

CONSTITUTION OF HUMAN DEVELOPMENT SCOTLAND

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GENERAL

Type of organisation

1. The organisation will, upon registration, be a Scottish Charitable Incorporated Organisation (SCIO).

Scottish principal office

2. The principal office of the organisation will be in Scotland (and must remain in Scotland).

Name

3. The name of the organisation is “Human Development Scotland”.

Purposes

4. The organisation’s purpose is to:
Improve the mental health and emotional wellbeing of individuals, families and communities in Scotland, regardless of context and means, and increase the effectiveness of organisations to the public good by:
 - 4.1 providing professional education as a means to increase the resilience of individuals and communities, and for the understanding and development of mental health and emotional wellbeing in all contexts
 - 4.2 providing accessible and affordable therapeutic services
 - 4.3 supporting professionals in their work by all appropriate means, specifically by providing continuing professional development, supervision, opportunities for reflective practice and organisational consultancy services
 - 4.4 promoting the study of mental health and emotional well being
 - 4.5 undertaking research in the fields of mental health, emotional wellbeing and organisational effectiveness to contribute to the evidence base for interventions in these areas and disseminate the results to the public

Powers

5. The organisation has power to do anything which is calculated to further its purposes or is conducive or incidental to doing so.
6. No part of the income or property of the organisation may be paid or transferred (directly or indirectly) to the members -either in the course of the organisation’s existence or on dissolution -except where this is done in direct furtherance of the organisation’s charitable purposes.

Liability of members (the charity trustees)

7. The members of the organisation (the charity trustees) have no liability to pay any sums to help to meet the debts (or other liabilities) of the organisation if it is wound up; accordingly, if the organisation is unable to meet its debts, the members (the charity

trustees) will not be held responsible.

8. The charity trustees have certain legal duties under the Charities and Trustee Investment (Scotland) Act 2005; and clause 7 does not exclude (or limit) any personal liabilities they might incur if they are in breach of those duties or in breach of other legal obligations or duties that apply to them personally.

General structure

9. The structure of the organisation consists of the BOARD - who hold regular meetings, and generally control the activities of the organisation; for example, the board is responsible for monitoring and controlling the financial position of the organisation.
10. The people serving on the board are referred to in this constitution as CHARITY TRUSTEES who are also the MEMBERS of the organisation for the purposes of the Charities and Trustee Investment (Scotland) Act 2005.
11. The board also appoints charity trustees to fill vacancies, and the people serving on the board (in their capacity as members of the organisation - see clauses **Error! Reference source not found.** and 12) have power to make changes to the constitution itself.
12. Under the provisions of this constitution, no-one can be a member unless they are also a charity trustee of the organisation.
13. The Charities and Trustee Investment (Scotland) Act 2005 requires certain decisions to be taken by the charity trustees in their capacity as members of the organisation.

Number of charity trustees

14. The maximum number of charity trustees is 10.
15. The minimum number of charity trustees is 3.

Eligibility

16. A person will not be eligible for election or appointment to the board if they are:
 - 16.1. disqualified from being a charity trustee under the Charities and Trustee Investment (Scotland) Act 2005; or
 - 16.2. an employee of the organisation.

Initial charity trustees

17. The individuals who signed the charity trustee declaration forms which accompanied the application for incorporation of the organisation shall be deemed to have been appointed by the members as charity trustees with effect from the date of incorporation of the organisation.

Appointment/retiral

18. The board may at any time appoint any person to be a charity trustee by way of a resolution passed by majority vote at a board meeting.
19. At the conclusion of the first AGM, one third (to the nearest round number) of the charity trustees

shall retire from office; the question of which of them is to retire shall be determined by some random method.

20. At the conclusion of each AGM thereafter

20.1. any charity trustees appointed during the period since the preceding AGM (but excluding those re-appointed under clause 21 during that period) shall retire from office;

20.2. out of the remaining charity trustees, one third (to the nearest round number) shall retire from office.

21. The charity trustees to retire under paragraph 20.2 shall be those who have been longest in office since they were last appointed or re-appointed; as between persons who were last appointed/re-appointed on the same date, the question of which of them is to retire shall be determined by some random method.

22. A charity trustee who retires from office under clause 18 or 19 at the conclusion of an AGM shall be eligible for re-appointment under clause 18 at the next board meeting.

23. A charity trustee vacating office at the conclusion of an AGM will be deemed to have been re-elected at the board meeting which next follows unless:

23.1. they advise the board that they do not wish to be re-appointed; or

23.2. a resolution for the re-appointment of that charity trustee was put to the board meeting and was not carried.

Termination of office

24. A charity trustee will automatically cease to hold office if: -

24.1. they become disqualified from being a charity trustee under the Charities and Trustee Investment (Scotland) Act 2005;

24.2. they become incapable for medical reasons of carrying out their duties as a charity trustee - but only if that has continued (or is expected to continue) for a period of more than six months;

24.3. they become an employee of the organisation;

24.4. they give the organisation a notice of resignation, signed by them;

24.5. they are absent (without good reason, in the opinion of the board) from more than three consecutive meetings of the board - but only if the board resolves to remove them from office;

24.6. they are removed from office by resolution of the board on the grounds that they are considered to have committed a material breach of the code of conduct for charity trustees (as referred to in clause 0);

24.7. they are removed from office by resolution of the board on the grounds that they are considered to have been in serious or persistent breach of their duties under section 66(1) or (2) of the Charities and Trustee Investment (Scotland) Act 2005.

25. A resolution under paragraph 24.5 or 24.6 shall be valid only if: -

25.1. the charity trustee who is the subject of the resolution is given reasonable prior written notice of the grounds upon which the resolution for their removal is to be proposed;

25.2. the charity trustee concerned is given the opportunity to address the meeting at which the resolution is proposed, prior to the resolution being put to the vote; and

25.3. at least two thirds (to the nearest round number) of the charity trustees then in office vote in favour of the resolution.

Register of charity trustees

26. The board must keep a register of charity trustees, setting out
 - 26.1. for each current charity trustee:
 - 26.1.1. their full name and address;
 - 26.1.2. The date on which they were appointed as a charity trustee; and
 - 26.1.3. any office held by them in the organisation;
 - 26.2. for each former charity trustee - for at least 6 years from the date on which they ceased to be a charity trustee:
 - 26.2.1. the name of the charity trustee;
 - 26.2.2. any office held by them in the organisation; and
 - 26.2.3. the date on which they ceased to be a charity trustee.
27. The board must ensure that the register of charity trustees is updated within 28 days of any change:
 - 27.1. which arises from a resolution of the board; or
 - 27.2. which is notified to the organisation.
28. If any person requests a copy of the register of charity trustees, the board must ensure that a copy is supplied to them within 28 days, providing the request is reasonable; if the request is made by a person who is not a charity trustee of the organisation, the board may provide a copy which has the addresses blanked out - if the SCIO is satisfied that including that information is likely to jeopardise the safety or security of any person or premises.
29. The members of the organisation are identical to its charity trustees - and therefore the organisation does not require to keep a separate register of members.

Office -bearers

30. The charity trustees must elect (from among themselves) a chair, a vice-chair and a treasurer.
31. In addition to the office-bearers required under clause 0, the charity trustees may elect (from among themselves) further office-bearers if they consider that appropriate.
32. All of the office-bearers will cease to hold office at the conclusion of each AGM, but may then be re-elected under clause 0 or 30.
33. A person elected to any office will automatically cease to hold that office: -
 - 33.1. if they cease to be a charity trustee; or
 - 33.2. if they give to the organisation a notice of resignation from that office, signed by them.

Powers of board

34. Except where this constitution states otherwise, the organisation (and its assets and operations) will be managed by the board; and the board may exercise all the powers of the organisation.
35. A meeting of the board at which a quorum is present may exercise all powers exercisable by the board.

Charity trustees - general duties

36. Each of the charity trustees has a duty, in exercising functions as a charity trustee, to act in the interests of the organisation; and, in particular, must:-
- 36.1. seek, in good faith, to ensure that the organisation acts in a manner which is in accordance with its purposes;
 - 36.2. act with the care and diligence which it is reasonable to expect of a person who is managing the affairs of another person;
 - 36.3. in circumstances giving rise to the possibility of a conflict of interest between the organisation and any other party: -
 - 36.3.1. put the interests of the organisation before that of the other party;
 - 36.3.2. where any other duty prevents them from doing so, disclose the conflicting interest to the organisation and refrain from participating in any deliberation or decision of the other charity trustees with regard to the matter in question;
 - 36.4. ensure that the organisation complies with any direction, requirement, notice or duty imposed under or by virtue of the Charities and Trustee Investment (Scotland) Act 2005.
37. In addition to the duties outlined in clause 0, all of the charity trustees must take such steps as are reasonably practicable for the purpose of ensuring: -
- 37.1. that any breach of any of those duties by a charity trustee is corrected by the charity trustee concerned and not repeated; and
 - 37.2. that any trustee who has been in serious and persistent breach of those duties is removed as a trustee.
38. Provided they have declared their interest - and have not voted on the question of whether or not the organisation should enter into the arrangement - a charity trustee will not be debarred from entering into an arrangement with the organisation in which they have a personal interest; and (subject to clause 38 and to the provisions relating to remuneration for services contained in the Charities and Trustee Investment (Scotland) Act 2005) they may retain any personal benefit which arises from that arrangement.
39. No charity trustee may serve as an employee (full time or part time) of the organisation; and no charity trustee may be given any remuneration by the organisation for carrying out their duties as a charity trustee.
40. The charity trustees may be paid all travelling and other expenses reasonably incurred by them in connection with carrying out their duties; this may include expenses relating to their attendance at meetings.

Code of conduct for charity trustees

41. Each of the charity trustees shall comply with the code of conduct (incorporating detailed rules on conflict of interest) prescribed by the board from time to time.
42. The code of conduct referred to in clause 0 shall be supplemental to the provisions relating to the conduct of charity trustees contained in this constitution and the duties imposed on charity trustees under the Charities and Trustee Investment (Scotland) Act 2005; and all relevant provisions of this constitution shall be interpreted and applied in accordance with the provisions of the code of conduct in force from time to time.

DECISION-MAKING BY THE CHARITY TRUSTEES

Notice of board meetings

43. Any charity trustee may call a meeting of the board.

44. At least 7 days' notice must be given of each board meeting, unless (in the opinion of the person calling the meeting) there is a degree of urgency which makes that inappropriate.

Procedure at board meetings

45. No valid decisions can be taken at a board meeting unless a quorum is present; the quorum for board meetings is 3 charity trustees.
46. If at any time the number of charity trustees in office falls below the number stated as the quorum in clause 0, the remaining charity trustee(s) will have power to fill the vacancies or call a members' meeting - but will not be able to take any other valid decisions.
47. The chair of the organisation should act as chairperson of each board meeting.
48. If the chair of the organisation is not present within 15 minutes after the time at which the meeting was due to start (or is not willing to act as chairperson), the charity trustees present at the meeting must elect (from among themselves) the person who will act as chairperson of that meeting.
49. Every charity trustee has one vote, which must be given personally.
50. All decisions at board meetings will be made by majority vote.
51. If there is an equal number of votes for and against any resolution, the chairperson of the meeting will be entitled to a second (casting) vote.
52. The board may, at its discretion, allow any person to attend and speak at a board meeting notwithstanding that they are not a charity trustee - but on the basis that they must not participate in decision-making.
53. A charity trustee must not vote at a board meeting (or at a meeting of a sub-committee) on any resolution which relates to a matter in which they have a personal interest or duty which conflicts (or may conflict) with the interests of the organisation; they must withdraw from the meeting while an item of that nature is being dealt with.
54. For the purposes of clause 52: -
- 54.1. an interest held by an individual who is "connected" with the charity trustee under section 68(2) of the Charities and Trustee Investment (Scotland) Act 2005 (husband/wife, partner, child, parent, brother/sister etc) shall be deemed to be held by that charity trustee;
 - 54.2. a charity trustee will be deemed to have a personal interest in relation to a particular matter if a body in relation to which they are an employee, director, member of the management committee, officer or elected representative has an interest in that matter.

Minutes

55. The board must ensure that proper minutes are kept in relation to all board meetings and meetings of sub-committees.
56. The minutes to be kept under clause 0 must include the names of those present; and (so far as possible) should be signed by the chairperson of the meeting.
57. The board shall (subject to clause 57) make available copies of the minutes referred to in clause 0 to any member of the public requesting them.
58. The board may exclude from any copy minutes made available to a member of the public under clause 56 any material which the board considers ought properly to be kept confidential - on the grounds that allowing access to such material could cause significant prejudice to the interests of the organisation or on the basis that the material contains reference to employee or other matters which it would be inappropriate to divulge.

DECISION-MAKING BY THE CHARITY TRUSTEES - IN THEIR CAPACITY AS MEMBERS

59. For certain purposes of the Charities and Trustee Investment (Scotland) Act 2005, the charity trustees make decisions in their capacity as *members* of the organisation, rather than as a board; the provisions of clauses 0 to 79 relate to those situations.

Annual general meetings

60. The board must convene a meeting of the charity trustees - in their capacity as members of the organisation - in each calendar year; that meeting will be called an annual general meeting or "AGM".

61. The gap between one AGM and the next must not be longer than 15 months.

62. Notwithstanding clause 0, an AGM does not need to be held during the calendar year in which the organisation is formed; but the first AGM must still be held within 15 months of the date on which the organisation is formed.

63. The business of each AGM must include:-

63.1. a report by the chair on the activities of the organisation; and

63.2. consideration of the future strategy for the organisation, including a review of key risks and opportunities.

64. The board may convene any other meeting of the charity trustees - in their capacity as members of the organisation - at any time.

Notice of members' meetings

65. At least 14 clear days' notice must be given of any AGM or any other members' meeting.

66. The notice calling a members' meeting must specify in general terms what business is to be dealt with at the meeting; and, in the case of a resolution to alter the constitution, must set out the exact terms of the proposed alteration(s).

67. The reference to "clear days" in clause 0 shall be taken to mean that, in calculating the period of notice,

67.1. the day after the notices are posted (or sent by e-mail) should be excluded; and

67.2. the day of the meeting itself should also be excluded.

68. Notice of every members' meeting must be given to all the charity trustees; but the accidental omission to give notice to one or more charity trustees will not invalidate the proceedings at the meeting.

69. Any notice of a members' meeting which requires to be given to a charity trustee - in their capacity as a member of the organisation - under this constitution must be: -

69.1. sent by post to the charity trustee, at the address last notified by them to the organisation;
or

69.2. sent by e-mail to the charity trustee, at the e-mail address last notified by them to the organisation.

Procedure at members' meetings

70. The provisions of clauses 0, 46 and 48 (quorum and chairperson) shall apply in relation to all

meetings of the charity trustees in their capacity as members of the organisation.

Voting at members' meetings

71. Every charity trustee shall have one vote in their capacity as a member, which must be given personally.
72. All decisions at members' meetings will be made by majority vote - with the exception of the types of resolution listed in clause 72.
73. The following resolutions will be valid only if passed by not less than two thirds of those voting on the resolution at a members' meeting (or if passed by way of a written resolution under clause 0):
 - 73.1. a resolution amending the constitution;
 - 73.2. a resolution approving the amalgamation of the organisation with another SCIO (or approving the constitution of the new SCIO to be constituted as the successor pursuant to that amalgamation);
 - 73.3. a resolution to the effect that all of the organisation's property, rights and liabilities should be transferred to another SCIO (or agreeing to the transfer from another SCIO of all of its property, rights and liabilities);
 - 73.4. a resolution for the winding up or dissolution of the organisation.
74. If there is an equal number of votes for and against any resolution, the chairperson of the meeting will be entitled to a second (casting) vote.
75. A resolution put to the vote at a members' meeting will be decided on a show of hands - unless the chairperson (or at least two other members present at the meeting) ask for a secret ballot.
76. The chairperson will decide how any secret ballot is to be conducted, and they will declare the result of the ballot at the meeting.

Written resolutions

77. A resolution agreed to in writing (or by e-mail) by all the charity trustees, in their capacity as members of the organisation, will be as valid as if it had been passed at a members' meeting; the date of the resolution will be taken to be the date on which the last charity trustee agreed to it.

Minutes

78. The board must ensure that proper minutes are kept in relation to all members' meetings.
79. Minutes of members' meetings must include the names of those present; and (so far as possible) should be signed by the chairperson of the meeting.
80. The board shall make available copies of the minutes referred to in clause 0 to any member of the public requesting them; but on the basis that the board may exclude confidential material to the extent permitted under clause 57.

ADMINISTRATION

Delegation to sub-committees

81. The board may delegate any of their powers to sub-committees; a sub-committee must include at least one charity trustee, but other members of a sub-committee need not be charity trustees.
82. The board may also delegate to the chair of the organisation (or the holder of any other post) such of

their powers as they may consider appropriate.

83. When delegating powers under clause 0 or 81, the board must set out appropriate conditions (which must include an obligation to report regularly to the board).
84. Any delegation of powers under clause 0 or 81 may be revoked or altered by the board at any time.
85. The rules of procedure for each sub-committee, and the provisions relating to membership of each sub-committee, shall be set by the board.

Operation of accounts

86. Subject to clause 86, the signatures of two out of three signatories appointed by the board will be required in relation to all operations (other than the lodging of funds) on the bank and building society accounts held by the organisation; at least one out of the two signatures must be the signature of a charity trustee.
87. Where the organisation uses electronic facilities for the operation of any bank or building society account, the authorisations required for operations on that account must be consistent with the approach reflected in clause 0.

Accounting records and annual accounts

88. The board must ensure that proper accounting records are kept, in accordance with all applicable statutory requirements.
89. The board must prepare annual accounts, complying with all relevant statutory requirements; if an audit is required under any statutory provisions (or if the board consider that an audit would be appropriate for some other reason), the board should ensure that an audit of the accounts is carried out by a qualified auditor.

MISCELLANEOUS

Winding-up

90. If the organisation is to be wound up or dissolved, the winding-up or dissolution process will be carried out in accordance with the procedures set out under the Charities and Trustee Investment (Scotland) Act 2005.
91. Any surplus assets available to the organisation immediately preceding its winding up or dissolution must be used for purposes which are the same as - or which closely resemble - the purposes of the organisation as set out in this constitution.

Alterations to the constitution

92. This constitution may (subject to clause 92) be altered by resolution of the charity trustees - in their capacity as members of the organisation - passed at a members' meeting (subject to achieving the two thirds majority referred to in clause 72) or by way of a written resolution of the charity trustees in their capacity as members.
93. The Charities and Trustee Investment (Scotland) Act 2005 prohibits taking certain steps (eg change of name, an alteration to the purposes, amalgamation, winding-up) without the consent of the Office of the Scottish Charity Regulator (OSCR).

Interpretation

94. References in this constitution to the Charities and Trustee Investment (Scotland) Act 2005 should be taken to include: -

94.1. any statutory provision which adds to, modifies or replaces that Act; and

94.2. any statutory instrument issued in pursuance of that Act or in pursuance of any statutory provision falling under paragraph 94 above.

95. In this constitution: -

95.1. "charity" means a body which is either a "Scottish charity" within the meaning of section 13 of the Charities and Trustee Investment (Scotland) Act 2005 or a "charity" within the meaning of section 1 of the Charities Act 2011, providing (in either case) that its objects are limited to charitable purposes;

95.2. "charitable purpose" means a charitable purpose under section 7 of the Charities and Trustee Investment (Scotland) Act 2005 which is also regarded as a charitable purpose in relation to the application of the Taxes Acts.