

Position: Sessional Worker - People's Health and Emotional Wellbeing (PHEW)

Responsible to: PHEW Project Worker

Purpose of the Job

- To assist the Project Worker in the design and delivery of a programme of interesting, fun and educational activities in consultation with young people to ensure they are at the centre of their own planning.
The programme aims to improve the quality of life of young people age 18-25yrs in South West Edinburgh; providing young people with a safe space to connect with others and create opportunities for personal growth in confidence and self-esteem.

Key Duties

- Consult with young people about their programme of activities and plan, implement and deliver the yearly programme.
- Support the Project Worker in the delivery of the weekly programme of creative activities within and out with the Hub
- Motivate, encourage and support young people to participate in the sessions
- Participate in discussions with the staff team and volunteers after each session as part of the debriefing process, to help identify the session outcomes, to highlight any issues that arose and any new areas of work
- Work as part of the PHEW team to complete the written evaluation forms after each session
- To participate in residential events

Professional Responsibilities

- Be fully conversant with the principles of GIRFEC and their application in practice
- Undertake Child Protection Training and other training relevant to the position
- Ensure that your professional knowledge and your practice meet the highest standard
- Keep abreast of current research and practice development, identifying relevant issues
- Understand fully the requirement for confidentiality in all areas of your work

Team work

- Effectively communicate, engage and inspire staff across the projects, and foster collaboration and team work throughout the organisation, including involvement in team meetings & staff meetings as required
- Undertake activities that will allow Space to respond to opportunities that arise from additional funding, service trials or pilots and other innovative projects
- To work as part of the wider team to ensure services are delivered effectively and with regard to statutory commitments and best practice
- Work to legislative, ethical, policy and procedural requirements, adhering to Space's policies & procedures

- Use communication systems to good effect
- Team work including taking part in the induction of staff and supporting other team members including offering constructive challenge where appropriate
- Care for the work environment to promote effective working
- Liaise with other voluntary, statutory workers and stakeholders as required.

Behaviours

All staff are expected to:

- Nurture a culture of kindness through upholding and working towards our values – welcoming, fun, creative, bold and trustworthy.
- Be a role model for staff and stakeholders, showing optimistic, determined and positive leadership that will support our organisational aims and outcomes.
- Adopt a flexible leadership style with the ability to challenge as appropriate and able to give and receive constructive feedback.
- Embed a coaching culture within your areas of responsibility that upholds the values of the organisation.
- Continuously monitor your area of responsibility and identify areas for improvement and organisational learning.

Line Management, Support and Supervision

- Undertake regular Support & Supervision and planning meetings with the PHEW Project Worker

PERSON SPECIFICATION

Essential skills and experience needed for this post
Experience of working or volunteering with children and young people and demonstrate the ability to easily build rapport and engage with them.
Have a basic understanding of wellbeing and the issues young people face and child Protection issues
Ability to use initiative and organise workload efficiently with minimum supervision
Excellent English communications skills – listening, writing and speaking
Understanding of equal opportunities with a commitment to treat people fairly and with respect
Competent and comfortable with the use of Microsoft Office (Word, Excel, Outlook). Knowledge of communication apps such as Zoom & Teams would also be advantageous.
Desirable skills and experience needed for this post
Experience of assisting young people with additional support needs
Experience of working or volunteering with people aged 18-25yrs in group or individual setting
Ability to encourage participation from young people to enable them to learn new skills
Awareness of health & safety practices and standards