## **CAPS Independent Advocacy**

## **Peer Volunteer Development Worker**

## **Person Specification**

## **Essential**



- Have personal lived experience of mental health issues and an understanding about how having a mental health issue can affect people's lives;
- Have knowledge about supporting volunteers and an understanding of what motivates people to volunteer in mental health;
- Have an understanding of peer work;
- Be able to use your lived experience of mental health issues to motivate and inspire others. Be able to maintain professional boundaries in a friendly, supportive way;
- Have an understanding of Collective Advocacy and the SIAA Principles and Standards of Independent Advocacy;
- Have experience of working in a trauma informed way and the ability to create trusting peer relationships with volunteers;
- Have experience of facilitating groups in a non-directive and nonjudgemental way so people with different experiences within the group can contribute equally and in the way that suits them best;
- Have experience of working independently, managing own workload and completing tasks to agreed timescales – being self-motivated and able to use initiative appropriately;
- Experience of reflecting on own practice and gathering feedback from the group and colleagues to ensure best possible work performance;
- IT skills: ability to use Microsoft Office computer packages, including Word, Powerpoint and Outlook; experience of facilitating meetings using video conferencing; experience of using social media and online survey tools.