



Active Communities

Youth Development Worker

HEARTY
LIVES



**I love
coming
here.....**

P6 GIRL

**Through my involvement in
Hearty Lives I have
improved my own mental
health and hopefully
others in the school.**

SS STUDENT IN RENFREWSHIRE

**I love how
positive
and happy
he is when
he comes
home**

**PARENT OF YOUNG PERSON @
YOUTH GROUP**

**I'm sad when
i have to
leave**

P5 BOY @ GAMES & GRUB

Hello.

Thank you for your interest in this Youth Development worker vacancy!

Active Communities is an innovative and award-winning health and wellbeing charity in Renfrewshire.

We opened our first Community Hub, Station Seven, in Johnstone, Renfrewshire last year. Which hosts a range of community-led health and wellbeing programmes and groups as well as providing space hire for local organisations, businesses and people. This community hub will help compliment and grow our impact across Renfrewshire.

Our Youth programmes continue to grow across Renfrewshire. We work closely with High Schools through our hearty lives project and within Johnstone we have a number of youth groups running for children and young people.

This new role will be key in developing and leading our Hearty Lives project outcomes and delivering youth work within schools and the community.

This pack will provide you information about the role, the hearty lives project and Active Communities in general. You can also find out more about us on our website.
www.activecommunities.co.uk

We are advertising at 17.5 -25 hrs and will agree hours at appointment. The role will require work after school/evening and some weekend work.

To apply please complete the application form here
<https://forms.gle/HG3Vp6JLpRNd7gAz5> Feel free to contact us if you need the application in another format or for any support with the application process.

The closing date is Monday 26th June 2023.

We look forward to receiving your application!

About Active Communities.

Active Communities changes lives through motivating and engaging programmes which we deliver using a supportive and friendly approach. We believe in the power of community, listening to community needs and working with local people to improve their health and wellbeing.

Our aims are to connect local people, improve health and wellbeing, reduce loneliness and isolation, tackle health inequalities and provide opportunities for people to reach their full potential.

Our Vision

Our community will be happy, healthy, active, and connected.

Our Mission

Empowering local people, by inspiring, supporting and enabling them to reach their full potential.

Our Work

We provide a range of health and wellbeing groups and opportunities across Renfrewshire and in our Community Hub, Station Seven. Musical Tots, After-School programmes, Jogging Buddies, a crochet group, social drop ins, Break-xercise, Pilates, Mindfulness and gardening groups are just a snapshot of what we deliver.

We have welcomed the local charities Roar and Create Paisley as tenants in Station Seven which has helped us develop our partnerships with these organisations and collectively build on our community reach.

To sustain our Active Community aims and ensure Station Seven as a facility continues its high standards, we have to focus on income generation through space hire, events and fundraising.

Although our hub is in Johnstone, we continue to ensure we have a presence throughout Renfrewshire communities and with local partners, influence how social issues are addressed within the area.



About Hearty Lives Project.

Hearty Lives is our ambitious and innovative partnership project which delivers a peer-led approach to promoting mental health and wellbeing across all Renfrewshire high schools. Funded by Renfrewshire Council's 'Tackling Poverty in Renfrewshire' programme it is a unique partnership which promotes mental health and wellbeing for young people in Renfrewshire and aims to tackle poverty through a peer education approach, focused on tackling inequalities and improving health.

Hearty Lives is driven by the core values of Active Communities whose mission is to empower local people by inspiring, supporting and enabling them to improve their health and wellbeing. Hearty Lives teachers are following this same mission for the pupils in their school.

Key issues being addressed by the project included bullying, exam stress, worry, anxiety, self-care, resilience and promoting positive mental health. Schools are linking their Hearty Lives projects to: Saltire Awards, SQA Wellbeing, SQA Mental Health and Wellbeing, Green Flag Awards, Fair trade Awards and Duke of Edinburgh Awards.

More information on hearty lives can be found on our website and some helpful case studies from pupils at local high schools.

Our Core Values.

We strive to make our values part of our daily life at Active Communities to reflect who we are and what we want to achieve in the local area.

We Champion

We empower and inspire people in the community who need us the most

We Care

We are determined to include everyone and give people a place to belong

We Connect

We listen, involve and we bring people together

We Celebrate

We recognise all achievements should be celebrated, enjoyed and make us all feel good

We are Courageous

We constantly challenge ourselves and have the strength and passion to make a difference in people's lives



Job Description.

Job Title:	Youth Development Worker
Salary:	£25,000 pro rata
Responsible to:	Programmes Development Manager
Contract:	Part time 17.5 - 25 hrs/wk
Funded:	Fixed Term Contract until June 2024
Based:	Station Seven, Johnstone but work across Renfrewshire
Special Conditions:	Evening and weekend work

This post is funded by the Renfrewshire Council.

Job Purpose

This role will lead and develop the charity's approach to and delivery of youth work activities both in the community and within local schools. The Youth Development Worker will facilitate current and new youth work provision as well as the monitoring and evaluation within all youth work activities.

As a health and wellbeing charity the Youth Development Worker will have an interest and knowledge in youth health and health behaviour change. This can be in a variety of areas such as diet, exercise, mental health, stopping smoking, drug misuse, alcohol consumption and sexual health. You will work to recruit and train a team of young volunteers who will peer educate on these health topics.

Key Responsibilities

Deliver the project outcomes

- Deliver youth work and activities for children and young people
- Develop the health awareness of young people to empower them to make healthy choices
- Work with and support schools to deliver health promotion activities under the Harty Lives project
- Run community training courses and health workshops for young people
- Ensure that work is underpinned by sound, up-to-date knowledge of health promotion and make sure that projects are based on evidence of effectiveness
- Recruit, train and support young volunteers to be peer educators in health topics
- Further develop the community Harty Lives peer education health project

Job Description Cont'd

Be Financially Responsible

- Monitor project expenses and assist with the reporting of expenditure.

Work with people and build partnerships

- Build strong and effective working relationships with those colleagues working together on the project and the wider Active Communities team.
- Recruit and support youth work assistants and volunteers
- Develop strong partnership working with local Renfrewshire Schools and other youth organisations.

Ensure Quality, Compliance, Monitoring and Evaluation

- Follow good practice policies and procedures in relation to youth work and child protection
- Promote and support the implementation of best practice in youth work
- Ensure current risk assessments are in place for all activities
- Ensure databases are accurately updated and maintained
- Monitor, record and report on the project's impact, collating quantitative and qualitative data, and reporting back on the outcomes achieved.

This job description is intended to outline the post at this stage of development. It is not an exhaustive list and it is recognised that jobs change and evolve over time. Post holders will be required to carry out any other duties to the equivalent level that are necessary to fulfil the purpose of the job, and to respond positively and flexibly to changing organisational needs.

Job Description Cont'd.

Essential Person Profile

As this post will be working directly with young people it is subject to a satisfactory Protection of Vulnerable Groups (Children) check, two satisfactory references and confirmation of your right to work in the UK.

Experience of:

- Delivering youth work
- Delivering workshops and presentations
- Working with sessional staff and volunteers
- Working in an inter-agency, inter disciplinary way
- Monitoring and evaluating
- Working in partnership with young people, empowering them to make decisions about their own lives

Qualifications, Skills and Knowledge

- Minimum SVQ Level 4 or HND in a relevant discipline such as: community and youth work/dietetics/education/health promotion/health studies/nutrition/public health.
- Excellent oral, written, communication, I.T. and presentation skills
- A knowledge and understanding of youth work values
- Designing and delivering health workshops
- Ability to form positive relationships with children and young people
- An understanding of the health issues affecting young people
- An understanding of a harm reduction approach
- Empathy for people facing difficult situations
- Good knowledge of child protection issues
- Efficiency and effectiveness – the ability to plan and organise work so that deadlines, targets and standards are met.
- Knowledge and understanding of, and commitment to, equality of opportunity, anti-discriminatory practices and inclusion.

Job Description Cont'd.

Attributes and Values

- Ability to be self-motivating, work under pressure, and manage time effectively, prioritising different areas of work according to need.
- Passion for youth health and community led work
- A commitment to working flexibly and creatively in response to changing organisational requirements and a willingness to work outside of office hours regularly.
- Commitment and drive – The ability to take the initiative and achieve targets and results.
- Desirable
- Experience within a community, education or health field.
- A current, clean driving licence and use of a car

What we offer you

- Excellent holiday entitlement (35 days including public holidays)
- Flexible working
- Westfield Health plan - savings on dental, optical, physio etc
- Nest pension
- Opportunity to make a difference and have influence in local communities
- Opportunity to work with a well-respected charity which has a strong sense of values and commitment to the community

We are committed to opportunities for all and welcome applications from all sections of the community and diverse groups.

We will treat applications in line with our privacy notice which is available on request.

Thank you for your interest in Active Communities - we can't wait to hear from you!

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