Experience Led Lothian wide Projects – 'Seen But Not Heard', Eating Disorder Project Collective Advocacy Worker

## **Person Specification**

## **Essential**



- Have knowledge about eating disorders and understand how they affect people's lives;
- Have an understanding of Collective Advocacy and the SIAA Principles and Standards of Independent Advocacy;
- Have experience of producing written reports and preparing and delivering verbal reports and presentations, adapting style and language to suit the audience;
- Have an understanding about working in a trauma informed way and the ability to create trusting relationships with group members;
- Have experience of facilitating groups in a non-directive and non-judgemental way so people with different experiences within the group can contribute equally and in the way that suits them best;
- Have experience of working independently and completing tasks to agreed timescales – being self-motivated and able to use initiative appropriately;
- Know how to plan, structure, deliver and evaluate training;
- Have experience of, or knowledge about, conducting experience led research.
- IT skills: ability to use Microsoft Office computer packages, including Word, Powerpoint and Outlook; experience of facilitating meetings using video conferencing; experience of using social media and online survey tools.

## Desirable

Personal lived experience of an eating disorder.

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