

**CARERS
TRUST**



**Mental Health
Development Officer
(Scotland)
Recruitment Pack**

Mental Health Development Officer (Scotland)

Scotland

Contract: Full time, permanent

Hours: 35 hours a week, flexible work options available

Salary: £30,000 - £34,000

Location: Hybrid anchored to the Glasgow Carers Trust office 1-2 days a week.

Why this role is pivotal to Carers Trust

The Mental Health Development Officer role is critical in supporting the mental wellbeing of unpaid carers in Scotland. The post holder will lead on effectively influencing mental health policy and decision making at local and national levels as well as developing interventions that support unpaid carers to understand and nurture their own good mental health and wellbeing in Scotland.

We are looking for someone who will put carer voice at the heart of their work, and can show compassion and understanding to those with caring experience.

In this role you will

- Work with key stakeholders across sectors to shape and influence the policies and practises in Scotland which most impact on the mental health and wellbeing of unpaid carers in Scotland.
- Develop tools, training and other interventions that support unpaid carers to have good mental health and wellbeing alongside their caring role.
- Lead on effectively influencing mental health policy and decision making at national and local levels
- Raise awareness of the impact of caring on the mental health and wellbeing of unpaid carers across Scotland.
- Co-design, develop and pilot mental health and wellbeing programmes and tools for unpaid carers in Scotland.
- Build and develop networks across sectors to drive forward improvement in the mental health and wellbeing of unpaid carers.

Our ideal candidate



- Our ideal candidate will be committed to changing the lives of Scotland's unpaid carers.
- Compassionate and innovative team player, with a strong knowledge and understanding of the mental health landscape in Scotland.
- Knowledge of the carers policy landscape is desirable, specifically for those caring for someone with a mental health problem.
- Understands our ambition is that all our programmes and influencing work is co-designed with carers and the services that support them. Our ideal candidate will share this commitment.
- Ability to build strong work relationships across sectors as well as an understanding of what motivates different stakeholders.
- Confident ambassador for Carers Trust, able to build a shared vision with our partners.
- Clear and concise communicator, both verbally and in writing, who is able to adapt information for varying audiences.
- Programme design experience would be useful, as would experience in training development and delivery.
- Someone who can work on their own initiative and effectively manage a workload with multiple deadlines.
- We appreciate that there may be gaps in knowledge, the right candidate will be motivated to learn and develop in the role.

Main responsibilities (not an exhaustive list)



Policy and influencing

- Raise the profile of unpaid carers well-being issues in the mental health arena across Scotland at all levels of public life
 - Attend relevant strategic working groups/ advisory groups within Scottish Government.
 - Represent Carers Trust within NHS services, including Healthcare Improvement Scotland, and local authority strategic planning groups.
 - Develop relevant communication resources to promote mental health and wellbeing needs of unpaid carers.
- Influence policy and practice at a national level through leading on mental health consultations, participation in relevant advisory groups within Scottish Government, influencing mental health policy and ensure lived experience of unpaid carers and intelligence from local carer organisations is at the heart of policy decisions.
- Influence practice within mental health services in engaging with unpaid carers of all ages through roll out of Triangle of Care across in-patient services, community and specialist services, across Scotland.

Partnerships

- Work in partnership with a wide variety of statutory and voluntary organisations (local and national) to raise profile of Carers Trust and unpaid carers of all ages.
- Promote the needs of unpaid carers, Carers Trust's network of local carer organisations, carer services and the work of Carers Trust with local and national organisations.
- Design and develop resources and training that supports local services to support the mental health and wellbeing of unpaid carers.

Reporting, evaluation and fundraising

- Prepare and complete quality reports as required by funders.
- To assist in the planning and development of mental health and wellbeing fundraising bids.

Other responsibilities

- Promote and work towards Carers Trust's strategic aims.
- Actively participate in team meetings through creative activities designed to encourage team work and bonding.
- Be committed to safeguarding and promoting the welfare of vulnerable adults and children.
- Work at all times within the values and policies of Carers Trust.
- Comply with the Health and Safety at Work Act 1974 and with Carers Trust policy, paying particular attention to the reporting of dangerous situations.
- Have a commitment to developing quality by the implementation of Carers Trust quality evaluation tools along with any other standards set by Carers Trust.
- Respect the personal choice and lifestyles of colleagues, carers, and people with care needs, ensuring that equal opportunity principles are applied at all times.
- To undertake any other duties that may be considered commensurate with the level of the post.

How to apply

Please apply by uploading your CV and supporting statement via the Carers Trust website as instructed.

For an informal conversation about the role please contact recruitment@carers.org

Application deadline: 12pm Friday 14th June

Expected interview date: 20th/21st June

