

Dear Applicant,

Thank you for your interest in the post of Recovery Worker. This is an exciting post that offers the opportunity to work with one of the leading mental health organisations in Scotland. We support around 1600 adults and young people every week. With over 400 staff across Scotland, we work to promote mental health and wellbeing for all, prevent mental ill health for people who are 'at risk' and to support people with mental health problems.

Working with Penumbra

It is one of our key strategic objectives to support, value, develop and involve all of our staff. We seek to ensure our employees have a working environment that enables them to feel safe at work, have the necessary skills they need, and access to the learning opportunities to fulfil their potential.

Our most recent staff survey found:

- 95% of staff would recommend Penumbra as a good place to work
- 95% of staff feel they have a competitive benefits package when compared to other third sector organisations
- 96% of staff are proud to tell people they work for Penumbra
- 90% of staff look forward to coming to work

Working with Penumbra offers you the opportunity to -

- work with a leading provider of mental health services
- gain qualification in health and social care (role and service specific)
- learn new skills and work with award – winning tools and approaches
- develop personally and professionally through support and supervision
- develop new ideas within a culture that support innovation and continuous improvement
- coach other members of the team in recovery approaches
- access support at any time through employee assistance programme
- access to lone-working procedure so you can get help at any time

Recovery

Recovery means to experience positive wellbeing and to have the opportunity to live as full a life as possible. A Recovery Worker is therefore someone who supports and enables people to achieve their goals and maximise their potential.

A Recovery Worker is therefore...

- Compassionate
- Respectful
- Hopeful
- Reliable
- Willing to Learn
- Open to new ideas
- A good team player
- A good communicator
- Creative
- Solution - Focused

Application Process

All applicants must complete and submit an application.

Please visit www.penumbra.org.uk/vacancies to complete an online application form.

Closing date for applications is: Monday 28th June 2021 at 7pm.

Interviews will be held on: w/c 5th July 2021.

Good luck with your application.

Yours sincerely

Recruitment Team

Job Description

Job Title: Recovery Worker

Responsible To: Support Manager

Salary: £18,608 - £19,265 per annum (£9.54 - £9.88 p/h).

Working Hours: 37.5 hours per week (full time)

Location: Newtongrange, Midlothian.

Leave: 33 days per annum including public holidays.

Special Conditions: This is a 24/7 service. This post will involve working 5 shifts out of 7 days, including days, evenings, sleepovers, and weekends. Working to a 6-week rolling rota.

2 posts available.

Job Summary

Recovery Workers work in small collaborative teams to provide people with recovery focused support to enhance their mental wellbeing. In line with Penumbra's values, Recovery Workers assist people who use the service to work towards their individual outcomes and identified goals, as detailed in their personal plan.

This service is based in Newtongrange, Midlothian. It is a community based mental health rehabilitation service for eight people with complex mental health needs. We offer 24 hour tailored person centred support, supported living and community rehabilitation. Support can be practical and emotional to help individuals lead an ordinary and fulfilling life in the community. The time, length and areas of activity covered are different for everyone, but structured support can include help with budgeting, life skills, confidence building and social inclusion for approximately 12 months.

Main Duties and Responsibilities

- Assist people who use the service to work toward their identified goals, and move towards a brighter future as per the agreed personal plan.
- Use Penumbra's Recovery tools (e.g. I.ROC, HOPE toolkit)
- Assist with personal care when required.
- Update and maintain relevant recording systems, including computer-based systems.
- Meet regularly with other team members to review progress, approach concerns and plans for moving forward
- Assist in project work as required.
- Work in cooperation with colleagues, and staff from other agencies.
- Work in accordance to Penumbra's policies and procedures.

- Work effectively with other members of the team, and liaise effectively with families, agencies, colleagues and other stakeholders.
- Participate in training activities and meetings as required.
- Uphold Penumbra's Code of Practice.
- Register with the SSSC as appropriate and maintain post-registration training and learning log to meet ongoing registration requirements.
- Other duties, deemed appropriate to this grade, as and when required.

Person Specification

Qualifications	Essential <ul style="list-style-type: none"> • Good level of educational attainment • SVQ 3 in Health and Social Care or equivalent, as defined by the SSSC, or willingness and ability to achieve within a specified period
Knowledge and Experience	Essential <ul style="list-style-type: none"> • Experience of being in a supportive and enabling role Desirable <ul style="list-style-type: none"> • Experience working with a person-centred approach • Experience of working in the mental health field
Core Competency – Working with Others	Essential <ul style="list-style-type: none"> • Builds good working relationships with team members. • Works co-operatively with other professionals as required.
Core Competency – Learn and Apply	Essential <ul style="list-style-type: none"> • Is aware of own strengths and development needs. • Demonstrates commitment to keeping knowledge, understanding and skills up to date.
Core Competency – Communication	Essential <ul style="list-style-type: none"> • Speaks and writes clearly and accurately and ensures the message is understood. • Explains clearly and accurately issues, policies, procedures and other pertinent information. • Conveys sensitive or contentious information tactfully.
Core Competency – Managing Self	Essential <ul style="list-style-type: none"> • Is open to change and continually improving practice. • Has the awareness of when to ask for help and has the confidence to do so, where appropriate.
Core Competency – Professionalism	Essential <ul style="list-style-type: none"> • Demonstrates a commitment to Penumbra's values.

	<ul style="list-style-type: none"> • Works to policies, procedures and relevant legislation. • Maintains sound ethical and professional standards at all times. • Has a clear understanding of confidentiality, disclosing information only to those who have the right and need to know. • Projects a positive image of Penumbra at all times.
Role Specific Competency – Supporting People	Essential <ul style="list-style-type: none"> • Supports individuals in line with organisational values, policies and procedures. • Understands recovery and works with a recovery focused approach. • Consistently works with a person-centered approach. • Supports supported peoples' rights to control their lives and make informed choices about the services they receive. • Protects the rights and promote the interests of supported people.

For more information about Penumbra: www.penumbra.org.uk

For enquiries about the position please contact: recruitment@penumbra.org.uk

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