

## Edinburgh Women's Aid

### Job Description

<b>Job Title:</b>	Mental Health Practitioner
<b>Hours:</b>	21 hours per week, 1-year contract (open to secondment)
<b>Salary:</b>	£29,999.93 (pro rata £17,999.95)
<b>Responsible to:</b>	Operational Manager Women's Support Services
<b>Holiday Entitlement</b>	25 days annual leave plus 10 public holidays pro rata

*This role is subject to Adult and Child PVG scheme membership.*

#### **Job Purpose**

The purpose of this role is to provide mental health support to women affected by domestic abuse, by offering specific interventions, involvement in care plans, providing advice and support to colleagues and liaising with external mental health specialists to ensure that women's mental health pathways are effective.

The post holder will hold a relevant qualification in mental health and have a strong understanding of the impact of domestic abuse on mental health and wellbeing.

#### **Main Duties**

- To undertake assessment of service users with mental health problems referred into EWA services to determine the most appropriate intervention and offer support and advice using a strengths-based approach.
- To provide information to service users about their support and options available to them.
- To provide advice and consultation to EWA colleagues and teams to support the safety and mental wellbeing of women using our services.
- To facilitate the service users' journey to secondary services and other statutory services as needed, including acting as an advocate between secondary care services to avoid service users being "bounced" around services.
- To provide high quality information on domestic abuse to mainstream services.
- To contribute to the development of assessment skills of other frontline workers to support improved identification of mental health problems.
- To support GPs with issues relating to domestic abuse.

- To provide, where required, supervision for students and other mental health trainees.
- To ensure that practice is evidence-based and consistent with relevant guidelines, and EWA policies and procedures.
- Engage in CPD and research to ensure that practice is up to date

**Other Duties**

The post holder will be expected to fulfil certain responsibilities to ensure that EWA provides a professional and consistent service. You will be expected to ensure that:

- Health and Safety procedures are adhered to in the office base and in remote settings.
- Provide written reports on your work for internal and external purposes.
- To ensure up to date information is held on the case management system so that regular evaluation and monitoring can take place.
- Attend and participate at team meetings and training.
- Participate in regular support and supervision.

**Essential requirements**

- Recognised mental health qualification and valid registration with the relevant regulatory body
- Experience delivering evidence based psychological interventions
- A knowledge of trauma/trauma informed practice
- An understanding of domestic abuse and the effects of abuse on women and their children
- Experience of working with victims/survivors of domestic abuse
- Experience of working within the mental health and wellbeing field
- Experience of providing support to vulnerable women
- The ability to listen to women and advocate on their behalf
- Ability to keep case records to a high standard
- Experience of collating information and writing reports
- Good written and verbal communication skills
- Subscription to and a willingness to work within the ethos of a feminist analysis of abuse
- Ability to work on own initiative and manage your caseload in a busy environment
- Computer literacy

*Edinburgh Women's Aid is an equal opportunities employer and welcomes applications from all sections of the community. Women only need apply under Schedule 9 (Part 1) of the Equality Act 2010*