# Art Therapist (0.6 FTE)

# **Job Information Pack**

Job title: Art Therapist

Salary: £30,000 per annum (£18,000 pro rata for 0.6FTE)

**Based at:** Impact Arts base in Irvine and delivery from Primary Schools across North Ayrshire.

**Travel:** If travelling between venues to deliver sessions on the same day, a travel contribution will be paid based on our staff mileage policy.

Reporting to: Head of Service

**Duration of contract:** Initial contract to 31<sup>st</sup> March 2023 but potential for extension beyond this initial period.

**Working Hours:** 7.5 hours per day with sessions usually taking place between the core hours of Monday – Friday, 8.30am-5.30pm

#### **Essentials:**

Degree in Visual/Applied Art Professional qualification in Art Therapy <u>Minimum</u> 2 years' experience of delivering 1:1 Art Therapy and/ or group therapy Registration with the Health and Care Professions Council (HCPC) Membership of, or willingness to join, the Protection of Vulnerable Groups Scheme (PVG)

#### Desirable:

Membership of the British Association of Art Therapists (BAAT) and knowledge of BAAT Code of Ethics Professional Qualification in Dyadic Therapy Experience in delivering creative activity in diverse community settings Qualification/experience in Community Arts/Community Learning and Development

Closing date: 4<sup>th</sup> July 2022 at 9am Interviews: w/c 11<sup>th</sup> July 2022

# Expected Start Date: From July 2022

In all our work, Impact Arts aims to tackle the inequalities that exist in Scotland and to ensure everyone has equal opportunity. We encourage all applications for this post, particularly from those who are currently under-represented in the creative and arts sectors. Impact Arts





welcomes all people no matter their age, race, gender, sex, sexual orientation, religion or belief, class, cultural background, disability, marital status, pregnancy or maternity status.

We want to make sure that process barriers do not get in the way of applicants, so if you have any accessibility needs in regards to any parts of this process (or want to discuss alternative ways to show your skills and relevant experience), please get in touch.

# **Company Values**

As a team of people we share the following values:



We are always ambitious in what we want to achieve for our partners, participants and colleagues.





## What We Do

Established in 1994, Impact Arts is a national arts organisation which tackles inequalities in Scotland through creative engagement. We envisage a Scotland where everyone values and benefits from the power of creativity to transform lives. Our strategic objectives are:

- We will transform Children and Young People's lives through impactful arts and creativity.
- We will grow Communities to become stronger and empowered through creative engagement.
- We will support Older People the opportunity to take part in life enriching arts and creativity.

We place innovation, enterprise and creativity alongside outstanding delivery, sound management and a strong ethos of partnership to tackle society's big issues. Our talented inhouse and freelance artists across Scotland and beyond ensure that our artistic programmes, exhibitions, performances and events are of the highest quality. We exist to inspire creativity in people and regenerate our communities through a deep and rewarding relationship with the arts.

We have over 50 staff and 100 sessional artists working on services across Central Scotland with our Head Office in Glasgow. We work with multiple partners and funders all with a strong ethos #artchangeslives. We are supported on an annual basis by over 40 funders including Scottish Government, CashBack for Communities, Skills Development Scotland, National Lottery Community Fund, Corra Foundation and a range of other foundations and trusts.





# **Our Impact**

Our 2020/21 figures:







#### About the role

We have recently been awarded substantial funding from the Corra Foundation to deliver Art Therapy services across North Ayrshire. Our Art Therapy services are designed for children who may be experiencing significant barriers to their personal and educational development and present: low self-esteem, anxiety, aggression, depression, difficulties making transitions and/or engaging with their peer groups both in and out of school. This funding has a particular focus on children and families affected by substance misuse/addiction.

Our Therapeutic group work is delivered where common themes amongst groups of children are identified. A particular focus will be on those at risk of struggling to make a successful transition from primary to secondary school (a key reason for referrals into our art therapy service to date). A crucial element of this work is to make sure this is a fun, positive and supportive experience and not a stigmatised 'therapy' group. The group work aims to support those displaying emotional, social and behavioural issues, and the development of positive peer networks/ relationships, whilst helping to instil social skills/ emotional resilience that will enable successful and ongoing integration with mainstream education.

The purpose of the Art Therapist post is to provide Art Therapy for children identified and referred through the Art Therapy Programme, to assess children for suitability for individual therapy/ group therapy and to provide therapy and psychotherapy interventions for children on a 1:1 basis or in groups of 4-8 children.

Caseload numbers will be discussed with the Head of Service.

We require a skilled art therapist who is experienced in working with this client group, of working closely with statutory services to provide holistic care and for whom following robust safeguarding procedures is of utmost priority. In return we offer a supportive and professional working environment with regular supervision from our Art Therapy Supervisor, peer support sessions and support & supervision from the Head of Service.

This fixed term post is for the North Ayrshire region and delivery will predominantly take place from our Irvine base and Primary schools across the locality.

# Main Responsibilities:

# **Clinical Responsibilities**

- Draw on professional clinical expertise and practice to support current art therapy delivery arrangements
- Assess, develop and implement individual therapy / psychotherapy sessions in relevant art forms for children on a 1:1 basis and/or group therapy
- Make psychological formulations, clinical judgements including risk assessments and provide recommendations for participant care
- Encourage participants to explore their art and think about what it means to them
- Identify with Impact Arts the potential developments for each participant through the process of art therapy
- Effective and sensitive communication with participants, parents/ carers, professionals, co-workers and project management
- Monitor the development of participants over the course of art therapy sessions and record the impact of the work on the child





- Proactively engage with Impact Arts' Safeguarding Procedures, sharing information with Impact Arts about the participant and any disclosed information that may put the safety of the child or anyone else involved in the case at risk.
- Provide paperwork outlining plans, process and developments of the child and to plan an exit strategy
- Keep records to a high standard regarding engagements, progress and outcomes for each child
- Attend case review/ team meetings as required

## **Service Development**

- Make the process of art therapy as transparent as possible to Impact Arts whilst remaining within the confidentiality of the art therapy framework
- Support with the sharing of artworks and documentation of art therapy (as appropriate) to enhance how Impact Arts tells the story of our impact
- Joint working with the team of art therapists and other professionals through peer support sessions
- Promote and develop positive and productive/ effective working relationships with Schools and Head teachers

# **Administrative Responsibilities**

- Liaise with Administrator as to art materials requirements
- Ensure all session notes and records are maintained efficiently and that confidentiality is protected in line with organisational policies
- Participate in and contribute to clinical audit and service evaluation with colleagues within the art therapy service, to help evaluate and improve service provision and develop appropriate reports as required
- Provide reports communicated in a skilled and sensitive manner with respect to assessment, formulation and treatment planning
- Produce statistical data, monitoring and evaluation data to support reporting
- Ensure Impact Arts' CRM is updated with key information

# **Education & Training**

- Engage in regular supervision and appraisals with Art Therapy Supervisors and/or Head of Service
- Attend and engage with Impact Arts' peer to peer support groups
- Maintain and develop the highest standards of practice, through active participation in continuing professional development and maintaining an active engagement with current developments in art therapy/art psychotherapy in areas related to the post.

# To apply

Please visit <u>www.impactarts.co.uk</u> to download an application form. All completed applications should be sent to <u>jobs@impactarts.co.uk</u> by 9am on Monday 4<sup>th</sup> July 2022

For an informal discussion about the position or if you have any questions please contact: Caroline McGhee, Head of Operations on 0141 575 3001 / <u>caroline.mcghee@impactarts.co.uk</u>



