

PERSON SPECIFICATION

Position: Thrive Peer Worker

Essential skills, training and experience required for this post
Personal lived experience of mental health challenges
Experience of using self-management or recovery tools and techniques
Knowledge and understanding of the key issues relating to mental health conditions
Ability to share personal story of recovery in a professional manner
Ability to develop and maintain sound working relationships
Excellent (English) written, verbal and non-verbal communication skills
Fully competent and comfortable with the use of Microsoft Office software (Word, Excel, PowerPoint, Outlook). Knowledge of Zoom, MS Teams & Whatsapp
Ability to work effectively both independently and as part of a team
Ability to work and receive training online, often working from home
Desirable skills, training and experience that would be an advantage for this post
PDA qualification in Mental Health Peer Support or commitment to undertake this training
Experience of being in a supportive and enabling role
Knowledge of Mental Health Legislation
Understanding of peer working within the therapeutic relationship
Experience of partnership working
Ability to communicate in multiple languages
Experience of being previously employed as a peer worker or a support worker