



Edinburgh Old Town Development Trust (EOTDT)

Job Description

Project Worker - Community Health

Responsible to: The EOTDT Trust Manager

Salary & hours: £25,000 pro rata 12 hours per week for 12 months initially

Expected start date: June 2022

Background

EOTDT is a resident-led development trust which works to foster and nurture the development of a sustainable and cohesive community for the residents of Edinburgh Old Town. The Trust's staff and team of local volunteers work to encourage and support community development, providing a range of education, training and wellbeing activities aimed at improving life for residents. EOTDT recently opened a community hub (The Crannie) to further the promotion of these activities. In response to Covid and lockdown in the community we are working to support better mental health and tackle isolation in the community.

Purpose of the role

- Support the 'Create and Connect' Programme alongside the family and communities connector and develop a wider range of wellbeing specific activities at The Crannie community hub, developing peer support and activities
- Deliver community health leader workshops and develop further group activities or action groups to tackle health concerns in the community
- In partnership with Community Renewal, support delivery of the 'Community Health Leader' training course.

EOTDT is seeking an experienced person to use an asset-based approach to develop and lead a programme of wellbeing activities, peer support groups and training courses for local residents.

The Community Health Project Worker will be responsible for development and delivery of wellbeing activities, in partnership where appropriate, with a range of local organisations such as Community Renewal, Edinburgh and Lothians Greenspace Trust etc as well as building, and maintaining partnerships with local organisations.

The activity programme will be based at The Crannie community hub but will involve working on an outreach basis across the Old Town area as appropriate.

Key Tasks

- Support the present wellbeing activity programme at The Crannie community hub alongside the Family and Community Connector worker
- Develop a wider range of wellbeing focussed activities in response to resident need and interest
- Support the dissemination of EOTDT's Place Standard report and wider discussion of the health issues it raises with local residents
- Deliver community health workshops and develop further group activities or action groups to tackle health concerns in the community
- Support Community Renewal in the delivery of Community Health Leader course
- Signpost residents to additional sources of support for mental health and wellbeing issues
- Develop and support volunteer and leadership roles that support further health focussed work in the community
- Work alongside The Crannie and general EOTDT team members to develop relationships with partner organisations and local residents, exploring and developing ideas to support mental health and wellbeing in the community

Outcomes

- 3 new regular wellbeing activity groups created at The Crannie hub
- Supported volunteer run wellbeing activities that are sustainable in the longer term
- Reduced isolation in the community
- Increased networks of support and resilience
- Recruit 15 residents to undertake health focussed training and workshops
- Recruit 8 residents to take the full community health leadership programme with Community Renewal

Key Competencies

<i>Personal Qualities, Skills and Experience</i>	
Excellent communication, interpersonal and team-building skills	Essential
Ability to inspire and motivate others	Essential
An inclusive, non-judgemental and positive attitude	Essential
A flexible, supportive and responsive way of working with people	Essential

Creative thinking and problem-solving ability	Essential
Self starter – ability to work on own initiative	Essential
Good at working as part of a small team	Essential
Knowledge and understanding of community and social issues and ability to work within the key values of EOTDT	Essential
Knowledge around health issues, the social model of health and the ways that poverty can exacerbate health issues	Essential
<i>Previous Experience</i>	
A minimum of 2 years experience in a community development or community education role	Essential
2 years experience of designing and delivering group work, workshops or training programmes	Essential
Experience working with potentially vulnerable people in a person centred way	Essential
Experience of supporting individuals who are experiencing emotional distress, isolation and/or mental health difficulties	Essential
Experience of successful partnership and relationship building	Desirable

To apply for this role please send a C.V and a cover letter (no more than 2 sides of an A4 page) to admin@eotdt.org explaining how you would carry out this role and how you meet the key competencies.

We would like to receive any applications by Thursday 19th May. We plan to hold interviews on the week starting 23rd May.

This role is funded by the EVOC Community Mental Health & Wellbeing Fund