Mind and Support in Mind Scotland. Our organisations share a commitment to the Thrive vision and values of trust; respect; collaboration; person-centeredness; innovation; and compassion. Together we will deliver a multi-disciplinary and multi-agency response to people, so people receive the right help at the right time.

Specific to the role within the Locality Team, you will offer trauma informed therapeutic support to people who self harm or with suicidal ideation to cope with crisis and trauma by exploring their emotions and concerns in a confidential setting.

Recovery Practitioners play a central role in the planning and provision of quality, recovery focused support to people who use the service.

You will be based in a locality and will be required to develop, build and maintain professional links in order to deliver outcome focussed support within that area. Support is to be provided in an appropriate environment where supported people can expect to be treated with respect, be given the time and space to discuss issues at their own pace, to explore skill development and tools to support them to manage their self-harm.

We welcome applications from individuals who would appropriately and intentionally use their lived experience as an integral part of the therapeutic support provided, where applicable.

Main Duties and Responsibilities

- To establish a supportive relationship with each supported person, enabling them to maximise their own resources in order to develop coping strategies to begin to replace their self-harm and improve their quality of life.
- Develop outcome-based personal recovery plans and coping strategies for each supported person that promote self –management and social inclusion.
- Co-ordinate delivery of recovery focused support.
- To assist with continued service development
 - Facilitating workshops, group activities, training and other events
 - Attending promotional events and networking with other professionals, stakeholders and potential service users.
 - Delivering formal awareness raising session to service users, professionals and families and to be able to tailor the delivery as appropriate.
- Develop effective relationships with other groups and agencies in your area and take opportunities to promote mental health awareness in the wider community.
- Be responsible for maintaining the relevant systems of documentation.
- Provide accurate information and reports as required.
- Provide formal input to Care Management reviews as required
- Be flexible and responsive to meet the changing needs of supported people and the organisation, within the agreed criteria.
- Work effectively with other members of the team, and liaise effectively with families, agencies, colleagues and other stakeholders.
- Participate in training activities and meetings as required.
- Uphold Penumbra’s Code of Practice.
- Register with the SSSC as appropriate (Supervisor) and maintain post-registration training and learning log to meet ongoing registration requirements.
- Other duties, deemed appropriate to this grade, as and when required.

Person Specification

Qualifications	<p>Essential</p> <ul style="list-style-type: none"> • Working towards SVQ 3 or equivalent as defined by the SSSC, or commitment to achieve within 12 months of starting the role. <p>Desirable</p> <ul style="list-style-type: none"> • SVQ3 or equivalent as defined by the SSSC
Knowledge and Experience	<p>Essential</p> <ul style="list-style-type: none"> • Experience of taking a lead role in the planning and

	<p>delivery of support to supported people.</p> <ul style="list-style-type: none"> • Experience of being in a supportive and enabling role • Demonstrate understanding of mental health and recovery • Experience of working in the mental health and recovery field • Experience of a person-centred approach to recovery • Core IT skills and ability to input data, basic word processing, manage emails.
Working with Others	<p>Essential</p> <ul style="list-style-type: none"> • Builds good working relationships with team members and colleagues throughout the organisation. Is able to work co-operatively and effectively with carers and people using the service. • Builds co-operative relationships, develops networks and promotes partnership working with other professionals.
Learn and Apply	<p>Essential</p> <ul style="list-style-type: none"> • Makes best use of own strengths and finds ways to overcome personal challenges. • Demonstrates commitment to keeping knowledge, understanding and skills up to date
Communication	<p>Essential</p> <ul style="list-style-type: none"> • Produces structured, accurate and concise written reports. • Can explain complex information in a way which makes it understandable.
Managing Self	<p>Essential</p> <ul style="list-style-type: none"> • Sustains effort to overcome obstacles and feelings of frustration, and is able to maintain a positive view. • Engages in open and reflective debate and provide constructive comments about proposed changes. • Take responsibility for managing own work life balance.
Professionalism	<p>Essential</p> <ul style="list-style-type: none"> • Maintains sound ethical and professional standards at all times, reporting wrongdoing and encouraging others to do the same. • Is proactive in identifying areas for improvement and implements creative developments. • Manages time effectively to ensure tasks are completed and deadlines are met. • Plans ahead for meetings and busy periods. • Ensures the delivery of efficient, effective, high quality services. • Acts as a role model by setting clear standards for service delivery.
Supporting People	<p>Essential</p> <ul style="list-style-type: none"> • Supports individuals in line with organisational values, policies and procedures. • Understands recovery and works with a recovery focused approach. • Consistently works with a person-centred approach.

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| | <ul style="list-style-type: none">• Supports supported peoples' rights to control their lives and make informed choices about the services they receive.• Promotes the independence of supported people while protecting them as far as possible from danger or harm.• Protects the rights and promote the interests of supported people. |
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For more information about Penumbra: www.penumbra.org.uk

For enquiries about the position please contact: recruitment@penumbra.org.uk

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