

## Job description

## Arts and Wellbeing Key Workers

Full or part time (minimum 16 hours/week)

For over 50 years, Cyrenians (a Scottish Charitable Incorporated Organisation (SCIO), registered charity number SC011052) has tackled the causes and consequences of homelessness.

We understand there is no "one size fits all" approach to supporting people towards more positive and stable futures. That's why all our work is values-led and relationships-based. We meet people where they are, and support them towards where they want to be.

Our Vision is an inclusive society in which we all have the opportunities to live valued and fulfilled lives. We work to make that vision a reality by our Mission to support people excluded from family, home, work or community on their life journey.

We aim to offer consistently excellent services across all locations and in all our activities. Our way of working is built on our four core values:

**Compassion**: We believe that everyone should have the chance to change, no matter how long that might take.

**Respect**: We believe in tolerance, acceptance, valuing diversity and treating each other as equals.

**Integrity**: We are committed to the highest quality of work, grounded in honesty, generosity, sincerity and professionalism.

**Innovation**: We are willing to take risks, challenge convention and be very creative in our search for new ways of working, in particular by taking account of the environmental impact of our decisions.

## 1 General

Cyrenians has an ambitious plan to develop its services which support people to gain the confidence, skills, qualifications and experience to lead a healthy working life. We deliver a range of services focused on young people who face barriers to employment, training and further education.

The Creative Natives Wellbeing project provides holistic, person-centred support, alongside a flexible menu of creative experience activities, which support young people who are, or have, struggled at school to progress onto further education, training, or employment with an emphasis on the connection between creativity, wellbeing and good mental health.

We're recruiting for these posts to expand the project to improve wellbeing through art by providing support to young people experiencing eating disorders through a programme of arts/creativity-based activities and, where possible, their siblings and families.

Our keyworkers deliver comprehensive, nurturing and individualised support to by building trusted relationships with each participant. Our way of working is assets-based, guided and led by each young person's interests and aspirations. We offer support on a 1 to 1 basis and in small groups.

In a safe and supported environment, young people will be able to develop and acquire new creative skills, build confidence and resilience till they are ready to move on through the medium of creativity in all its forms.

Cyrenians requires all staff to be flexible in their approach and willing to help meet the aims of the charity, and those who use our services, in whatever circumstances arise. We expect all staff to display care, respect and a nonjudgmental approach, being prepared to work tenaciously and imaginatively towards successful outcomes.

# 2 Tasks and Responsibilities

### Provide excellent one-to-one support to young people using the service

- Support young people to engage with the project by developing trusted relationships and supporting them to be creative.
- Create creative/wellbeing content for young people to experience and take ownership of on an individual or small group basis.
- Offer person-centred support to young people and family members who are experiencing issues affecting their wellbeing, with a particular focus on eating disorders
- Promote the development of resilience in young people through providing a safe space for them to raise their concerns and fears and give them the time to talk through these.

# Design and deliver creative activities which will promote personal development for young people.

- Help young people to be fully engaged through a non-judgemental and nurturing approach to the activities.
- Consult with staff, volunteers and young people on activities e.g. arts, culture and other personal development.
- Ensure activities provide opportunities for young people to learn and develop.

#### **Planning**

- Promote continuous service improvement and best practice in working with visitors
- Develop and work within service policies and procedures
- Contribute to discussions about the development of wellbeing support within Cyrenians

#### Participate in all aspects of managing and monitoring the service.

- Participate in service planning meetings and reviews.
- Maintain an individual work plan that is consistent with the overall service plan.
- Participate in Annual Review and regular supervision sessions.
- Undertake training which is appropriate to the project's needs.
- Undertake other tasks as required by the Service Manager.

# **3 Person Specification**

Knowledge and Experience	
Experience of working directly with young people in participatory,	Essential
inclusive ways	Loociiciai
Skilled in working with young people who have disengaged from	Essential
school/youth settings	
Experience, or understanding of, mental health issues in young	Essential
people	
Ability to establish good professional working relationships with a	Essential
range of partners and stakeholders	
Knowledge or experience of arts / creative industries	Essential
Qualification in Careers Guidance, Community Education,	Desirable
Community Arts or Youth Work or suitable level of experience in	
delivering Key Work	
Knowledge of services and projects for young people in Edinburgh	Desirable
and understanding of the Scottish education system	
Experience of working with young people experiencing eating	Desirable
disorders	
Lived experience of the issues faced by those who use our services	Desirable
Values and attributes	T
Conscientious, practical, committed and hard working	Essential
Positive thinker and creative problem solver	Essential
Patient and respectful	Essential
Ability to relate to and communicate with young people who feel	Essential
excluded and marginalised	
Flexibility and team work	Essential
Ability to use own initiative and organise own workload	Essential

## 4 Terms & Conditions

<u>Employer:</u> Cyrenians

Accountability: Cyrenians Board of Trustees (via the Chief Executive of

Cyrenians)

<u>Line Manager:</u> Senior Key Worker

Liaison with: Cyrenians Learning & Work Team, CAMHS, partner

organisations

Workplace: Edinburgh

Working Hours: Full time (37 hours/week) or

Part time (minimum of 16 hours/week)

<u>Annual Leave</u> 25 days plus 10 public holidays (pro-rata)

Salary: £22,622 - £25,296 per annum (pro-rata for part time)

Scale points 20-24

<u>Pension:</u> Auto-enrolment into Qualifying Workplace Pension

Scheme (QWPS) which is a Group Stakeholder Pension Scheme – current contributions being 5% employee and 3% employer. Option of enhanced Employer

contributions to the same QWPS of 6% initially, rising to 9% after 2 years and 12% after 5 years (subject to

employee contributions of 6%)

Funding: Funding has been confirmed from April 2022 for three

years

<u>Disclosure:</u> PVG scheme membership required

# 5 Application deadline and Interview dates

<u>Closing date</u>: Closing date is 12 noon, 11<sup>th</sup> July 2022

<u>Interview date</u>: Interviews will be held at Norton Park, Edinburgh, dates to be

confirmed (we understand that this is a time when people may be on holiday and we can discuss a time that works when we

contact you).

Stage 2 date: to be confirmed

Please refer to the Recruitment Information leaflet for further information on completing and submitting your application form.

Further information can be found at www.cyrenians.scot