

<b>Job Title:</b>	Recovery Coordinator
<b>Hours:</b>	35 hours per week flexible working
<b>Salary:</b>	£28,700 per annum (starting salary)
<b>Location:</b>	Cumnock, East Ayrshire

The Nest Wellbeing Group (The Nest) are a community-led charity at the forefront of delivering Health & Wellbeing activities for the local community in Cumnock and surrounding area.

Our programmes exist to improve the lives of those who often face additional barriers or challenges. Building on the strengths, interests and aspirations of local people is at the heart of everything we do.

We harness the unique ability of bringing people together and building a stronger, more resilient community. By bringing people together, we aim to help with some of society's most complex issues and have a real impact in the local community. From tackling social isolation and loneliness; improving health and wellbeing; building skills, confidence, and opportunities; and ensuring people can become the best version of themselves. We help people to become confident change makers in their community and they have the best opportunity to thrive.

We offer a vital lifeline to those facing significant challenges and are the first port of call for many seeking emergency support.

We run a Community Living Room (Barrhill Centre) which offers a safe environment for people in recovery to connect with people who promote the 'warmth of welcome.' This is a home from home, where people can be themselves and be accepted for who they are and what they bring. Where they feel relaxed, feel heard, and are introduced to other people, where and when they need it.

### **Job Overview**

The Recovery Coordinator Officer will play a key role in planning and delivering the key areas of the programme below (1-3). They will help create a safe and positive environment where people who struggle with addiction feel accepted and understood. They will also develop strong pathways with partners in order to connect people with additional support where required.

The Moving Up Moving On (MUMO) programme offers vital, support for those facing significant challenges with addiction, who are often overlooked or simply cast aside as 'non-engaging' because the right support is not available. We believe the more connected people are, the safer they are - this is particularly true for those in recovery.

Where appropriate, we encourage people to come together from different corners of the community for shared opportunities and experiences. We feel this helps to build a more recovery aware community and a better sense of togetherness.

We adopt the approach that 'everyone is in recovery from something' and believe everyone has the right to be heard and celebrated.

This work is funded for 3-years through the Local Support Fund - part of the National Drugs Mission Funds (Scottish Government) which are administered by the Corra Foundation.

An initial 1-year contract will be offered to the successful candidate.

### **Key programme areas:**

Our MUMO programme will promote 'active recovery' by:

- 1. **Delivering activities, opportunities and experiences**
- 2. **Collaborate with partners to offer greater support for mental health.**
- 3. **Collaborate with partners to deliver more progressive ways to treat addiction.**

We deliver a community-led programme of wellbeing activity/development training, that is built on the strengths, interests, and around the support needs of local people to help improve their lives. Although our Wellbeing Development Manager oversees the wider programme, the successful candidate will be key in offering focused activity built around those in the early stages of recovery, doing so with a sense of kindness above all else.

We build stronger pathways and connections for specialist input to support those with mental health challenges. This will be delivered via consultation sessions as and when required. We will establish a regular recovery focused peer group and support sessions for individuals.

We will build pathways and connections for specialist input to support those with addiction challenges. This includes encouraging those in recovery to establish reduction plans in order to reduce dependence on methadone.

### **Core Responsibilities**

- Develop and deliver recovery focused activity built on the strengths, interests and around the support needs of those in recovery.
- Establish regular support sessions - group/individual(s), for those in recovery as well as finding ways to encourage others into recovery.

- Develop healthy partnerships in order to complement key areas and establish strong pathways in order to support those seeking/requiring additional help.

#### **Other responsibilities:**

- Be the main point of contact for this recovery focused work.
- Amplify the voices of the recovery community in order to inform change that best supports local people.
- Develop and maintain strong relationships with stakeholders.
- Develop and support the programme's peer worker roles as this work expands.
- Collaborate with the funding officer to ensure the programme is supported in terms of the right level of funding being available to suit the evolving nature of this work.
- Help develop the Recovery Collective, a local recovery learning group which provides a platform for focus conversation and feeds into the East Ayrshire Recovery Network.
- Evidence impact to capture learning against programme outcomes and share learning with others - colleagues, funders, at local, regional and national meetings and events
- Collaborate with colleagues in the wider health and wellbeing programme and help encourage a better sense of togetherness locally by developing shared opportunities and experiences.
- Attend any appropriate training which helps support the development of this work

As well as the responsibilities listed above job holder may be required to undertake additional duties that are consistent with the level and grading of the role.

#### **Working Conditions**

The role will be delivered from our main base at the Barrhill Community Centre, although programme delivery is likely to include other venues within Cumnock and the surrounding area.

The job holder will report to / be line managed by the Wellbeing Development Manager. Kindness should be at the core of everything they do. Every person who works or volunteers at The Nest understands that each community member we support has their own voice and story to share. By joining the team, they will have an opportunity to give something back.