

MAN ON

Suicide Prevention Services



Recruitment Pack

Wellbeing Worker Adult Male Services*

* This job is restricted to male applicants only. This is an occupational requirement as permitted in accordance with Schedule 9, part 1 of the Equality Act 2010.

MISSION STATEMENT

Man On! exists to prevent suicides and enhance wellbeing by providing safe, inclusive, relationship-focused and trauma-informed environments that remove the stigma attached to mental health.

MAN ON

Suicide Prevention Services



Strategic Plan

1. Champion
2. Create
3. Build
4. Develop
5. Grow

Welcome



Thank you for taking the time out to look at our Wellbeing Worker vacancy.

We are a suicide prevention charity dedicated to supporting our local communities mental health and wellbeing needs.

Our staff and volunteers take a Trauma Informed & Responsive approach to supporting our community, by using our lived experienced model to create a safe space and environment for all of our members.



By applying for this post, you will be supporting the needs of our members on both a group and individual basis.

You will help build and create confidence, listen, support, be patient and provide caring and consistent support through 1-1 and group spaces.

If this is the challenge you are looking for, we want to hear from you!

Sam Magee - Lead Practitioner
Adult Services

Strategic Aims

- Champion Lived-Experience in our community
- Create a suicide safer community
- Build a stigma-free community
- Develop an inclusive organisation
- Grow our influence as a charity



Man On



Job Description

Daily duties will include:

- Supporting our members with mental health and wellbeing
- Co-producing safety plans for our members with thoughts and plans of suicide to keep them safe
- Facilitate a range of different groups to help support the different needs of the community, both in our Wellbeing Centre and further afield
- Be able to facilitate 1-1 support around our evidence-based Outcome Stars tool with our members
- Follow adult and child protection policies within the organisation to deliver the best support possible
- Keep records of sessions delivered and complete reports of this work, including the capturing of evidence of impact for the service through case studies and evaluations
- Be trauma informed in your approach to connecting with people
- Have relevant lived-experience to help build and maintain relationships with our service members
- Attend meetings and network with other organisations within the community
- Work on your own initiative in a busy environment that requires you to solve problems quickly
- Work well as part of a well established and caring team of people
- Attend and participate in team meetings and contribute to the wider delivery of the work for the charity
- Work flexibly to the needs of our members and the wider charity

Although this is a wider description of the roles and responsibilities, this may change depending on the needs of the charity.

Experience, knowledge, and skills

- HNC in Social Care / SVQ 3 in Social Care
- Previous experience of working in a similar setting, supporting people in communities with their mental health and wellbeing
- Previous experience, professional or lived, of supporting someone with thoughts of suicide and the impact it can have on individuals and communities
- A deep understanding of the needs and issues that people of Inverclyde face
- Lived-experience of your own adversity and trauma is welcomed at Man On to match our model of support delivery
- A strong commitment to work with people in a trauma-informed and responsive approach, with relationships at it's core
- Additional qualifications such as COSCA Counselling Skills Certificate and Trauma-Informed Practice Levels are welcomed
- A strong understanding of Child and Adult Protection based on experience and theory
- A willingness to engage in further learning as the role progresses, including safeTALK and ASIST as part of the induction phase
- Please note, if you feel that you would be a good fit for this role, but don't have all of the above, we would still like to hear from you. We are hugely interested in developing potential at Man On and have a great track record of doing so! Our Wellbeing Team come from all backgrounds and experiences, so all conversations are welcomed

Man On

A suicide prevention and mental health charity for the
young people and adults in Inverclyde

Benefits

- 35 hours per week
- Permanent contract (funding dependent)
- Salary ranges from £23,000 - £25,900
- The opportunity to work for an award-winning charity & national finalists at the s1Jobs awards for our commitment to employers and volunteers
- Defined contribution pension and occupational Sick Pay
- Access to Occupational health support and external therapeutic interventions
- Monthly Reflective Time (supervision) focussing on a trauma-informed approach to staff support
- Generous annual leave scheme to support work / life balance
- One Wellbeing Week per year
- Mental Health and Wellbeing Days (3 per year) when you need them
- Further educational and training in suicide prevention
- Flexible working times and patterns (depending on work capacity and group work)



www.manoninverclyde.co.uk

How to Apply

To apply for this post, please send a cover letter and CV to the following address:

support@manoninverclyde.com

**For an informal discussion around the role prior to applying,
please email Sam Magee:**

sam.magee@manoninverclyde.com



Thank You!

From Man On Inverclyde



**Closing date
Friday 17th May**

Thank you for your interest and support!