



**Young People's Mental Health and Wellbeing Project Worker (Maternity Cover)**

ANNUAL SALARY: SCP 27-30 (currently £29526 - £32435)

Full time (35.75 hours)

Fixed Term Until 31<sup>st</sup> October 2023

Responsible to: Deputy Manager, Citadel Youth Centre

**OVERVIEW**

The Citadel has been funded since 2021 to provide community based support for the mental health and wellbeing of young people aged 12 to 19 in Leith and surrounding areas of Edinburgh. This includes young people accessing the Citadel's 15+ employability services and 12+ open youth provision, as well as those referred by local high schools. The Young People's Mental Health and Wellbeing Project Worker has a specialist role, but also works closely with other members of the Citadel team to co-ordinate support for young people and their families.

**JOB DESCRIPTION**

- Provide non-clinical 1:1 support for young people experiencing mental health difficulties, such as low mood and anxiety
- Develop, facilitate and evaluate group work programmes to support the mental health and wellbeing of young people
- Identify and introduce young people to other activities and groups in the community which will support their mental health and wellbeing
- Promote the service to local high schools, voluntary agencies and other potential referrers
- Liaise with colleagues in Education, Social Work, Health and other agencies to assess and co-ordinate the support of young people at risk
- Liaise with other members of the NNE Edinburgh Community Mental Health Consortium
- Represent the Citadel in school 15+ meetings and other forums
- Maintain up to date and accurate records, including the use of City of Edinburgh Council's integrated employability database as required
- Provide regular reports to funders as required
- Work with Citadel colleagues to provide out of school youth work opportunities for young people aged 12 to 19, including evening youth clubs
- Any other duties, as required (including occasional weekend and evening work)

**The Closing Date for Applications is 12 noon on Friday 3<sup>rd</sup> February 2023**

**Interviews are scheduled to take place on Tuesday 14<sup>th</sup> February 2023**

# Citadel

## PERSON SPECIFICATION

<b>Qualifications</b>	Essential	Desirable
<ul style="list-style-type: none"> <li>Professional qualification in Community Education, Youth and Community Work, Counselling, Social Work or equivalent</li> </ul>	✓	
<ul style="list-style-type: none"> <li>Additional training in supporting mental health and wellbeing, such as Mental Health First Aid or Low Intensity Anxiety Management</li> </ul>		✓
<b>Knowledge/Experience</b>		
<ul style="list-style-type: none"> <li>Experience of work with young people in an informal education setting</li> </ul>	✓	
<ul style="list-style-type: none"> <li>Understanding of community based youth work</li> </ul>	✓	
<ul style="list-style-type: none"> <li>Understanding of the issues impacting on the mental health and wellbeing of young people</li> </ul>	✓	
<ul style="list-style-type: none"> <li>Knowledge of counselling skills and approaches</li> </ul>	✓	
<ul style="list-style-type: none"> <li>Experience of 1:1 support with young people</li> </ul>		✓
<ul style="list-style-type: none"> <li>Experience of designing, implementing and evaluating group work programs</li> </ul>		✓
<ul style="list-style-type: none"> <li>Experience of working with young people at risk</li> </ul>		✓
<ul style="list-style-type: none"> <li>Experience of recording and reporting on outcomes</li> </ul>		✓
<ul style="list-style-type: none"> <li>Experience of communicating with young people on digital platforms</li> </ul>		✓
<b>Aptitudes/Skills/Qualities</b>		
<ul style="list-style-type: none"> <li>An enjoyment of work with young people</li> </ul>	✓	
<ul style="list-style-type: none"> <li>An ability to build relationships with young people</li> </ul>	✓	
<ul style="list-style-type: none"> <li>Commitment to principles of anti-discriminatory practice</li> </ul>	✓	
<ul style="list-style-type: none"> <li>An ability to work on own initiative and to be a 'self starter'</li> </ul>	✓	
<ul style="list-style-type: none"> <li>Ability to work in a team setting</li> </ul>	✓	
<ul style="list-style-type: none"> <li>Excellent verbal and written communication skills</li> </ul>	✓	
<ul style="list-style-type: none"> <li>Appropriate IT skills</li> </ul>	✓	
<ul style="list-style-type: none"> <li>Digital media skills</li> </ul>		✓
<ul style="list-style-type: none"> <li>Willing and able to work flexible and unsocial hours</li> </ul>	✓	