## Job description and person specification

Please note this statement is for information only and does not form part of a contract. The responsibilities articulated are not exhaustive and we are committed to working practices that are flexible, collaborative and inclusive.

Job title	Young People & Families Worker	Location	Flexible: Edinburgh, Home- worker Some travel will be expected to our offices.
Contract type	Full-time	Contract length	Permanent
Date	April 2022	Salary	£27,000

#### Context

We are Versus Arthritis. Alongside volunteers, healthcare professionals, decision makers and researchers, we do everything we can to push back against arthritis. Together, we'll continue to develop breakthrough treatments, campaign relentlessly for arthritis to be seen as a priority and support people with arthritis whenever they need it. We're making real progress. But there's still a long way to go and we won't stop until no-one has to tolerate the pain, fatigue and isolation of arthritis.

We have big ambitions, and all our activities must work together to deliver these. In this way we will build recognition of the impact of arthritis. We will catalyse and galvanise communities across the UK who push back against arthritis. We will discover, innovate, and enable new solutions, directly provide these and influence others to make big change happen. We will reach and support every child and young person living with arthritis and we will lead the generation and application of research knowledge relevant to arthritis. Critical to success is growing our income and creating a sustainable organisation equipped and able to deliver the support and solutions that people will look for.

The Services and Influencing Directorate lead on our Demand and Deliver strategies so that we are able to support and represent people with arthritis so that they get the change they need in order to live a life of quality despite having the long-term condition of arthritis. This directorate will be made up of leaders both nationally and locally to build relationships, leverage, political change, and personal change across the lives of people with arthritis.

Our Demand and Deliver strategies speak for and to people and they have expectations of how we need to operate. This directorate will be made up of dedicated, enthusiastic people who want to support and enable change throughout all areas of our work.

# **VERSUS** ARTHRITIS

Our Young People and Families Service offers a high-quality 'youth offer' for anyone aged 0-26 years old living with arthritis and related conditions. Our team of staff, volunteers and partners provide holistic emotional and social support in community and online settings as well as working alongside some of the country's leading paediatric, adolescent and adult rheumatology clinics.

Guided by the individual needs of each young person we meet, using approaches co-designed with young people, we empower them to take control of their unpredictable condition; feel better connected; and live happy and healthy lives now and in the future.

But there are young people who don't have access to the support they need. Over the coming years we will reach more young people and families, working with key stakeholders to provide quality support as well as exploring new ways to provide support and reduce inequalities.

#### Main purpose of the role

As a Young People & Families Worker you will work with colleagues, partners, health care professionals, schools, volunteers, families, and most importantly young people to co-plan, deliver and evaluate a high quality, holistic support offer locally and nationally. Using a community development/youth work approach you'll put children and young people at the centre of decisions about their journey and our service offer.

Using youth accessible approaches, you will help young people build their confidence, make friends, and achieve their personal goals. This will be achieved by providing one-to-one support, creating peer networks and working with volunteers to co-deliver self-management activities on a variety of topics from sleep management to self-advocacy. You'll also co-design an exciting programme of social events, youth voice opportunities, digital content, and residential events.

You will act as the bridge between young people, their families, and professionals – especially in health care settings where you will play a unique role working collaboratively with multidisciplinary teams to meet a range of needs in a relatable and youth friendly style as young people learn to live well with their condition. You will support young people during the pivotal transition from paediatric to adult services and life, ensuring it is a time of empowerment and growth.

Management and key relationships	
Roles managed	Volunteer Management
Reports to	Young People & Families Manager
Key relationships	<ul> <li>People &amp; Organisational Development</li> <li>UK Delivery team</li> <li>Other Young People &amp; Families Workers Nation and across UK</li> <li>Branch &amp; Group network</li> </ul>

## **VERSUS** ARTHRITIS

- Professional Engagement Nation Lead
- Vol and Community Sector in area
  - Health Care professionals
- Innovation & Support team

#### Main Responsibilities and Duties

1

2

#### It's about listening, empathy and empowerment

- Use a youth work/community development approach to provide emotional and social support with the aim of helping young people to take control of their condition, feel better connected and live happier and healthier lives now and in their future adult life.
- Maintain excellent working relationships with healthcare professionals across Paediatric and Adult Rheumatology Multi-Disciplinary Teams (MDT). Deliver the unique, holistic support needed for young people to manage their condition through attending clinic, managing referrals, and co-delivering events.
- Be a champion for children and empower young people living with arthritis to selfadvocate, be better understood by society and listened to.
- Make sure Equality, Diversity and Inclusion is incorporated into all aspects of our service offer, reaching young people and families currently not in touch with the charity.

#### It's about collaboration

- Work with children, young people, families, volunteers and key stakeholders to design, deliver and evaluate a holistic programme of engaging face to face and virtual support, including residential weekends, self-management workshops, digital content and one-to-one support.
- Work with colleagues across Versus Arthritis as well as partners to share learning and constantly develop our offer to meet the diverse needs of children and young people.
- Support a team of volunteers to offer peer support and co-deliver activities ensuring a quality volunteer experience.
- Build strong signposting partnerships and referral routes with local and national partners.
- Support colleagues in fundraising to put together funding applications.



3	's about working safely and with quality
	<ul> <li>Monitor, evaluate and report on impact and service delivery in line with funder and Versus Arthritis expectations.</li> </ul>
	• Adhere to Versus Arthritis (and partner where appropriate) policies and procedures, including safeguarding, data management, health and safety, volunteer management.
	<ul> <li>Manage a team of volunteers to provide peer support and co-facilitate activities.</li> </ul>
4	's about keeping our knowledge relevant
	<ul> <li>Attending training and development events to help support the charity and your own development.</li> </ul>
	<ul> <li>Undertake other relevant duties as appropriate, in line with the priorities and needs of the Young People &amp; Families team and ensure adequate cover is provided.</li> </ul>

Criminal Record Check	
Requirement	This role <u>DOES</u> require a Criminal Record check.

### **Person specification**

Knowledge, skills and experience: key requirements

Requirement		Evaluation Stage
1	Experience of working within the third and/or public sector, preferably within the fields of youth/community development work and/or health and social care - with a passion for improving the lives of young people.	Арр
2	Understanding the importance of self-management and experience of delivering interventions to people living with long term conditions. Experience of taking a person-centred approach when providing support.	App/Int
3	Experience of using a community development/youth work approach to co- design and deliver a quality service/project that is inclusive, inspiring and makes a difference. Engaging colleagues, funders, supporters and partners to make it happen.	App/Int



4	Knowledge and experience of embedding safeguarding and safe working policies and procedures.	App/Int
5	Experience of basic project skills, including supporting evaluation work, writing reports, developing project proposals and managing activity budgets.	App/Int
6	Excellent communication and interpersonal skills, and evidence of excellent relationship management with a wide range of stakeholders.	App/Int
7	Good IT skills; thorough working knowledge of MS Office Suite especially Outlook, Word, Excel and PowerPoint and digital working skills including experience of using databases.	Арр
8	Sound organisational and time management skills and the ability to prioritise workload effectively.	App/Int
9	Understanding of the importance of diversity, inclusion, and accessibility.	App/Int
10	Willingness to travel across the UK as required to attend meetings and events with a willingness to attend occasional weekend events and meetings.	Арр

### **Desirable requirements**

Requirement		Evaluation Stage
1	Knowledge and understanding of arthritis and other musculoskeletal (MSK) conditions.	Арр
2	Understanding of the 'Social model of disability.'	Арр
3	Experience of using/delivering over virtual communication platforms; Microsoft Teams, Zoom, social media platforms etc.	Арр

#### Values and behaviours

Our values and behaviours framework underpins our daily working lives at Versus Arthritis. It's primarily for employees, volunteers and trustees and describes the expectations we have of each other, and our individual and collective commitment to the organisation.

Our values and behaviours directly support our brand identity and our customer experience principles. Even though the language may not be exactly the same, the principles and ideas are all consistent with our purpose and identity as Versus Arthritis.



- We value our contribution to a truly **inclusive** and **flexible** organisation, that prioritises people's **health and wellbeing**.
- We value **learning** to increase our impact for people affected by arthritis.
- We value being accountable for our actions and have high expectations of each other.
- We value persevering with challenges when we know it's the right thing to do.

