

Job Description

Job Title:	RAMH Peer Recovery Worker – Fixed term 12 Months
Responsible to:	Crisis Support Service Manager
Hours:	10 hours per week - to be worked as the Service requires.
Location:	FIRST Crisis
Salary:	Scottish Living Wage - £10.50 per hour
Pension:	6% employer contribution & 2% employee contribution
Travel Expenses:	45p per mile

Job Summary:

The Peer Recovery Worker (PRW) will work as an integral and highly valued member of the FIRST Crisis Team bringing a unique peer perspective to the service and supporting individuals experiencing a crisis in their mental health, with emotional and practical support. The PRW would work within the ongoing FIRST Crisis 'Alcohol and Drugs test of change project' supporting individuals in crisis who are using alcohol and/or drugs.

This work will build on the existing work of the FIRST Crisis team who would identify individuals accessing the service who would benefit from additional support from the PRW. This support would comprise of encouraging social connectedness by linking individuals into community activities, signposting and upskilling individuals with financial management in light of ongoing 'cost of living crisis' and exploring support re. employability as required. This post would contribute to harm reduction and ensure individuals can access the right support at the right time. The PRW would liaise with service partners encouraging multi-agency working and it is hoped the addition of the PRW would increase the service reach into a wider community including families.

This would be an innovative development for the service and would give an individual with a lived experience the opportunity to shape the FIRST Crisis service, supporting individuals to focus on strengths based recovery and self-management. The PRW would work alongside the team providing support with an opportunity to share learning and understanding of lived experience.

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Responsibilities:

1. To be aware of and implement the RAMH philosophy in providing a quality service.
2. To bring a unique peer perspective to and encourage new approaches to recovery and self-management within a crisis service.
3. To support and ensure the development of a strong lived experience stakeholders experience. To support development and growth of FIRST Crisis Steering Group.
4. To develop relationships with people based on the principles of Peer support which include mutuality, empathy and a focus on strengths which inspire hope.
5. Work within the FIRST Crisis service to provide a peer perspective across the service.
6. Liaise with internal and external agencies to publicise the services, utilising volunteers, to generate appropriate referrals.
7. To keep a clear and accurate record of work, enabling evidence for both internal and external reports.
8. To attend and contribute to team meetings.
9. To demonstrate respect and maintain dignity of all individuals accessing the service and be aware of adhere to confidentiality at all times.
10. To be an active participant in supervision sessions and participate in RAMH training.
11. To carry out any other duties as delegated by the line manager.
12. To adhere to RAMH policies and procedures and be aware of and adhere to the SSSC codes of practice.

This job description is not exhaustive and other tasks may be associated with this position as directed. The post-holder will be expected to participate in the on-going development of the post.

Person Specification

RAMH- FIRST Crisis Peer Recovery Worker – 10 hours per week

QUALIFICATIONS

	Essential	Desirable
SVQ 3 or equivalent – or relevant experience in Mental Health		X

EXPERIENCE

	Essential	Desirable
Has a lived experience of mental health, use of drugs and alcohol and recovering a meaningful life	x	
Experience of the impact of long term conditions and an understanding of recovery or self-management approaches	x	
Experience of promoting empowerment and self-direction in support of recovery.	x	
Experience of being in a supportive or enabling role	X	
Understanding of mental health issues and of issues associate with drug and alcohol use	x	
Experience of working with a steering group/forum		x

SKILLS

Ability to work as part of a team	x	
Ability to motivate others and offer hope	X	
Good interpersonal skills	X	
Ability to communicate effectively with a range of people- colleagues, individuals accessing the service and partner agencies	x	
Ability to work independently	x	
Ability to maintain confidential records and statistical information on service use for the purposes of evaluation as required	x	
Ability to self-evaluate and reflect on practice	x	
Good IT skills	x	
Organisational skills	x	
An ability to work in partnership with RAMH service across all delivery areas	x	

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PERSONAL TRAITS

Enthusiastic	X	
Compassionate and demonstrate empathy	X	
Enjoys working with people	X	
Able to use own initiative	X	
Self-motivated with ability to motivate and inspire others	x	
Able to work flexible hours including evening and/or weekend if required	x	