

## Job Description

<b>Post:</b>	Development worker – Physical Activities
<b>Responsible to:</b>	Service Manager East Renfrewshire/Renfrewshire
<b>Hours:</b>	27 hours East Renfrewshire/7.5 hours Renfrewshire (to be worked as the Service requires)
<b>Salary:</b>	SLW £20,475 per annum pro-rata

The Causeway Integrated Service and Renfrewshire Community Service are community support services which operate in the evenings and weekends. Staff are expected to work flexibly as required by the service, to meet the needs of service users. The worker(s) are expected to have a genuine interest in a number of physical health activities and personally participate in them regularly, so that they can share enthusiasm on the benefits of physical exercise, team sports, games, lifestyle and well-being.

### Responsibilities and Activities:

1. To implement the philosophy of RAMH services by providing a quality service to individual clients and to the groups as a whole and to promote the recovery of participants
2. To show respect to service users and be aware of the importance of confidential Information.
3. To develop a range of outcome and indoor based physical health improvement activities, in partnership with the service manager. The activities when possible should link into East Renfrewshire and Renfrewshire current activities to ensure that the physical activities can be sustained by the clients. e.g. football, cycling, gym work, swimming.
4. Developing on going evaluation to enable service users to track and sustain physical activity as part of their Recovery/self-management plan. Review part of this is linking people to community supports e.g. leisure activities
5. Develop and sustain strong partnership with other appropriate Sports and wellbeing agencies and Mental Health services.
6. To maintain confidential records, provide regular statistical reports and evaluations of Physical health related activities
7. To attend RAMH internal training where appropriate and to participate in all other RAMH training as appropriate
8. To attend supervision sessions every 6 weeks and to be prepared for this session
9. Act in a professional manner following RAMH policies & guidelines and SSSC Code of Practice.
10. To deal with enquiries from service users, carers, professionals and the general public.

## RAMH

11. To maintain accurate records in accordance with policies and procedures and following induction will use the RAMH –web based case-management database-NEBULA.
12. To support the development of a psychical activities team, which would include the supporting Volunteer and Peer Volunteer opportunities.
13. To carry out any other duties consistent with the post as delegated by the line Manager

### Scottish Social Services Council Registration:

- All staff must be aware of timescales and requirements of registration with SSSC – Scottish Social Services Council.
- Staff who are registered must take personal responsibility of making themselves aware of the requirements of registration and adhere to these requirements.
- It is NOT the responsibility of RAMH to register staff.
- Staff who are required to register with SSSC and don't complete registration within the timescales set out, will NOT be able to be employed in their current role, until registration is completed. This means that there may be no employment opportunities for staff in RAMH if they are not registered.
- Failure to register within timescales will result in disciplinary action and may result in suspension without pay or dismissal from RAMH.

**The foregoing job description is not exhaustive. Other tasks will be associated with this position and within the wider remit of RAMH.**

## Person Specification

### Causeway Integrated Service/Renfrewshire Community Service

#### Development Worker – Physical Activities

#### QUALIFICATIONS

	Essential	Desirable
Working towards SVQ level 3 or HNC or equivalent.	✓	
SVQ Level 3 or HNC preferably in a physical health, well-being, exercise, sports area.	✓	

#### EXPERIENCE

Proven experience of designing and delivering physical health improvement activities	✓	
Understanding of mental health issues and impact on individuals	✓	
Experience of group/team work or sports/games		✓
Team player	✓	
Belief in Recovery in mental health	✓	
Able to identify outcomes for individuals and review and evaluation		✓

#### SKILLS

Good communication and recording skills	✓	
Good interpersonal skills	✓	
Ability to work independently	✓	
Presentation skills		✓
Support and supervise Volunteer		✓
IT skills including the ability to email	✓	

#### PERSONAL TRAITS

Enthusiasm for physical health/well-being	✓	
Self-motivated	✓	
Flexible/adaptable	✓	
Enjoys being with people	✓	
Uses initiative	✓	
Can work out of hours	✓	