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**Post: Bump Start Worker**

**Accountable to: Senior Practitioner**

**Organisational**

**Objective: To achieve positive change for children and their families through early intervention**

**Purpose of role: This post will work in partnership with local midwifery services to identify and support**

**pregnant women and their families with their health and wellbeing, reducing social isolation and improving perinatal mental health outcomes.**

**Responsibilities:**

* To work collaboratively with referral partners and colleagues to ensure the timely allocation and implementation of support for new families
* To undertake initial needs assessments and develop a support plan in partnership with families
* To deliver a support package to families through one to one work; group work and online support; that will support children and families to achieve aims in line with our organisations aims and deliverables
* To work alongside pregnant women and their family members to build their capacity, confidence and skills.
* To provide emotional support to families in order to build resilience and support their mental health and wellbeing.
* To offer advocacy and self-advocacy support.
* To plan and implement new group work opportunities both digitally and in person.
* To support families to make connections with peers and their wider community, helping to reduce isolation.
* To communicate effectively with stakeholders and colleagues
* To positively promote the work of the organisation throughout the undertaking of your duties

**Administrative**

* To work in line with organisational guidance and policy including administrative tasks such as completing the shared calendar, timesheets and email correspondence
* To be responsible for accurate and timely data entering into the organisations case management system
* To accurately record family case notes in a timely fashion
* To contribute to the monitoring and evaluation of your service area
* To supply your senior with regular updates that can be used on the organisations website and across social media platform
* To submit timely information to the Business Administrator for such processes such as claiming expenses and absence recording

**Professional Practice**

* To demonstrate behaviours that are consistent with the values and ethos of the organisation
* To identify and action areas for professional development
* To actively engage with formal and informal supports including team meetings, family support meetings and support and supervision sessions
* To foster healthy working relationships with Stepping Stones colleagues and adopt a team working approach to delivering organisational aims and objectives
* To support service user participation across the organisation

Any additional duties will normally be to cover unforeseen circumstances or changes in work, and will usually be compatible with the regular type of work. If an additional task or responsibility becomes a regular or frequent part of the job, it will be included in the job description in consultation with the post holder.

**Person Specification**

**Post:** Bump Start Worker

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| **Area** | **Essential** | **Desirable** |
| **Qualifications** | * Relevant professional qualification in health, community education, social work. | * Any training / qualifications specific to supporting families within the community. |
| **Experience** | * Direct work with families * Group Work * Working in partnership | * Working in a community setting * Experience of supporting individuals mental health and wellbeing |
| **Knowledge** | * Issues for families impacted by poverty * Understanding of the third sector * Principles of monitoring and evaluation | * Trauma informed practice * Welfare rights * Understanding of ‘Getting it Right for Every Child’ principles |
| **Skills** | * Effective interpersonal and communication skills * Ability to effectively and sensitively advocate for others * Ability to work at a distance from main office * Strong organisational skills * Team working * It literate | * Using social media to reach target groups and stakeholders |
| **Other** | * Empathic approach * Commitment to cooperative team working and equal opportunities * Willing to undertake training and on-going learning * Enjoys working alongside people of all ages and backgrounds | * Access to a car |